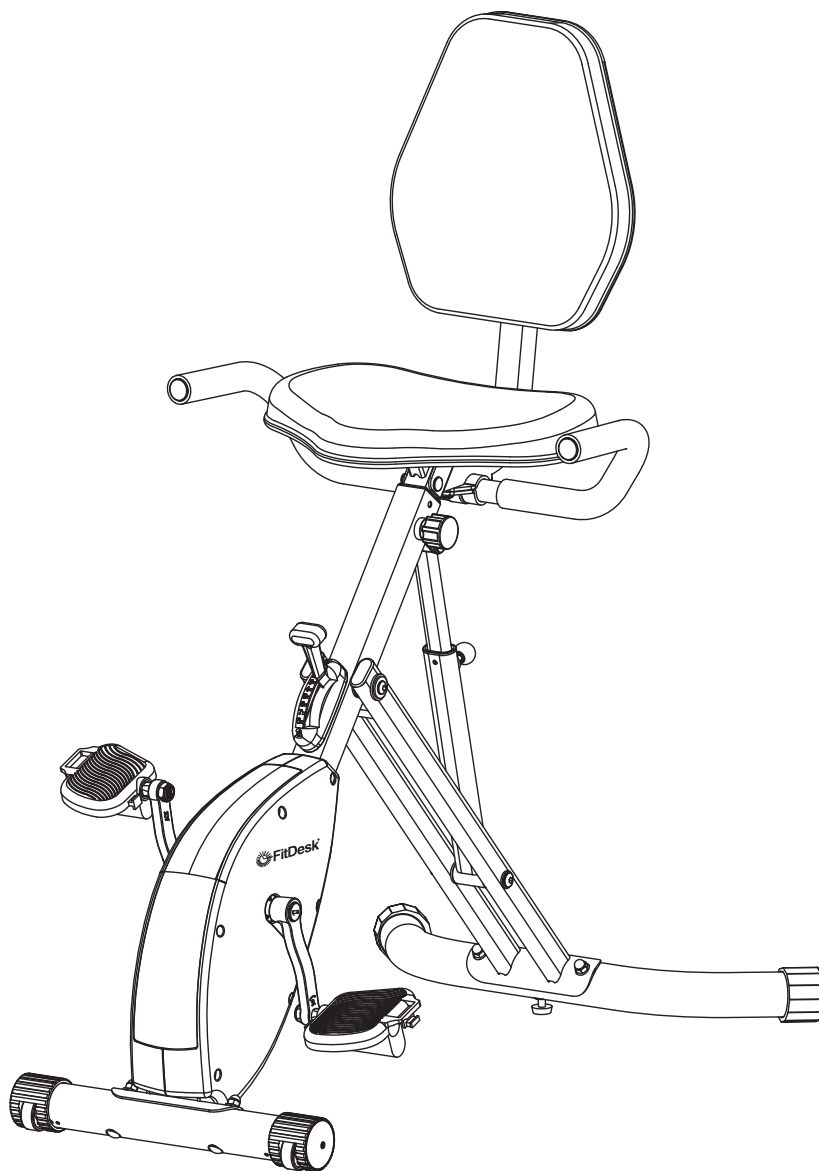




Where Health and Productivity Converge

Standing Bike Desk Owner's Manual



VISIT OUR WEBSITE: WWW.THEFITDESK.COM
OR CALL US AT 1-855-713-8887 MONDAY - FRIDAY 9 A.M. - 5 P.M. EST

DISTRIBUTED BY FD PRODUCTS LLC.
1161 SOUTH PARK DRIVE, KERNERSVILLE NC 27284

IMPORTANT: READ THE OWNER'S MANUAL BEFORE ASSEMBLING

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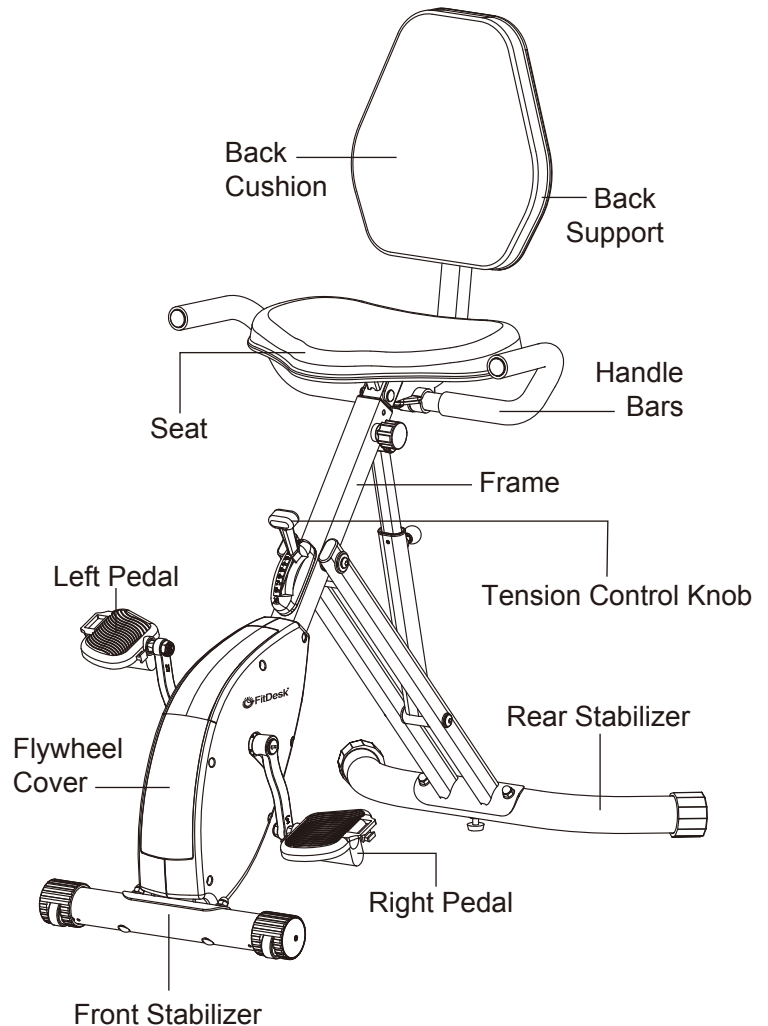
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INTRODUCTION

Thank you for choosing FitDesk®. We hope your new FitDesk® Recumbent Bike becomes a regular part of your daily routine and we wish you good health and increased wellness as you use the FitDesk® to infuse activity into parts of your day.

Before you start assembling your new FitDesk® please take a moment to read this manual carefully.

Weight of Bike: 40 lbs (18.2 kgs)
Recommended User Height Range
5.0" to 6'5" (152 cm to 199 cm)
Recommended Max User Weight
242 lbs (110 kgs)
Foot Print in OPEN position
24.5" wide x 36.5" long x 45" high



SAFETY WARNINGS - URGENT PLEASE READ THIS SECTION

WE WANT YOU TO SAFELY USE THIS PRODUCT

1. Read the entire manual before assembling and using the equipment. Safe use can only be achieved if the equipment is assembled, maintained and used properly. All users of the equipment must be informed of all warnings and precautions.
2. Before starting or using this equipment you should consult your doctor to determine if you have any health conditions that could create a risk to your health and safety, or prevent you from using the equipment properly.
3. Be aware of your body's signals. Incorrect or excessive exercise can damage your health. Stop exercising if you experience any of the following symptoms: Pain, tightness in you chest, irregular heartbeat, extreme shortness of breath, feeling light headed, dizzy or nauseous. If you do experience any of these conditions consult your physician.
4. Keep pets and young children away from the equipment.
5. Before transporting. Fold frame in closed position with support pin engaged to prevent opening. Use transport wheels when possible. The frame must be in the closed and locked position prior to transport.
6. Read and follow all warning stickers on the **FitDesk®**.
7. Warm-up stretching is recommended before exercise.
8. Mount and dismount carefully. - Extreme movements **CAN TIP MACHINE - INJURY AND EQUIPMENT DAMAGE CAN OCCUR.**
9. Use the equipment on a solid, level surface with a protective cover for your floor or carpet. The equipment should have at least one yard of free space all around it.
10. Inspect and tighten all parts often. Replace any worn parts immediately.
11. If you find any defective components while assembling or checking the equipment, or if you hear any unusual noises coming from the equipment during use, stop immediately. Do not use the equipment until the problem has been resolved.
12. Recommended maximum user weight of 242 lbs, 110 kgs. Recommended for ages 13+
13. Do not stand while pedaling. **For light exercise use only.**

The equipment is suitable for home and office use only. Do not use in commercial or rental settings. This item was not intended or designed for use in commercial or public places.
14. **Seat Comfort-** Consult a physician if you feel pain for excessive discomfort while on the seat.

CUSTOMER SERVICE QUESTIONS



NEED HELP?

CONTACT US FIRST

1-855-713-8887

MONDAY - FRIDAY 9 A.M. - 5 P.M. EST

EASY TO USE CUSTOMER TICKETING

Step 1: www.thefitdesk.com

Step 2: “Support”

Step 3: “Submit A Support Ticket”

customerservice@thefitdesk.com

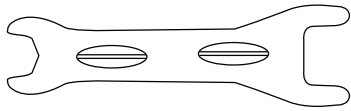
FOR FASTEST POSSIBLE SERVICE PLEASE HAVE AVAILABLE

Model # (4020) - Serial # (located on tubular base safety sticker)

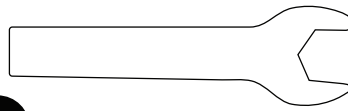
WWW.THEFITDESK.COM

TOOLS (SUPPLIED)

Estimated Assembly Time : 20 minutes



AA1 AA1 Wrench



AA2 AA2 Wrench



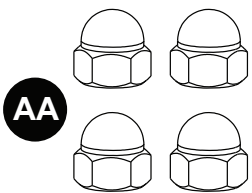
BB1 BB1 Allen Wrench

Each **FitDesk®** comes equipped with one Allen Wrench (**BB1**) and Wrenches (**AA1**) (**AA2**).

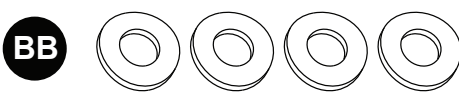
It is recommended if you have your own tools, that you use a 1/2" socket with drive and a 15 mm Wrench to tighten the pedals from time to time.

HARDWARE

Note: Hardware and Tools not shown to actual size.



AA DD. (4) Cap Nuts



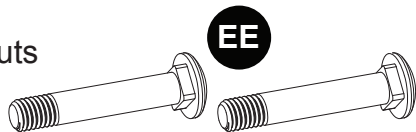
BB BB. (4) Stabilizer Washers



CC CC. (2) Lock Washers



DD DD. (1) Right Pedal Nut



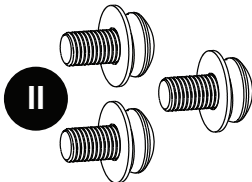
EE EE. (2) Carriage Bolt (M8 x 45.5mm)



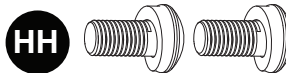
FF FF. (2) Flat Washers



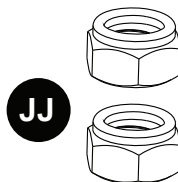
GG GG. (1) Left Pedal Nut



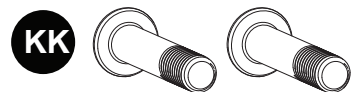
II II. (3) Oval Head Screw (M8 x 16mm) w Washer



HH HH. (2) Oval Head Screw (M8 x 16mm)



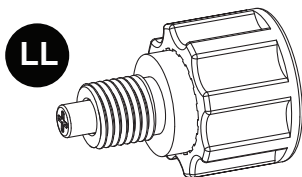
JJ JJ. (2) Nylon Lock Nuts (M8)



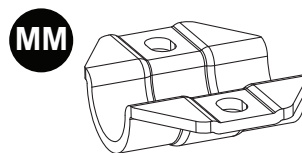
KK KK. (2) Back Cushion Allen Bolt (M8 x 42mm)

KNOBS & BRACKETS

Note: Do not over tighten knobs it can cause stripping of threads.



LL LL. (1) Adjustment Knob (Pre-Assembled on Frame)

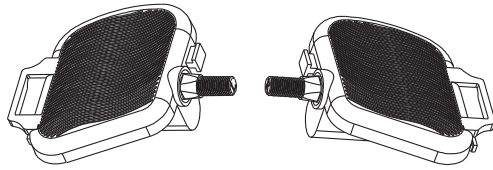


MM MM. (1) Adjustment Bracket (Pre-Assembled on Frame)

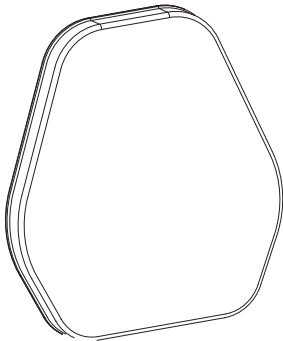
NOTE: If Parts or hardware are missing contact customer service immediately.

Please do not discard your packaging until your entire **FitDesk®** is fully assembled. Some parts are purposely packaged in cardboard or Styrofoam and can mistakenly be thrown away with the packaging.

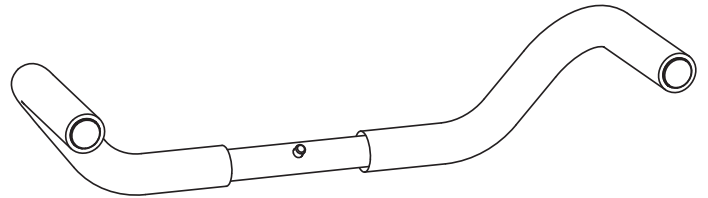
PARTS / COMPONENTS



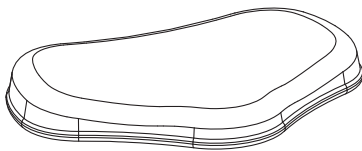
A1 A2 A1 / A2. Left and Right Pedals



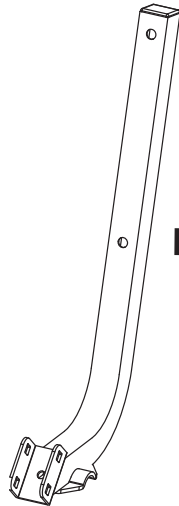
B
B. Seat
Back



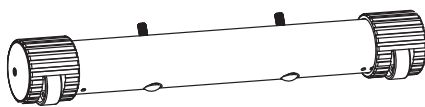
C C. Handle Bars



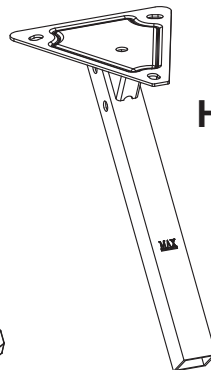
D D. Seat



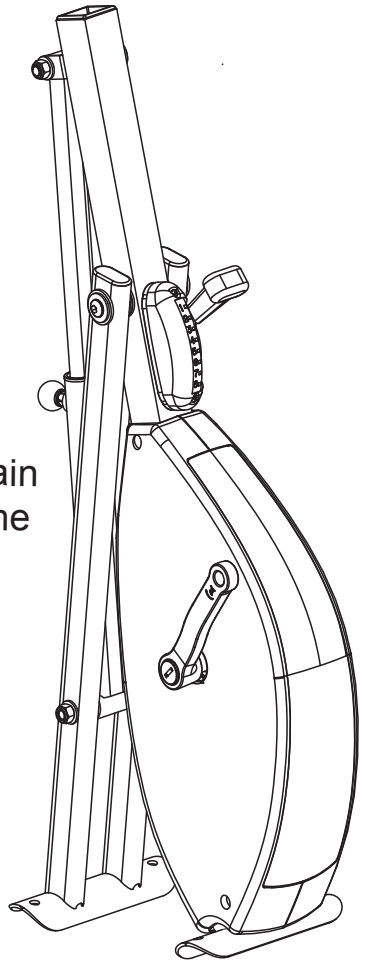
E
E. Saddle
Back
Post



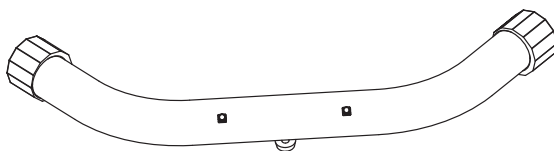
G G. Front Stabilizer



H
H. Seat
Support
Tube



F
F. Main
Frame



I I. Rear Stabilizer

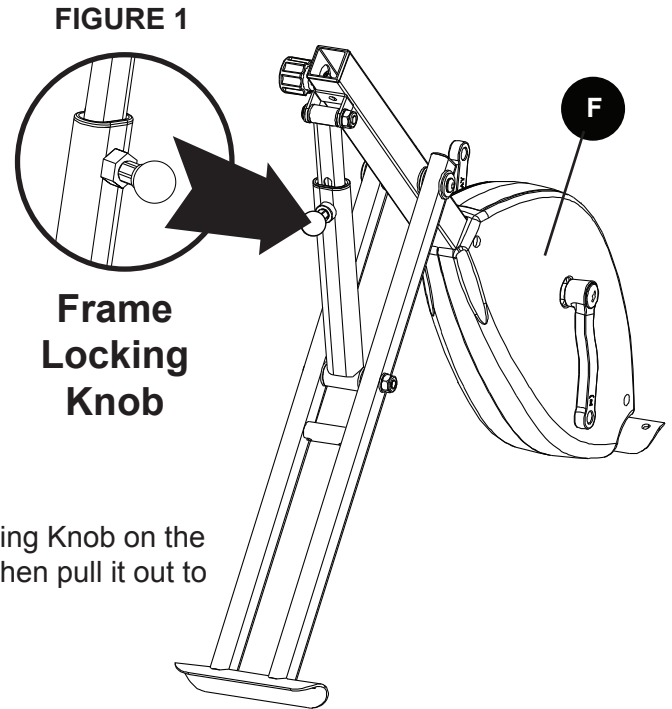
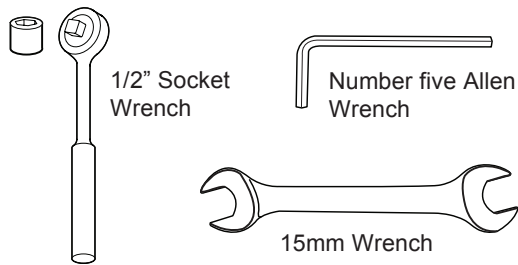


ASSEMBLY

NOTE: Before assembly please check all parts carefully.

We take great care to deliver quality products that will last for years. However, even with years of manufacturing experience and high levels of quality control, problems still occur from time to time. If you experience a problem with any part of your new **FitDesk®**, please contact us before returning your product. In most cases, we can quickly solve your issue with technical advice or easily send you a replacement part if needed.

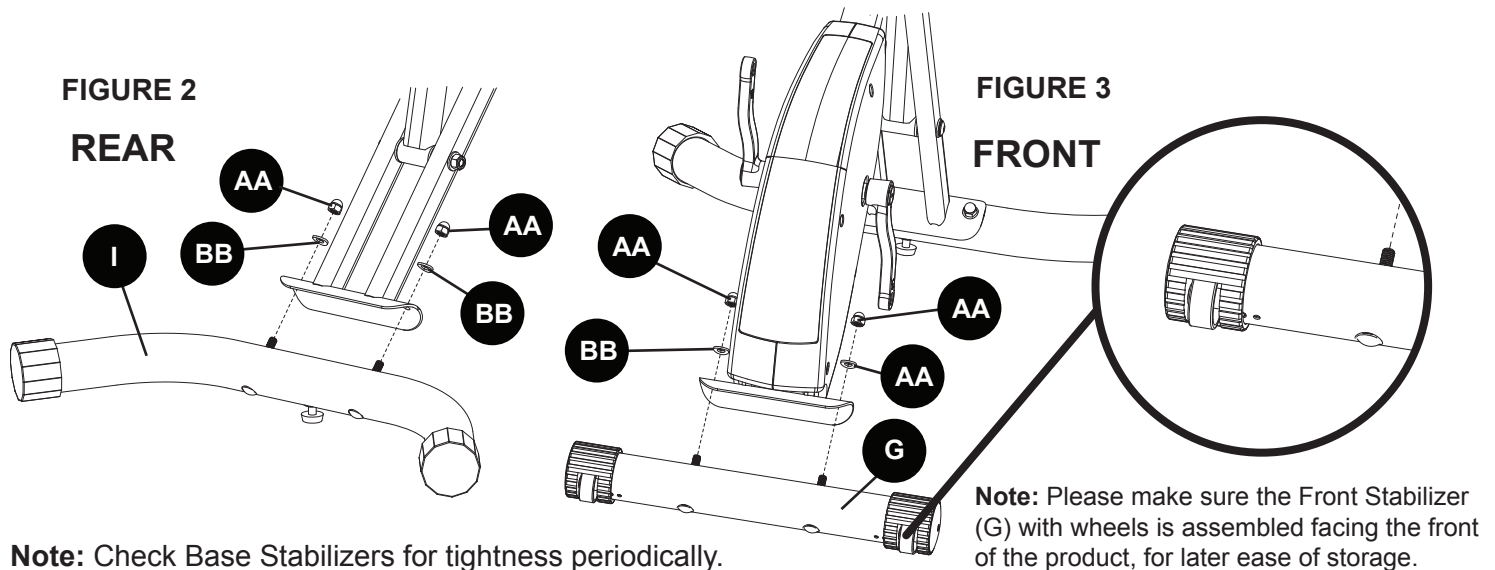
The included Screwdriver Allen Wrench (**AA**) and Wrenches (**BB1**) (**BB2**) are required to complete this assembly. To make the assembly easier, we recommend using a 1/2" inch Socket, 15mm Wrench or a Number five Allen Wrench.



Step 1: Turn the Frame Locking Knob on the Main Frame (**F**) to loosen it, then pull it out to unfold the Frame.

Before assembly of Rear (**I**) and Front Stabilizer (**G**) remove the four Stabilizer Washer (**BB**) and the four Cap Nuts (**AA**).

Step 2: After removal, attach the Rear (**I**) and the Front Stabilizers (**H**) (**Figure 3**) to the Main Frame (**F**) using Stabilizer Washers (**BB**) and four Cap Nuts (**AA**). Tighten with Wrench (**BB2**). **Figure 2 and 3**

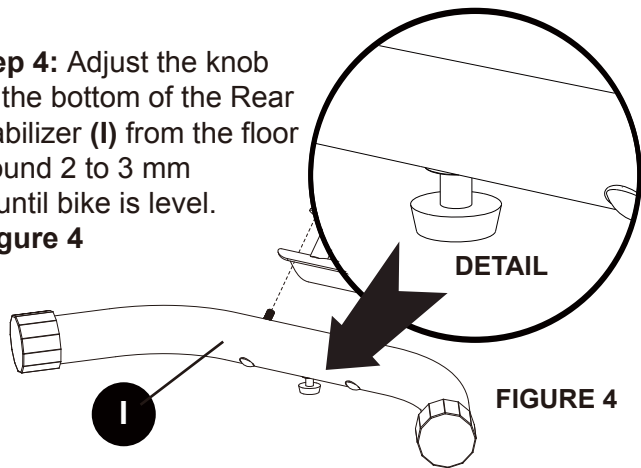


Note: Check Base Stabilizers for tightness periodically.

ASSEMBLY

Step 4: Adjust the knob on the bottom of the Rear Stabilizer (I) from the floor around 2 to 3 mm or until bike is level.

Figure 4



Step 5: Assemble the Seat (D) to the Seat Support Tube (H). Using attached Wrench (AA1) tightened the three Oval Head Screws (M8 x 16mm) (II), **Figure 5**

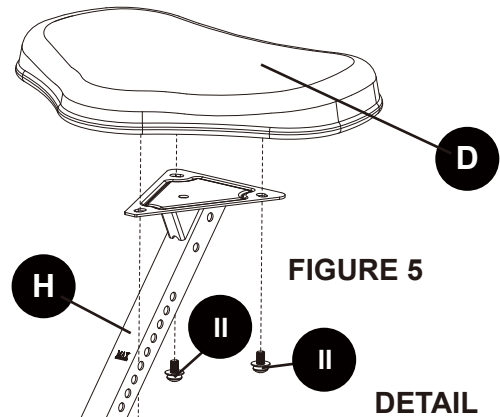


FIGURE 5

Step 6: Slide the Seat Support Tube (H) into the Main Frame (F) after assembly.

Step 7: Turn the Seat Adjustment Knob (LL) on the Main Frame (F) to loosen it, then pull it out to adjust seat height. **Figure 7**

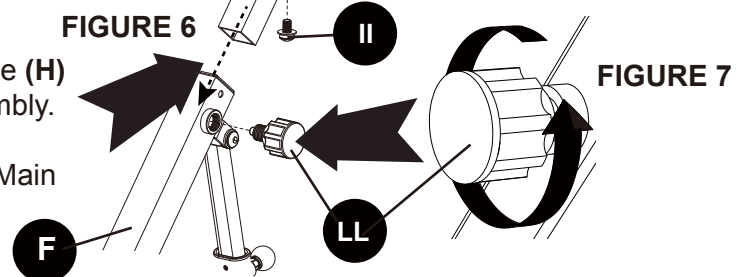
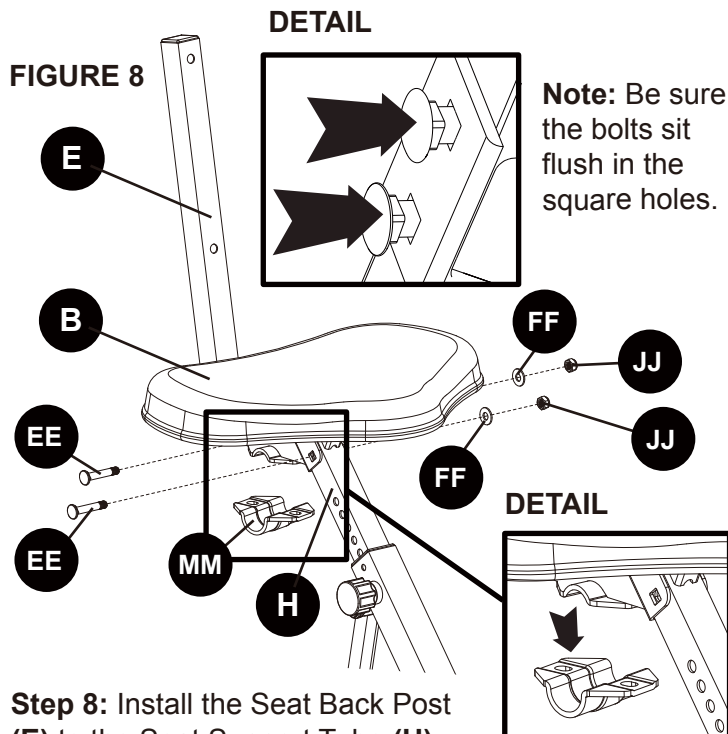


FIGURE 6

FIGURE 7

Note: You do not have to remove the Knob to adjust the height. Loosen the Knob and pull, then retighten when the desired height is reached.



Step 8: Install the Seat Back Post (E) to the Seat Support Tube (H) with the Carriage Bolts (M8 x 45.5m) (EE), Washers (FF) and M8 Nylon Lock Nuts (JJ) Tighten with the attached Wrench (AA1). Remove Handlebar Bracket (MM) (Detail) **Figure 8**

Step 9: Fasten Handle Bars (C) to the Saddle Back Post (E) with two Oval Allen Screws M8 x 16mm (HH) and Handlebar Bracket (MM) tighten with the attached Allen Wrench (BB1). **Figure 9**

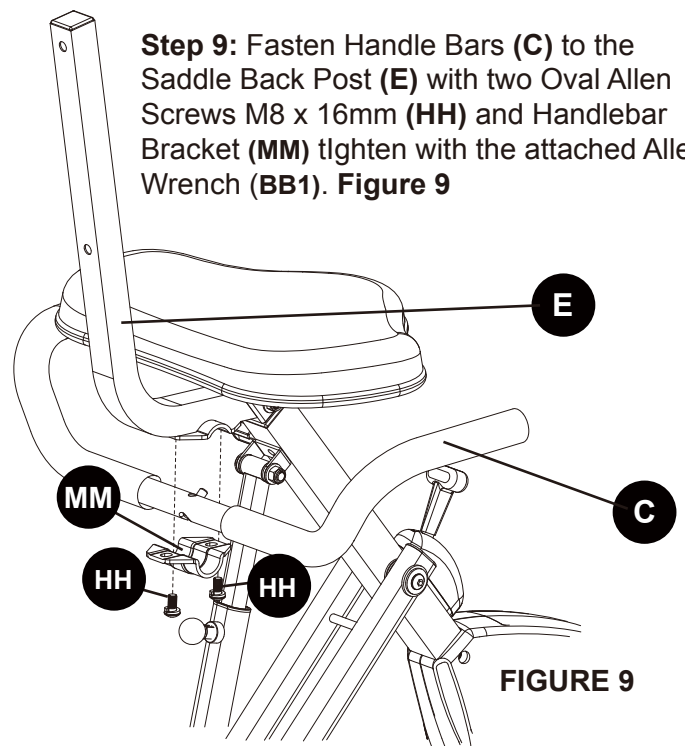


FIGURE 9

ASSEMBLY

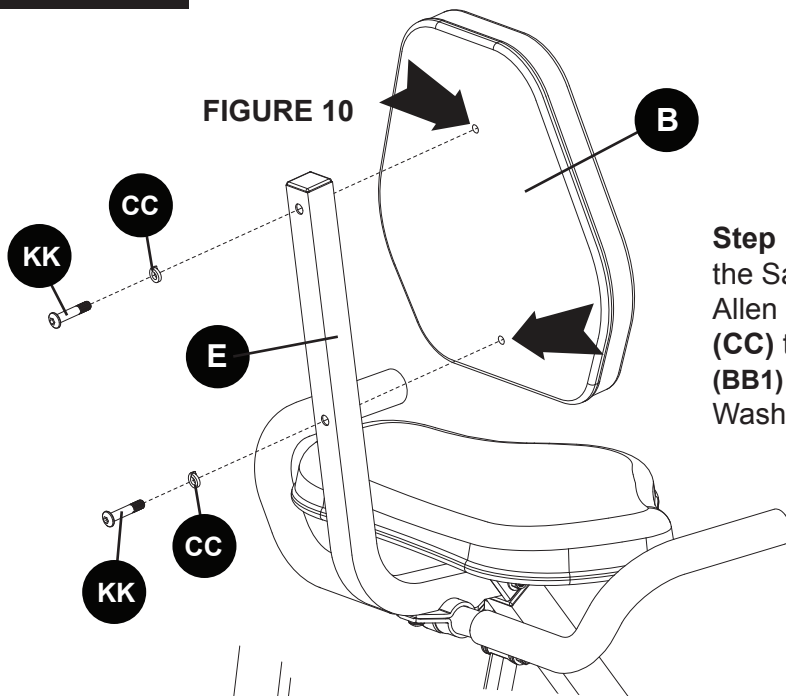


FIGURE 10

Step 10: Install the Seat Back Cushion (B) to the Saddle Back Post (E) using two Oval Head Allen Screws M8 x 42mm (KK), Lock Washers (CC) tighten using the supplied Allen Wrench (BB1). Be sure the Allen Bolts (KK) and Lock Washers (CC) sit flush in the holes. **Figure 10**

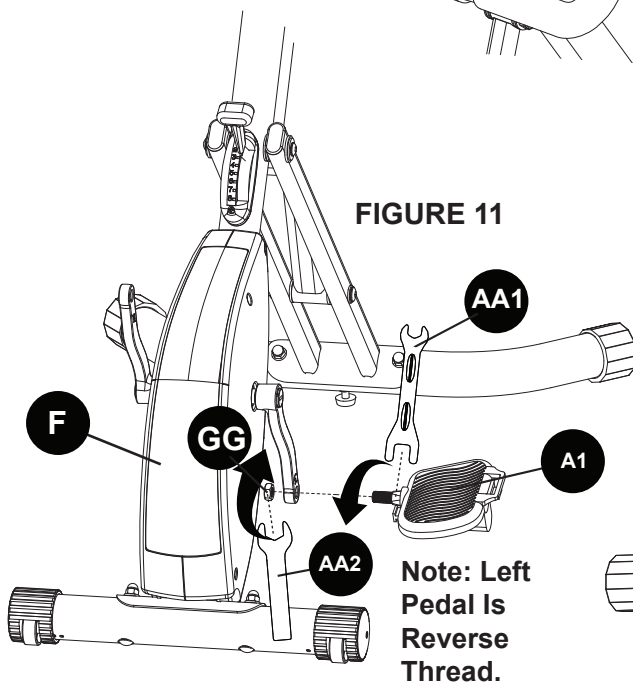


FIGURE 11

Note: Left Pedal Is Reverse Thread.

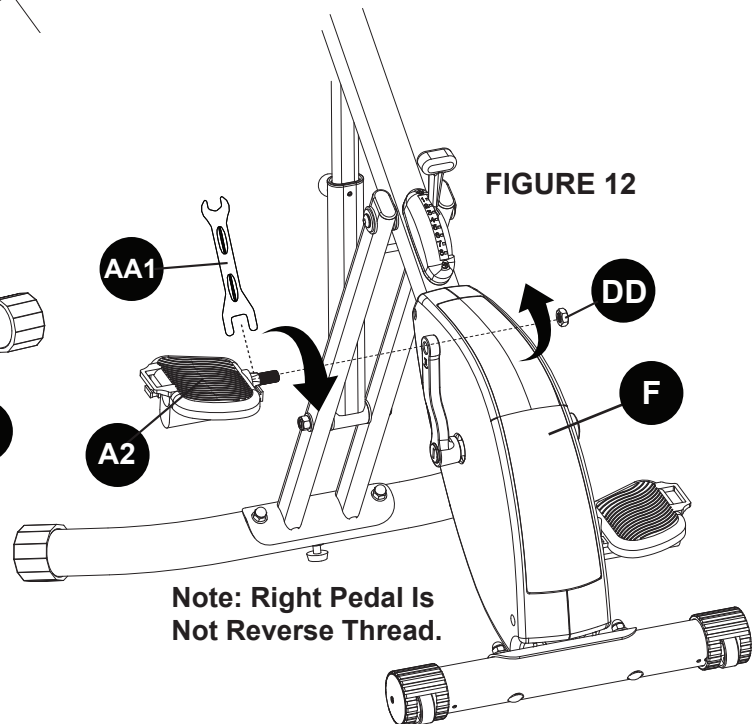


FIGURE 12

Note: Right Pedal Is Not Reverse Thread.

Note: The Pedals must be made extra tight. Use the included Wrenches or a 15mm wrench to finish tightening.

Step 11: Using the supplied Wrenches (AA1) (AA2) attach the Left Pedal (A1) to the crank arm by tightening the pedal and holding the back nut at the same time. (Left Pedal is reverse thread) **Figure 11**

Step 12: The Right Pedal (A2) is installed the same way using the supplied wrenches. (Right pedal is not reverse thread) (AA1) (AA2). **Figure 12**

WARNING: Make sure the pedals are threaded properly to ensure you do not damage the threads.

WARNINGS AND LABELS

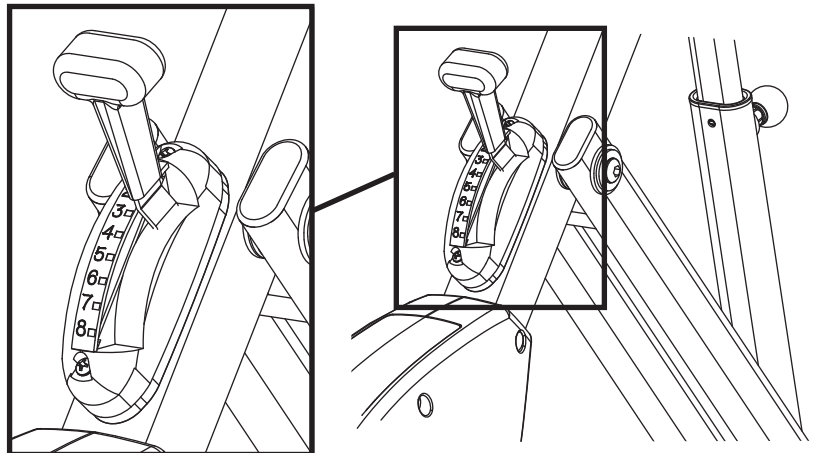


OPERATIONAL INSTRUCTIONS

NOTE: Before operating please read carefully

RESISTANCE KNOB

Push down knob from 1-8 to change resistance. To increase the load, push the the knob located on the main frame down. To decrease the load turn the tension knob up.

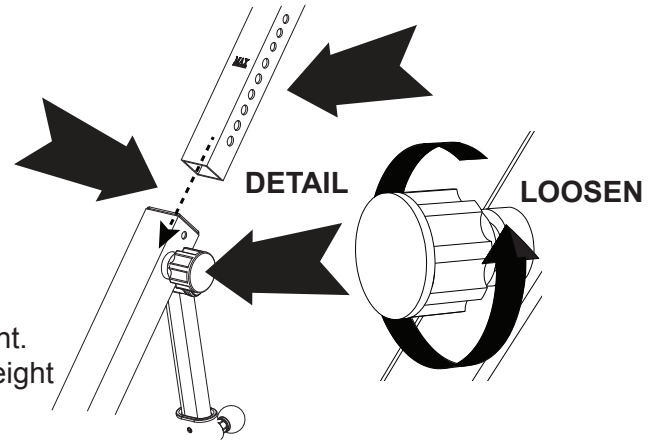


OPERATIONAL INSTRUCTIONS

SEAT HEIGHT ADJUSTMENT

This model bike has nine levels of seat height adjustment. Pull out knob and move the seat post up or down to your desired height and then tighten the knob.

Note: You do not have to remove the Knob to adjust the height. Loosen the Knob and pull, then retighten when the desired height is reached.

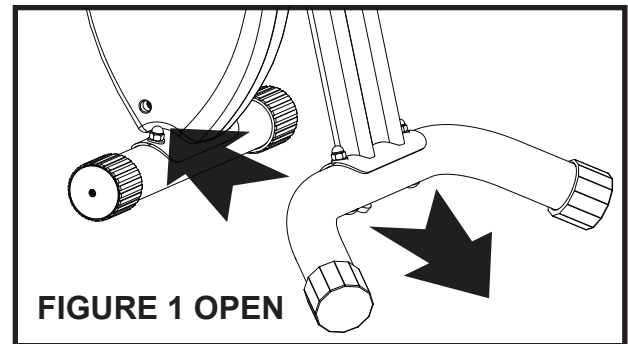
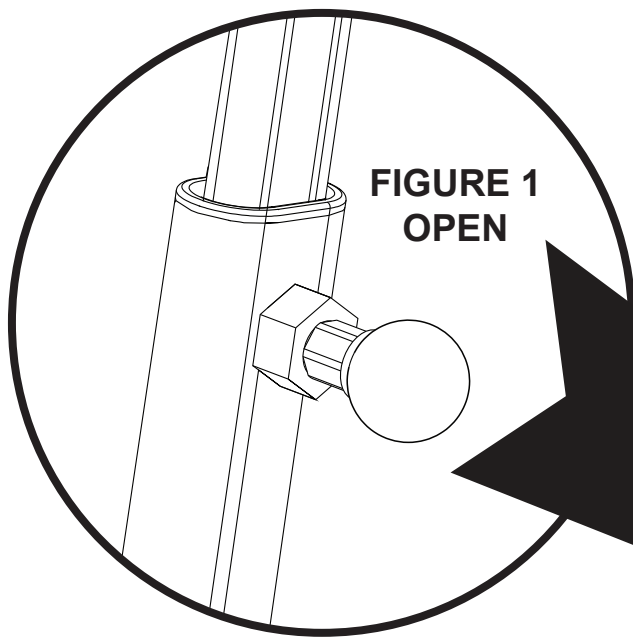


SET UP / STORAGE

This model 4020 **FitDesk**® uses a quick release frame unlock design. As a safety precaution please use the technique shown here when opening and closing frame.

STORAGE

Pull pin on frame support while placing foot on base. Open Main Frame (I) then release pin, then pull desk toward you. **Figure 1 and 2**



Place Feet As Marked

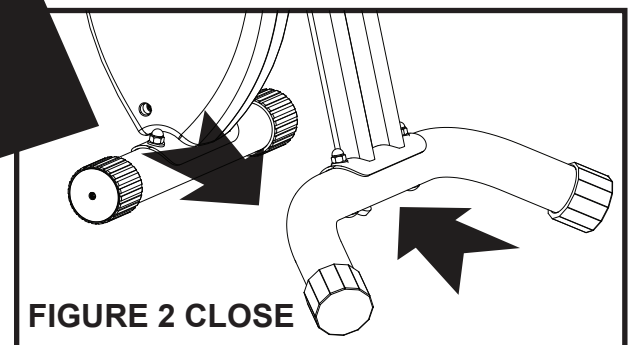


Figure 2. TO CLOSE:

Note: Before transporting. Fold frame in closed position with support pin engaged to prevent opening. Tighten desk knobs. Use transport wheels when possible. The frame must be in the closed and locked position prior to transport.

WARMING UP

WARNING: Always check with your physician before starting any type of exercise program.

Before you use the **FitDesk®**, it is advisable to warm up and stretch your muscles. Simple warm up exercises and stretches can help you be more efficient and safer during your time on the **FitDesk®**.

STRETCHING

Hold each stretch 10 to 30 seconds. If you feel you need more, stretch the other side and return for another set of stretching.

- The stretch should be strong, but not painful.
- Do not bounce.
- Breathe while you're stretching. Exhale as you stretch, inhale while holding the stretch.

SUGGESTED BASIC STRETCHING EXERCISES



SEATED HAMSTRING STRETCH

Sit on the floor, a step or on a chair with one leg stretched out in front of you, the other bent. Sit up tall and then lean forward as far as you comfortably can, stretching the back of the leg. You can grab onto the thigh, calf, ankle or foot to pull you further into the stretch. Hold for 15-30 seconds and switch sides.



HIP FLEXOR LUNGE STRETCH

Get into a lunge position on the floor, right foot forward and left knee back, both knees at about 90 degrees. Keeping the torso straight and abs engaged, lunge forward, gently pressing until you feel a stretch in the front of the hip. You can also squeeze the glutes for a deeper stretch. Hold for 15-30 seconds and switch sides.



SEATED STRETCH

Sit with both legs straight. Bend your left knee and cross it over your right leg so that your left ankle ends up by your right knee. Now twist your torso so that your right elbow ends up docking on your left knee. You can put some pressure from your elbow on your knee to push it in towards the midline of your body to increase the intensity of the stretch. Hold for 15-30 seconds and switch sides.

COOL DOWN

It is good to also stretch after using the **FitDesk®** when you're cooling down because your limbs, muscles and joints are still warm. Stretching can help reduce the buildup of lactic acid, which can lead to muscles cramping and stiffness.

MAINTENANCE AND TROUBLESHOOTING

The integrity of the **FitDesk®** bike can only be maintained when it is regularly maintained for damage and wear. Special attention should be given to the following:

HARDWARE

Verify that all bolts are present and properly tightened.

TIP: Inspect nuts, screws and knobs on a weekly basis.

FRAME, SEAT, SEAT MOUNT

Properly adjust seat back for comfort and stability.

NOTE: Check frame, seat, seat mount for wear.

WARNING: Do not use if any sign of frame cracking. Worn or damaged parts and components must be replaced immediately.

PEDALS

Check pedal (**A1**), (**A2**) tightness with 15mm wrench **WHEN NEW - THEN AFTER** 30 miles.

NOTE: Make Pedals **EXTRA** Tight during Assembly.

BASE STABILIZERS

Check Base Stabilizers bolts for tightness periodically.



WARRANTY

This limited warranty is applicable to each original end-customer (hereinafter “Customer”) purchasing the **FitDesk®** Model: 4020 Standing Bike Desk consisting of the structural metal frame (hereinafter the “Structural Frame”) and various other non-frame components (hereinafter the “Non-Frame Parts”) sold by FD Products, LLC (hereinafter “Company”) for Customer’s own use and not for resale. The Structural Frame and Non-Frame Parts are collectively referred to herein as the “Products”.

1. LIMITED WARRANTY; EXCLUSIVE REMEDIES:

1.1. **LIMITED WARRANTY ON PRODUCTS:** Company warrants solely to the original Customer that (a) the Structural Frame will be free from defects in materials and workmanship under normal use for a period of ONE (1) YEAR from the date of original retail purchase, and (b) the Non-Frame Parts, will be free from defects in materials and workmanship under normal use for a period of NINETY (90) DAYS from the date of original retail purchase. Notwithstanding the foregoing, the colors and finishes of the Products may vary within a reasonable scope due to unavoidable color variations in different production batches, and such variations shall not constitute a material defect. This limited warranty is limited solely to the original Customer with proof of purchase and is not transferable.

1.2. **THE WARRANTY:** During a covered Product’s limited warranty period, Company will, at Company’s sole option and discretion, (1) repair the defective component or product without charge or (2) replace the defective component or product without charge.

1.3. The foregoing limited warranty is subject to the Customer’s proper storage, transportation, handling and use of the Products as the same are defined within Company’s then-current published guides and instructions for use and care. The limited warranty does not include defects due to normal wear and tear, abuse or misuse, mishandling, neglect, accident, fire, lightning, sunlight or other natural hazard, delivery or transportation damage, failure to follow applicable directions or instructions, or improper or inadequate cleaning, maintenance, care, repairs, modifications, or use beyond a Product’s intended use.

1.4. **LIMITED WARRANTY CLAIMS PROCEDURE:** To obtain performance under this limited warranty, Customer shall notify Company in writing (to FD Products, LLC, 1161 South Park Drive, Kernersville, NC 27284, Attn: Customer Service / Warranty Department), by email (to customerservice@thefitdesk.com), or by telephone (to (336) 423-5029) with a full description of the defect that is covered by warranty and a copy of the dated proof of purchase of the applicable product.

- Company shall review each such claim and issue Customer a return merchandise authorization (“RMA”) in the event that the described defect or condition merits warranty review as determined by Company. Customers who have been issued a RMA shall, at Company’s election, return the covered item to the same physical address listed above for reporting initial claims. Company shall not accept any returned product without a RMA.

- Upon receipt, Company will evaluate the returned product(s) to determine if there is a warranty claim and, if so, how Company wishes to remedy the same. During a covered product’s respective limited warranty period, Company will, at Company’s sole and absolute option and discretion, (1) repair the defective component or product without charge or (2) replace the defective component or product without charge. Refunds are not available pursuant to this limited warranty.

- Customer is solely responsible for transportation of the covered product(s) to the Company for evaluation (if applicable and requested by Company). In the event that Company determines that a claim under this limited warranty is justified, Company shall be responsible for transportation of the repaired, corrected, replaced or exchanged product back to Customer. Customer shall be solely responsible for the transportation of any product back to Customer if Company determines that a claim under this warranty is not justified.

- Any repaired, corrected, replaced or exchanged Products shall be subject to the Limited Warranty set forth to the duration of the original limited warranty period as set forth in Section 1.1. and not for any extended duration, following their repair, correction, replacement or exchange.

WARRANTY

1.1. IF A COMPANY PRODUCT DOES NOT CONFORM TO THESE LIMITED WARRANTIES, THE PURCHASER'S SOLE AND EXCLUSIVE REMEDY IS, AT COMPANY'S SOLE AND EXCLUSIVE OPTION, THE (1) REPAIR OF ANY DEFECTIVE PRODUCT OR COMPONENT PART OR (2) REPLACEMENT OF ANY DEFECTIVE PRODUCT OR COMPONENT PART. THE LIMITED WARRANTY AND REMEDIES SET FORTH ABOVE ARE EXCLUSIVE AND MADE IN LIEU OF ALL OTHER WARRANTIES, REMEDIES, RIGHTS OR CONDITIONS, WHETHER ORAL OR WRITTEN, EXPRESS OR IMPLIED, EITHER IN FACT OR BY OPERATION OF LAW, STATUTORY OR OTHERWISE, INCLUDING THE IMPLIED WARRANTIES OF MERCHANTABILITY AND FITNESS FOR A PARTICULAR PURPOSE. COMPANY SPECIFICALLY DISCLAIMS, WITHOUT LIMITATION, ANY AND ALL OTHER WARRANTIES, EXPRESS OR IMPLIED, OF ANY KIND. IF COMPANY CANNOT LAWFULLY DISCLAIM IMPLIED WARRANTIES UNDER THIS LIMITED WARRANTY, ALL SUCH WARRANTIES, INCLUDING THE IMPLIED WARRANTIES OF MERCHANTABILITY AND FITNESS FOR A PARTICULAR PURPOSE, ARE LIMITED IN DURATION TO THE DURATION OF THIS LIMITED WARRANTY. The Company does not assume or authorize any person to assume for them any other liability in connection with the Products.

2. EXCLUSION AND LIMITATION OF LIABILITY:

IN NO EVENT, WHETHER BASED ON CONTRACT OR TORT OR OTHER LEGAL THEORY, SHALL COMPANY BE LIABLE FOR ANY INDIRECT, INCIDENTAL, PUNITIVE, SPECIAL OR CONSEQUENTIAL DAMAGES, INCLUDING BUT NOT LIMITED TO, DAMAGES TO OTHER PROPERTY, INCONVENIENCE, DAMAGES FOR LOSS OF PROFITS, REVENUE, GOODWILL OR USE, INCURRED BY CUSTOMER OR ANY THIRD PARTY, WHETHER IN AN ACTION IN CONTRACT, TORT, STRICT LIABILITY, OR IMPOSED BY STATUTE, OR OTHERWISE, EVEN IF ADVISED OF THE POSSIBILITY OF SUCH DAMAGES. Some states do not allow the exclusion or limitation of incidental or consequential damages or exclusions or limitations on the duration of implied warranties or conditions, so the above limitations or exclusions may not apply to Customer. In jurisdictions that limit the scope of or preclude limitations or exclusion of remedies or damages, or of liability, such as liability for gross negligence or willful misconduct or do not allow implied warranties to be excluded, the limitation or exclusion of warranties, remedies, damages or liability set forth above are intended to apply to the maximum extent permitted by applicable law. This limited warranty gives the Customer specific legal rights, and the Customer may also have other rights that vary by state, country or other jurisdiction.

3. SEVERABILITY:

If any provision of this limited warranty is held to be illegal, invalid or otherwise unenforceable, such provision will be enforced to the extent possible consistent with its stated intention, or, if incapable of such enforcement, will be deemed to be severed and deleted from this limited warranty, while the remainder of the terms of this limited warranty will continue in full force and effect.

4. DISPUTE RESOLUTION:

This FitDesk Limited Warranty shall be governed by and construed in accordance with the laws of the State of North Carolina, without regard to its principles of conflicts of law. The parties acknowledge the exclusive jurisdiction of the federal and state courts of the State of North Carolina. Any claims or disputes under this FitDesk Limited Warranty shall be heard exclusively in any state or federal courts sitting in Guilford County, North Carolina, and both parties expressly consent to the personal jurisdiction and venue of the North Carolina state and federal courts for such actions.

COMPLETE PARTS LIST

DESCRIPTION:

QTY:

1. Seat	1
2. Seat Support Tube	1
3. Oval Head Screw (M8 x 16 mm) W/Washer	3
4. Seat Adjustment Knob	1
5. Main Frame	1
6. Allen Bolt (M8 x 42 mm)	2
7. Lock Washer	2
8. Saddle Back Post	1
9. Seat Back	1
10. Nylon Lock Nuts (M8)	2
11. Flat Washers	2
12. Carriage Bolt (M8 x 45.5 mm)	2
13. Handle Bars	1
14. Handlebar Bracket	1
15. Oval Allen Screw (M8 x 16 mm)	2
16. Cap Nut	4
17. Stabilizer Washer	4
18. Pedal (Right)	1
18. Pedal (Left)	1
19. Pedal Nut (Right)	1
19. Pedal Nut (Left)	1
20. Front Stabilizer	1
21. Rear Stabilizer	1

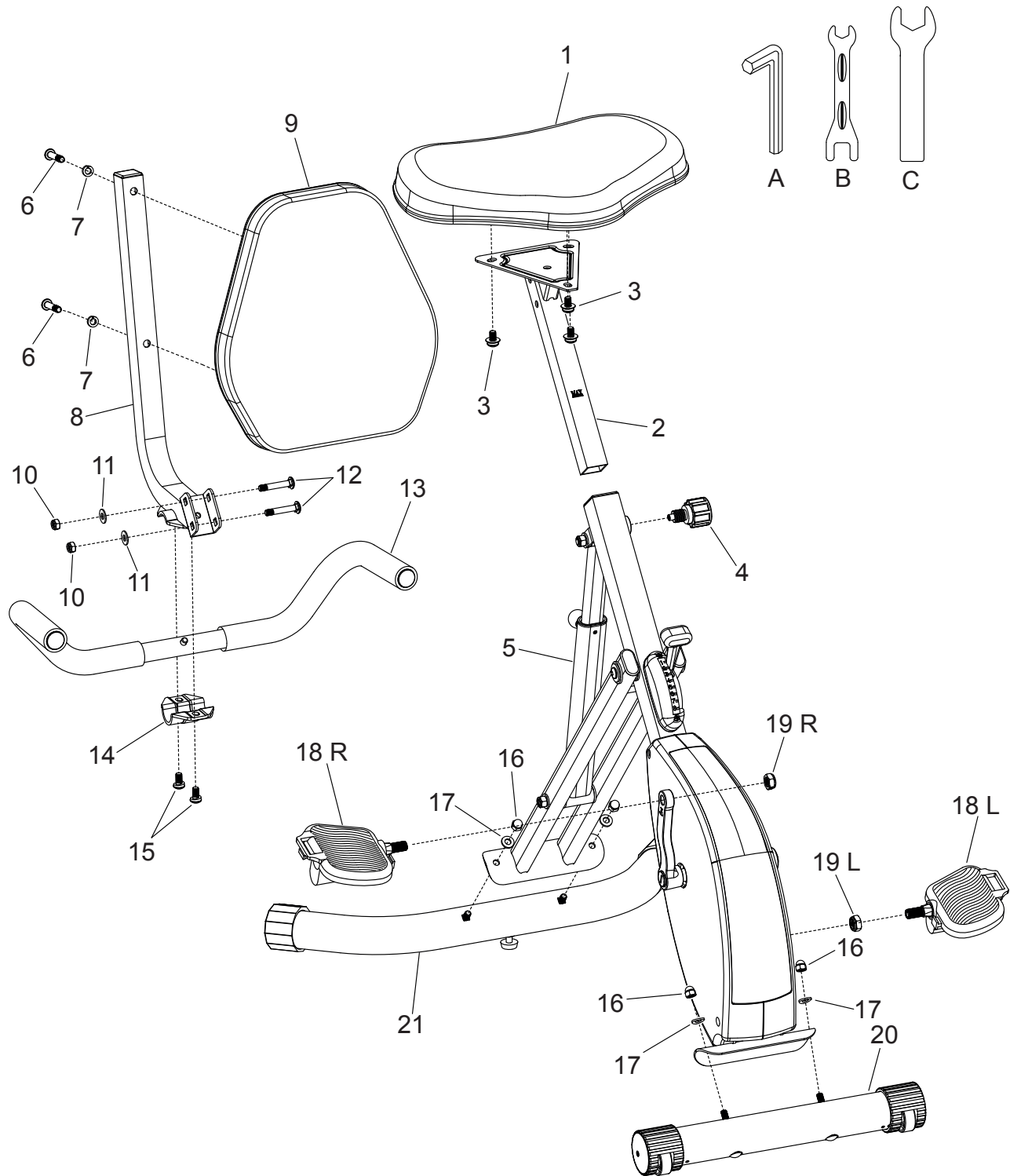
REPLACEMENT PARTS

DESCRIPTION:

QTY:

F Main Frame	1
A1 Pedal Left 9/16"	1
A2 Pedal Right 9/16"	1
Crank Arm Left	1
Crank Arm Right	1
AA1 Wrench	1
AA2 Wrench	1
BB1 Allen Wrench	1

COMPLETE PARTS LIST



**For Questions or Replacement Parts Contact:
1-855-713-8887**

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OPTIONAL PRODUCTS

THE ORIGINAL

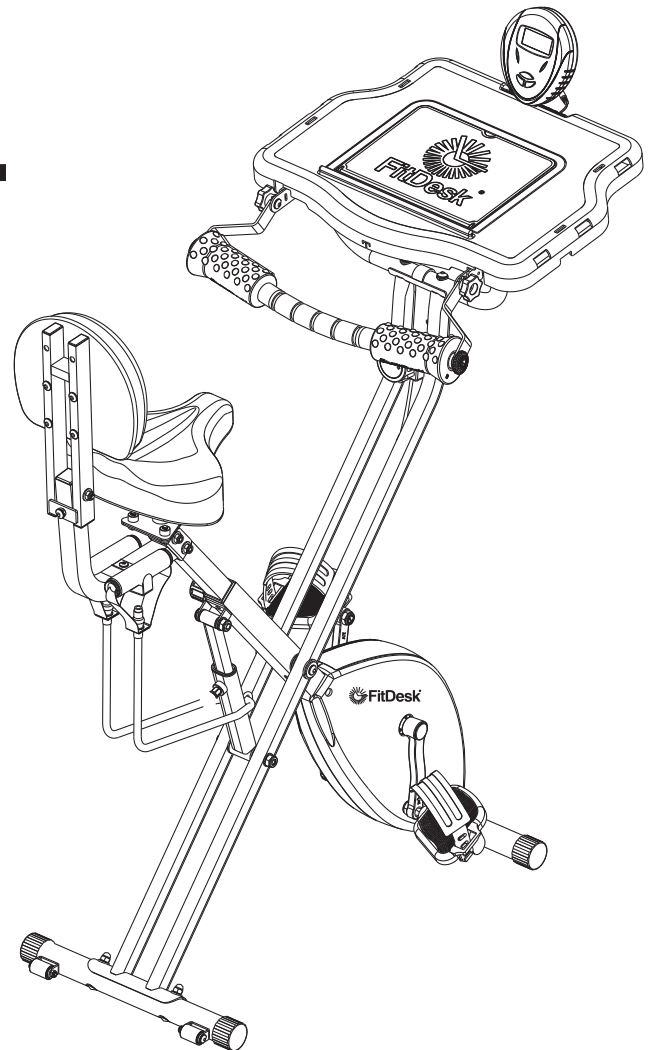
FitDesk® Model: 3.0

Weight of Bike: 48 lbs.

Recommended User Height Range
4'10" to 6'5" (147 cm to 199 cm)

Recommended Max User Weight
300lbs (136 kgs)

Foot Print in OPEN position
16" wide x 26" long x 45" high



Sit-To-Stand Desk

FitDesk® Model: 2050

Recommended
Max Load: 25 lbs. (11.3 kgs.)

To buy other products go to our
Website @ www.thefitdesk.com

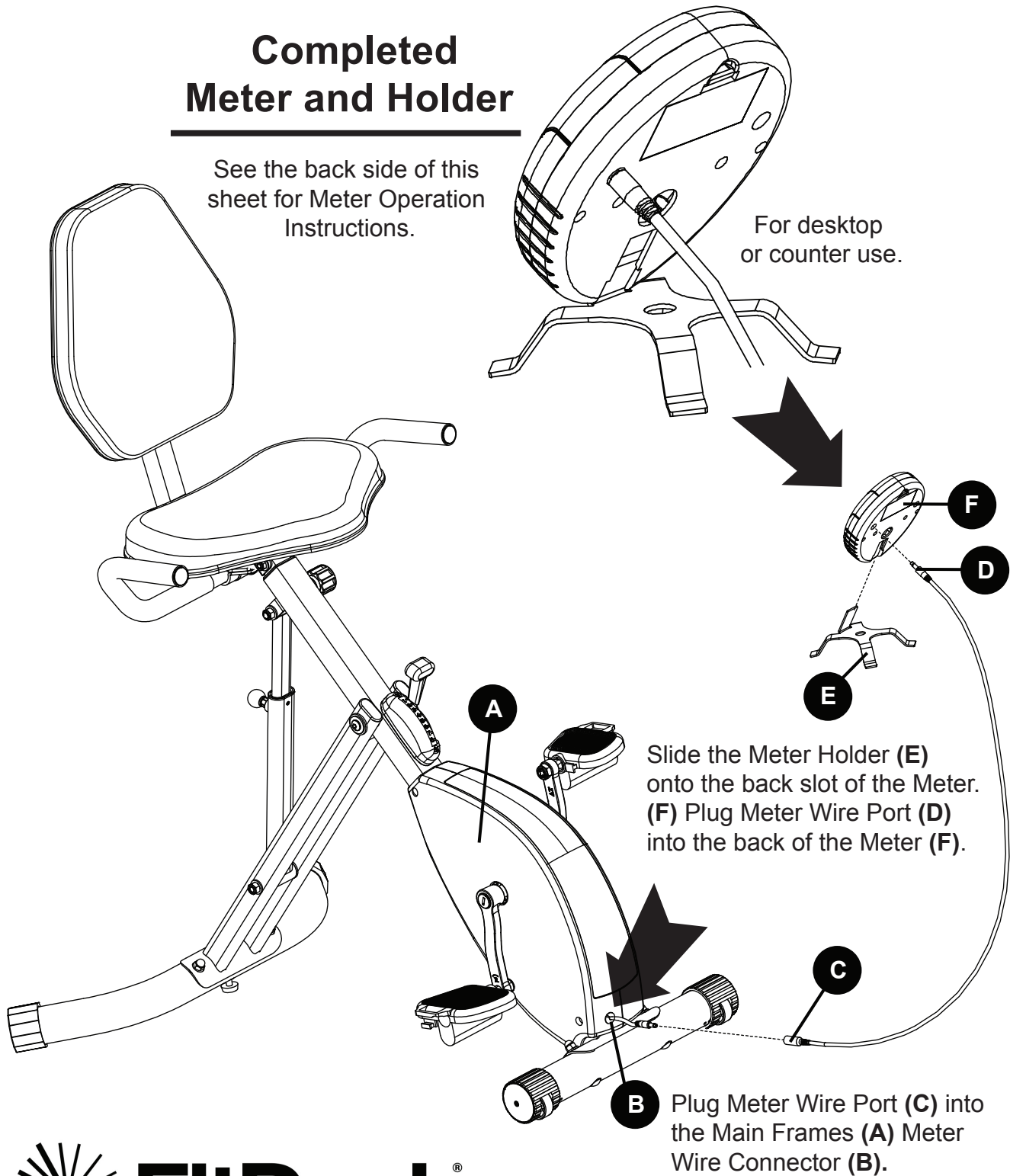


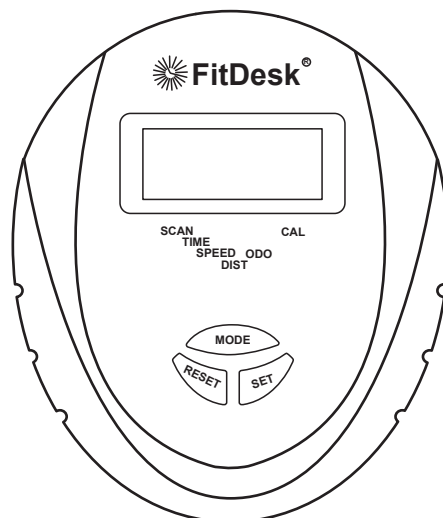
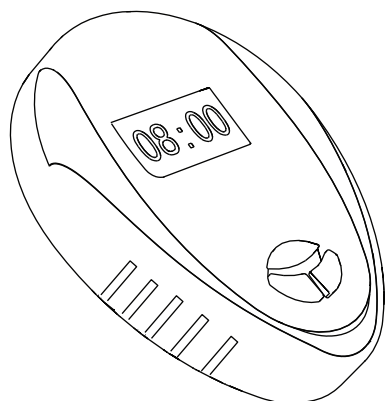
METER / ASSEMBLY

Completed Meter and Holder

See the back side of this sheet for Meter Operation Instructions.

For desktop or counter use.

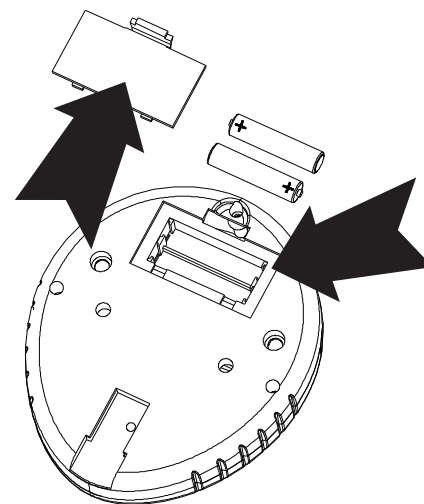


METER / OPERATION**INSTRUCTIONS:**

1. Mode button advances the Meter.
 - a. Time in use
 - b. Speed - MPH
 - c. Distance - Miles or KM
 - d. Calories burned
 - e. Total distance on **FitDesk**[®] - ODO in Miles or KM.
2. Reset button allows for Meter to be reset for time. Distance and Calories Mode.
 - a. Stop pedaling then push reset to reset each Mode.
3. Scan will automatically start at each Mode.
 - a. To Stop Scan press mode button again.
 - b. Scan indicator is on screen when in Scan Mode.
4. Set button to count down feature. Hit the Mode button to stay on "Time" make sure you are not in Scan Mode. Hit "Set" until the desired count down time is displayed.

TROUBLESHOOTING:

1. Meter will turn on as soon as you start pedaling.
2. If Meter does NOT show zero even if you push the Mode Button.
 - a. Check to see that batteries are fresh and properly installed.
3. If zeros display when you press the Mode Button, But not when pedaling.
 - a. Check connection to Meter and connection from frame to Meter.

BATTERY INSTRUCTIONS**INSTALLING AND REPLACING FitDesk[®] METER BATTERIES:**

The Meter (**M**) operates using two AAA batteries.

Batteries are included

Refer to the illustration to install or replace the batteries.

For Questions Contact:
1-855-713-8887

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Where Health and Productivity Converge



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Updated 9/11/2017