



Massage + Bodywork

+ add cbd, dry brushing, organic footscrub, osea algae oil, reflexology, scalp massage

Coachella

Come relax with us and experience a customized massage to help alleviate aches and pains and help guide you into a state of relaxation.

Coachella +cupping

For those that need a little extra! Enjoy a therapeutic, deep tissue massage in addition we add in cups and glide them along each muscle to release adhesions. Great for decreasing pain and increasing mobility.

Coachella +lymphatic drainage

Enjoy a natural detox glow alleviating swelling caused by excess fluids that we can manually eliminate, leaving your bod feeling toned, and oxygenated.

Coachella +reflexology

Customized to your liking, enjoy a combination of massage techniques to relieve achy muscles and relax the bod. Reflexology of the feet is worked into your sesh to aid in healing for deeper relaxation.

Coachella +reiki

Enjoy a hybrid of both bodywork and reiki. Begin with a custom massage followed by a Reiki sesh. Designed to eliminate energy blockages and improve mental, spiritual and physical health in the process guided by the practitioner. Many feel a sense of calm after each session as one does after meditation.

Coachella +sport

Great for the athlete, deep tissue massage mixed with stretching techniques are used to relieve achy muscles and separate connective tissue. This improves mobility, range of motion and eases muscle spasms.

Desert Momma

Massage for our expecting momma is slow and rhythmic; mid to firm pressure is used with concentration on the important areas such as your lower back, neck, legs, and feet. We use a pregnancy pillow so you can lay face down comfortably and safely.

Grounded [reflexology]

Enjoy a nap while we work reflex points on your feet for circulation and to break up adhesions. This service ends with a massage and hot towels. Get up feeling refreshed and proud for fitting in some self care.

Reiki

Designed to eliminate energy blockages and improve mental, spiritual and physical health in the process guided by the practitioner. Many feel a sense of calm after each session as one does after meditation.

Whitewater Desert Stone

This heated massage is our most sought after service for elevating your relaxation journey. Experience a relaxing massage coupled with warmed whitewater stones and our mixture of oils that are made in house.

Organic Facials

+ add organic foot scrub

Year Round Facials

Baked

Desert Glow Facial

The Local

**Matcha Matcha
Man Facial**

Modern Man

Nomad

**Osea Organic
Back Facial**

**Vitamin-Sea to
Desert Facial**

Vacial

Seasonal Facials

Spring Cleaning

March - June

Summer Ready

June - September

Autumn Glow

September - December

Winter Hydration

December - March

Wax

Arms [full]

Arms [half]

Back + Shoulders

Back + Shoulders + mask

Brow

Brow + Tint

Brazilian

Brazilian + v-mask

Buttocks

Californian

Canadian

Chest

Chin

Ears

Full Face [brow excluded]

Full Face [brow included]

Hair / Jawline

Hands

Leg [full]

Leg [half]

Lip

Neckline

Nose

Shoulders

Small of Back

Small of Back + Buttocks

Toes

Tummy Line

Under Arm

Under Arm [trim only]

Nails + Meditation

+ add gel removal + rehab, guided meditation [complimentary], polish change

Deep Sea Mani

Deep Sea Pedicure

Grounded Mani

Grounded Pedicure

Lunch Time Mani

Lunch Time Pedicure

Sound Bath

1 - 4 People

5 - 9 People

10+ People

Spa Day

The Desert Momma

prenatal massage +
custom facial

The Roots

deep tissue massage +
reflexology + custom facial

The Ritual

deep body treatment + reiki +
custom facial

The Mindful

whitewater desert stone
massage + custom facial

Brows + Lashes

Classic Lashes

Hybrid Lashes

Volume Lashes

Mega Volume Lashes

Brow Lamination

Brow Tint

Lash Rehab

Lash Lift + Tint

Grounded Bodyworks. Studio + Spa

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