# Epaderm<sup>®</sup> cream

# An emollient for dry skin conditions

Epaderm Cream is a 2 in 1 emollient formulated with clinically proven ingredients that moisturise and soften the skin. It provides all of the moisturising and protective benefits of paraffin-based emollients and can be used for eczema, psoriasis and other dry skin conditions.

Epaderm Cream is especially effective if applied immediately after washing to counteract the loss of essential oils from the skin. It can be used on all dry skin conditions and is suitable for all ages, including babies.



#### **How Epaderm Cream works**

Epaderm Cream is an emollient specifically for sufferers of dry skin conditions.

Epaderm Cream offers 2 in 1 relief as it can be used on the skin or as a skin cleanser.

Epaderm Cream creates a barrier which aids moisture retention within the skin. It is highly versatile.

#### Alternative Epaderm Cream uses Using Epaderm Cream as a skin cleanser

When caring for dry skin conditions, it is vital to ensure that moisturisation is carried out wherever possible. However, it is equally important that no soaps or products containing detergents are used as they will increase water loss from the skin.<sup>1</sup> Using Epaderm Cream as a skin cleanser ensures that dry skin can be properly washed, without losing additional moisture or having to deal with the problems that common soap additives might produce. Dispense a small amount onto your hand, lather under warm water and then use as a normal soap.

#### **Benefits of Epaderm Cream**

• Epaderm Cream's barrier aids moisture retention within

the skin

- Epaderm Cream can be used on the skin or as a skin cleanser
- Available in 50g and 500g
- Suitable for all ages, including babies
- SLS Free

#### NICE guidelines for emollient use

NICE recommends that emollients should form the basis of atopic eczema management and should always be used, even when the atopic eczema is clear.<sup>2</sup>

References:

- 1 Fulme AW, Kramer GJ, Stratum Corneum Lipid Abnormalities In Surfactant-induced Dry Scaly Skin, Journal Of Investigative Dermatology 1996; 86: 598-602
- 2 National Institute for Clinical Excellence. Atopic eczema in children. Management of atopic eczema in children from birth up to the age of 12 years. NICE clinical guideline 57. December 2007
- 3 Guidelines for the management of atopic eczema, Primary Care Dermatology Society & British Association of Dermatologists, Guidelines, Vol 28, February 2006

Natural rubber latex is not a constituent of Epaderm Cream or its packaging

Children usually require 250g per week, and children over 10 years of age and adults usually require 600g per week for application to the whole body.<sup>3</sup>

#### **Material Properties**

- Yellow Soft Paraffin
- Liquid Paraffin
- Emulsifying Wax
- Chlorocresol
- Purified Water

#### Areas of use

Epaderm Cream can be used for eczema, psoriasis and all other dry skin conditions. It is suitable for all ages, including babies.

## Epaderm Cream Ordering Information

Size	Code
12 x 50g	99400821
6 x 500g	99400820

## Application Guide

Minimum Adult Amounts Required	
Face, Ears, Neck	1 measure twice a day
Arms, Back	2 measures twice a day
Legs	4 measures twice a day
Hands	<sup>1</sup> / <sub>2</sub> measure twice a day
Genitals	<sup>1</sup> / <sub>2</sub> measure twice a day
Children under ten years of age require half the above amounts	

#### 1 measure (4g Epaderm Cream)



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