

## FITTING INSTRUCTIONS FOR FSS0006 FORK SPINDLE SLIDERS



THIS KIT CONTAINS THE ITEMS PICTURED AND LABELLED OVER PAGE.

SOME PARTS MAY BE SHOWN FOR CLARITY OF INSTRUCTIONS ONLY.

DO NOT PROCEED UNTIL YOU ARE SURE ALL PARTS ARE PRESENT.

### **PLEASE READ ALL INSTRUCTIONS BEFORE PROCEEDING.**

# IF IN ANY DOUBT WHEN FITTING OUR PRODUCTS, CONSULT ONE OF OUR DEALERS OR HAVE FITTED BY A QUALIFIED TECHNICIAN.

PLEASE NOTE THAT THE WAY THE KIT IS PACKED DOES NOT NECESSARILY REPRESENT THE WAY OF MOUNTING TO THE BIKE.

IN THE EVENT OF RUBBER WASHERS BEING USED TO HOLD COMPONENTS ONTO BOLTS,

THESE RUBBER WASHERS CAN BE THROWN AWAY.

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### **TOOLS REQUIRED**

- Socket Set to Include 2 x 10mm sockets and wrenches.
- Super Glue (optional)

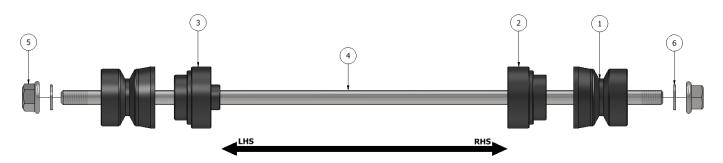
### **GENERAL TORQUE SETTINGS**

M4 BOLT = 8Nm M5 BOLT = 12Nm M6 BOLT = 15Nm M8 BOLT = 20Nm M10 BOLT = 40Nm M12 BOLT = 40Nm

# **LEGEND**

ITEM No.	DESCRIPTION	QTY
ITEM 1	M8 ALUMINIUM BOBBINS (BOTH SIDES)	2
ITEM 2	LHS SPACER	1
ITEM 3	RHS SPACER	1
ITEM 4	SPINDLE BAR	1
ITEM 5	M8 NYLOC NUTS	2
ITEM 6	M8 WASHERS	2

# **ASSEMBLY DIAGRAM**



### FITTING INSTRUCTIONS:

- Start by loosely threading on one of the nyloc nuts, slide down one washer, bobbin and the LHS spacer (Item 3).
- Slide the spindle bar through the LHS of the front axle until the protruding smaller diameter of the LHS spacer sits inside the axel.
- Apply the RHS spacer, bobbin, washer and nyloc nut to the end of the spindle bar protruding out of the RHS of the axle.

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- Start tightening the two nyloc nuts, ensuring both nuts have thread protruding past the nylon inside the nut (blue ring).
- If one side has not engaged the nyloc you will need to loosen off the side that has fully engaged by a few threads, then apply a small amount of superglue to the threads.
- Fully tighten until the spacers/bobbins cannot be turned, do not overtighten, the nyloc nuts will prevent the assembly from loosening over time.

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