

## "Free-From" Status

PRODUCT	Egg free	Fish free	Milk free	Oat free	Peanuts/ Tree Nuts free	Soy free	Meat free <sup>1</sup>	Wheat free	Sesame Seed free	Shell-fish free	Alcohol² free	Low Gluten³	Low Lactose <sup>4</sup>	Halal certified <sup>5</sup>	Kosher certified <sup>6</sup>	Lupin Free
ADULT																
Ensure (250mL can)	1	1	Х	1	1	Х	1	1	1	1	<b>√</b>	1	1	1	1	1
Ensure Plus (200mL tetra pak)	✓	1	X	1	✓	Х	✓	✓	1	✓	✓	✓	✓	1	<b>√</b> #	✓
Ensure Plus (237mL can)	✓	1	X	1	✓	X	✓	✓	✓	✓	✓	✓	1	1	✓	✓
Ensure Powder (850g can) Vanilla & Chocolate	✓	1	Х	1	✓	Х	✓	✓	✓	✓	✓	✓	1	/	✓	✓
Ensure Powder Neutral (850g can)	✓	1	X	1	✓	Х	✓	✓	✓	✓	✓	✓	1	/	✓	✓
Ensure Plus Strength (220mL bottle)	✓	1	Х	1	✓	Х	✓	✓	✓	✓	✓	✓	1	<b>√</b> †	✓	✓
Ensure Plus Crème (125g cup)	1	1	Х	1	✓	Х	✓	✓	1	✓	✓	1	1	✓	X	✓
Ensure Plus HN (250mL can)	✓	1	Х	1	✓	Х	✓	✓	1	✓	✓	✓	1	1	✓	✓
Ensure Plus HN (1000mL RTH)	1	1	Х	1	✓	Х	✓	✓	1	✓	✓	✓	1	/	✓	✓
Ensure TwoCal HN (200mL bottle)	✓	1	Х	1	✓	Х	✓	✓	✓	✓	✓	✓	1	1	✓*	✓
Ensure TwoCal HN (1000mL RTH)	✓	1	Х	1	✓	Х	✓	✓	1	✓	✓	✓	1	/	✓	✓
Jevity (237mL can)	✓	1	Х	✓	✓	Х	✓	✓	✓	✓	✓	✓	✓	1	✓	✓
Jevity Plus (1000mL RTH)	✓	1	Х	Х	✓	Х	✓	X	✓	✓	✓	✓	1	/	✓	✓
Jevity (1000mL RTH)	✓	1	Х	Х	✓	Х	✓	Х	✓	✓	✓	✓	1	/	✓	✓
Jevity HiCal (250mL can, 1000mL RTH)	✓	1	Х	X	✓	Х	✓	X	✓	✓	✓	✓	1	/	✓	✓
Osmolite (1000mL RTH)	✓	1	Х	1	✓	Х	✓	✓	✓	✓	✓	1	1	/	✓	✓
Jevity Promote (1000mL RTH)	✓	1	Х	X	✓	Х	✓	X	✓	✓	✓	/	1	/	✓	✓
Glucerna Select (500mL RTH)	✓	1	X	1	✓	Х	✓	✓	✓	✓	✓	✓	1	1	✓	✓
Glucerna (200mL bottle)	✓	1	X	X	✓	X	✓	✓	✓	✓	✓	✓	1	1	✓	✓
Glucerna Powder (850g can)	✓	1	Х	Х	✓	Х	✓	✓	✓	✓	✓	✓	1	/	✓	✓
Nepro LP (220mL bottle)	✓	1	X	1	✓	X	✓	✓	✓	✓	✓	✓	1	1	✓	✓
Nepro HP (220mL bottle, 500mL RTH)	✓	1	X	1	✓	Х	✓	✓	✓	✓	✓	✓	1	1	✓*	✓
Vital 1.5kcal (200mL bottle, 1000mL RTH)	✓	1	X	✓	✓	✓	✓	✓	✓	✓	✓	✓	1	1	✓	✓
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PediaSure (200mL bottle)	1	1	Х	1	✓	Х	1	1	✓	✓	✓	1	1	1	✓	✓
PediaSure Fibre (220mL bottle)	1	1	Х	Х	1	Х	1	✓	1	1	1	1	1	1	1	1
PediaSure Plus (500mL RTH)	1	1	Х	1	1	Х	1	/	/	1	<b>√</b>	1	/	1	1	/
PediaSure Powder (850g can)	1	1	Х	1	<b>√</b>	Х	1	✓	1	1	<b>√</b>	1	1	1	1	✓
Elecare LCP (400g can)^	1	1	1	1	1	<b>√</b>	1	/	/	1	<b>√</b>	1	1	1	1	/
Elecare Unflavoured (400g can)^	1	1	1	1	1	<b>√</b>	1	/	1	1	1	1	1	1	1	1
Elecare Vanilla (400g can)	1	1	1	1	1	<b>√</b>	1	/	1	1	<b>✓</b>	1	1	1	1	✓
Ross Carbohydrate Free (384mL can)^	✓	1	1	1	✓	Х	<b>√</b>	✓	1	✓	<b>√</b>	✓	✓	1	✓	✓

REFERENCES: 1. Certain flavours contain E120 (cochineal) which some people may consider to be a meat product. 2. Some flavours may be dissolved in minute amounts of alcohol. 3. Low gluten refers to the product containing less than 20mg of gluten per 100g. 4. Low lactose refers to the product containing no more than 2g of lactose per 100g. 5. Certified by the Islamic Food and Nutrition Council of America (IFANCA). 6. Certified by the Union of Orthodox Jewish Congregation of America.

# Except Fruits of the Forest (X)

Food for Special Medical Purposes, Use under medical supervision. For healthcare professional use only.

Breast milk is best for babies. Professional advice should be followed before using an infant formula. Introducing partial bottle-feeding could negatively affect breast-feeding. Good maternal nutrition is important for breast feeding and reversing a decision not to breast feed may be difficult. Infant formula should be used as directed. Proper use of infant formula is important to the health of the infant. Social and financial implications should be considered when selecting a method of feeding.

<sup>+</sup> Except Vanilla (X)

<sup>\*</sup> Except Strawberry (X)