

#### Bike on a stand.

Bike on the ground.

Bike with rider on.

## Setup data

Shock absorber length Shock absorber stroke Spring pre-load Rebound damping adjuster 305 mm 58 mm 8 mm 14 clicks

# Checking sag and ride height

#### Front suspension

F1. Bike on a stand with the suspension fully extended		=
F2. Bike on the ground with	<u>out</u> rider	=
F3. Bike on the ground with	rider	=
Free sag	F1 - F2	2 =
Ride height	F1 - F3	3 =

Ride height	F1	- F3	= .	
Rear suspension R1.Bike on a stand with the suspension fully extende	ed		=	
R2. Bike on the ground without	out ri	ider	= .	
R3. Bike on the ground with	rider		= .	
Free sag	R1	- R2	=	
Ride height	R1	- R3	=	

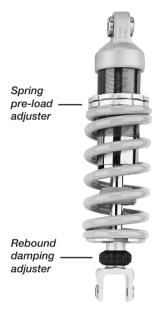
Part No. YA 403. Issued 04 03 23



Öhlins Racing AB, Box 722, S-194 27 Upplands Väsby, Sweden. Phone +46 8 590 025 00. Fax +46 8 590 025 80. www.ohlins.com

# **Mounting Instructions**

Öhlins shock absorber kit YA 403 for Yamaha F76/F76 Fazer



# Öhlins shock absorber 46 ER

Your Öhlins shock absorber type 46 ER features the following adjusters:

#### Spring pre-load adjuster

Adjustments are made by turning the rings on the shock absorber body. Clockwise for harder adjustment, counter clockwise to release the preload.

#### Rebound damping adjuster

Adjuster wheel on the piston shaft above the end bracket.

#### NOTE!

When delivered the Öhlins shock absorber is dialed to recommended settings for the specific brand and make of the motorcycle. If you have changed the settings, check like this:

The adjusters have a normal right hand thread. Turn the damping adjusters clockwise to fully closed (pos. zero [0]). Turn counter clockwise to open and count the clicks until you reach the recommended number of clicks. See Setup data at last page.

#### **CAUTION!**

Do not use too much force, delicate sealing surfaces can be damaged.



# Safety signals

Important information concerning safety is distinguished in this manual by the following notations:



The Safety alert symbol means: Caution! Your safety is involved.



Failure to follow warning instructions could result in **severe or fatal injury** to anyone working with, inspecting or using the suspension, or to bystanders.

## CAUTION!

Caution indicates that special precautions must be taken to avoid damage to the suspension.

#### NOTE!

This indicates information that is of importance with regard to procedures.

## Before installation

Öhlins Racing AB can not be held responsible for any damage whatsoever to shock absorber or vehicle, or injury to persons, if the instructions for fitting and maintenance are not followed exactly.

Similarly, the warranty will become null and void if the instructions are not adhered to.

# **A** WARNING!

- 1. Installing a shock absorber, that is not approved by the vehicle manufacturer, may affect the stability of your vehicle. Öhlins Racing AB cannot be held responsible for any personal injury or damage whatsoever that may occur after fitting the shock absorber. Contact an Öhlins dealer or other qualified person for advice.
- Please study and make certain that you fully understand all the mounting instructions and the owners manuals before handling this shock absorber kit. If you have any questions regarding proper installation procedures, contact an Öhlins dealer or other qualified person.
- 3. The vehicle service manual must be referred to when installing the Öhlins shock absorber

Öhlins products are subject to continual improvement and development. Consequently, although these instructions include the most up-to-date information available at the time of printing, there may be minor differences between your suspension and this manual. Please consult your Öhlins dealer if you have any questions with regard to the contents of the manual.

#### NOTE!

During storage and transportation, especially at high ambient temperature, the oil and grease used for assembling may run out inside the packing and damage the expanded polystyrene packing material. This is not unusual and is in no way detrimental to the shock absorber.

#### Kit contents

Before installing the shock absorber, please check the contents of the kit. If anything is missing, contact your Öhlins dealer.

Description	Pcs.	Part No.
Shock absorber ER	1	YA 403
Sleeve	1	03204-01
C-spanner	1	00710-02
Sticker memo notes	1	01180-01
Sticker Öhlins	2	00192-01
Owners manual	1	

## **Mounting Instructions**

1

Put the motorcycle on a stand so the rear wheel is clear of the ground. Make sure it's steadily fixed so it will not fall over.

# A WARNING!

- 1. It's advisable to have an Öhlins dealer or other qualified person to fit your shock absorber.
- Instructions in the vehicle service manual are to be followed when changing the shock absorber.
   When working on a lifted vehicle it must be securely supported to prevent it from falling.

#### 2

Remove the seat and the side cover on the left side of the bike.

3

Remove the plastic rear fender and the chain guard.

4

Remove the original shock absorber.

5

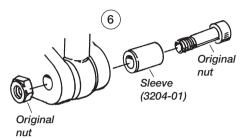
Fit the Öhlins shock absorber. The hose of the reservoir must run on the outside of the plastic cover on the left side of the motorcycle, according to the sketch.

## NOTE!

It is necessary to bend the plastic part carefully to get the hose in its correct position.

6

Fit the upper shock absorber mounting bolt. Use the sleeve supplied together with the lower mounting bolt according to the sketch.



## **CAUTION!**

Check that there is clearance enough to the rear fender when the suspension is compressed.

8

Mount the rear mud guard, the left side cover and the seat.

#### NOTE!

Make sure that all bolts are tightened to the correct torque and that nothing fouls or restricts movement of the shock absorber when the suspension is being fully compressed or extended.

g

Continue your work according to the Owners manual, section Adjustments.