RECHARGE, RECENTRE & REPAIR WITH REPOSE TREATMENTS

We have carefully selected a range of holistic treatments to complete your Repose journey. Our treatment area is designed to maximise your health & wellness experience.

All of our practitioners are experts in their field to ensure you

receive a divine experience.

FACIALS

FACE SCULPTING MASSAGE

30 | 60 MINS

£75 | £150

NANO REJUVENATION FORLLED FACIAL
30 | 60 MINS £85 | £150

LPG FACE CLASSIC

30 MIN

£75

GUASHA & LYMPHATIC DRAINAGE FACIAL
60 | 90 MINS £150 | £200

FACE SCULPTING WITH SPECIALIST 60 | 120 MINS £250 | £390

BUCCAL + CHEST SCULPT CORRECTION
90 | 120 MINS £225 | £290

T&C's: All Repose treatments come with an expiration date from the day of purchase & a 24 hour cancellation notice. All treatments must be paid for in advance.

See full T&Cs for details.

REPOSE BODY MASSAGES

DEEP TISSUE

60 MINS

£ 150

CUPPING & GUASHA

60 MINS

£ 150

TUI NA

60 MINS

£ 150

BUCCAL + CHEST SCULPT CORRECTION
90 | 120 MINS £ 225 | £290

VISCERAL ABDOMINAL MASSAGE
60 | 90 MINS £ 150 | £225

MUSCLE RELAXATION 60 MINS
1 | 6 | 13 SESSIONS £150 | £750 | £1500

LYMPHATIC DRAINAGE1 | 6 | 13 SESSIONS **£150 | £750 | £1500**

ANTI-CELLULITE
1 | 6 | 13 SESSIONS £150 | £750 | £1500

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REPOSE BODY THERAPIES

Our Osteopath uses specailisedtechniques such as myofacial release, manual massage, oint stretching & body manipulations to repair any aches, pains & mis-alignments.

BODY BALANCER

45 | 60 MIN SESSIONS £95 | £125

LPG CLASSIC

30 | 40 MIN SESSIONS **£90 | £120**

ENDOSPHERES

30 | 45 | 60 MIN £65 | £95 | £130

ACUPUNCTURE

CONSULTATION 90 MINS £175
FOLLOW UP 60 MINS £150

CLINICAL SPORTS THERAPY

CONSULTATION 60 MINS £135 FOLLOW UP 45 MINS £150

OSTEOPATHY CONSULTATION

60 MINS £175 FOLLOW UP 30 | 60 MINS £105 | £190

T&C's: All Repose treatments come with an expiration date from the day of purchase & a 24 hour cancellation notice. All treatments must be paid for in advance. See full T&Cs for details. SERGEY - with 15 years of expertise in human anatomy & physiology, Sergey customises massage techniques & their intensity for each individual. His treatments span a range of focuses, including preventive care, health enhancement, anti-cellulite therapies, relaxation methods, lymphatic drainage, cupping massage, stress reduction, & traditional approaches.

SUNITA - a Skin Aesthetician & Holistic Therapist with 30 years of expertise, is dedicated to collaborating with you & nurturing your body & mind, aiming for lasting, natural results. Her specialisation covers a diverse array of treatments, spanning from anti-ageing facials & personalized massages.

NADIA - Nadia is an osteopath with over 20+ year of experiences whom recognises the importance of personalise care & is passionate about hekping you underdtand your body.

DARIA is a cosmetologist deeply involved in an emerging & increasingly popular field within aesthetic cosmetology—osteopathic cosmetology. This holistic approach to facial & body care involves in-depth attention to all structures: skin, muscles, subcutaneous fat, fascia, & bones. This method yields visible rejuvenation & healing outcomes after just one session. It also serves as effective rehabilitation post-injuries or plastic surgeries.

MARIA is a versatile face & body therapist focused on enhancing your body's natural function, promoting improved circulation & a faster metabolism. Specializing in vacuum cupping therapy, lymphatic treatments, anti-cellulite methods, & sculpting massages, she alleviates tension from both your body & face muscles.

MESUT is a multi-faceted professional skilled in Sports Therapy, Strength Coaching, PT, & Biomechanics. With 16+ years' experience, Mesut specialises in personalised programs to enhance performance. As a seasoned Tutor, Mesut also educate others in these fields, aiming for holistic well-being beyond traditional fitness coaching.

ABOUT REPOSE SPACE

Repose Space is a much needed sanctuary in the heart of London.

We tailor your experience to your needs & breathe life, energy & a sense of wholeness into every service we provide.

Our holistic & scientific approach to fitness & health has been carefully nurtured to create an exclusive wellness experience.

40 Kensington High Street, London, W8 4PW Telephone number: 0203 743 1286 Whatsapp number: 0755 202 0469

> Email: hello@repose-space.co.uk Website: repose-space.co.uk Instargram:@repose_space

