

# Fall Schedule 2022



## Gymnastics Classes

### **Tumble Bears (Ages 3-6) \$35/month**

Learn basic tumbling skills while developing your child's self-confidence and enhance their physical capabilities  
(Once a week, different days and times available)

**Mondays 1:25-1:55 OPEN!**  
**Tuesdays 4:45-5:15 OPEN!**  
**Wednesdays 4:55-5:25 OPEN!**  
**Thursdays 4:45-5:15 OPEN!**

### School Age Gymnastics

#### **Gym I (1st & up) \$40/month**

Beginner Gymnastics  
(Once a week, different days and times available)

**Mondays 2:00-2:45 OPEN!**  
**Mondays 3:30-4:15 OPEN!**  
**Mondays 6:45-7:30 OPEN!**  
**Tuesdays 5:30-6:15 ALMOST FULL!**  
**Wednesdays 6:30-7:15 FULL!**  
**Thursdays 2:00-2:45 OPEN!**  
**Thursdays 5:30-6:15 FULL!**

#### **Gym II (1st & up) \$45/month**

Must be able to walk in high bridge & do cartwheels  
(Once a week, different days and times available)

**Mondays 2:00-3:00 OPEN!**  
**Mondays 3:30-4:30 OPEN!**  
**Mondays 6:45-7:45 OPEN!**  
**Tuesdays 5:30-6:30 ALMOST FULL!**  
**Wednesdays 6:30-7:30 FULL!**  
**Thursdays 2:00-3:00 OPEN!**  
**Thursdays 5:30-6:30 FULL!**

#### **Jr. Flips (2nd & up) \$50/month**

Intermediate gymnastics (must be able to do kickover)

**Tuesdays 3:30-4:40 OPEN!**  
**Wednesdays 7:35-8:45 OPEN!**

#### **Heartland Flipsters (3rd & up) \$55/month**

Advanced gymnastics (must be able to do both a back and front walkover/works on aerials and handsprings)

**Tuesdays 6:45-8:15 and/or Thursdays 6:45-8:15**

#### **Elite Flips (4th & up) \$60/month**

Advanced gymnastics (must be able to do multiple back handsprings, front handsprings & aerials)

**Mondays 7:30-9:15**

**Is the class you want full?**

Text, FB Message or Email:  
child's name, age & which  
class you would like to be  
added on a waitlist for!

## Dance/Gym Combo Classes

### **PreK - K (Ages 3-6) Combo Class \$40/month** (Ballet, Tap, Jazz and Gymnastics)

**Mondays 5:45-6:30 FULL!**  
**Wednesdays 5:35-6:20 FULL!**

### **1st-2nd (Ages 6-8) Combo Class \$40/month** (Ballet, Tap, Jazz and Gymnastics)

**Mondays 4:45-5:30 FULL!**

### **3rd-6th Grade (Ages 8-12) Combo Class \$45/month** (Ballet, Tap, Jazz and Gymnastics)

**Thursdays 3:30-4:30 OPEN!**

We offer what no other dance in the area can offer... a combination of a dance class and a gymnastic class!!



### **Ask About Family Discounts!**

**Yearly Family Registration Fee: \$20**

All classes are PM

Classes start after Labor Day! Start anytime!

**Sign up Today! Class sizes limited & fill up fast!**

**Call, Text or E-mail for more information!**

**651-208-7516**

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