

Look Better Naked Protocol

90 minutes

Look Better Naked is our detoxifying full body treatment which draws impurities whilst it smooths, tones, nourishes and moisturises the skin. Treatment time is 90 minutes and can be carried out using shower facilities or alternatively using hot towels

1

Carry out a full body exfoliation using Sugar Body Scrub. Leave scrub in place

2

With client lying face up, apply a layer of Mineral Body Mask to the full body. Wrap client in a Spa Wrap plastic sheet and towels to keep them warm and increase effectiveness of the mask. Leave in place for 20 mins

3

Unwrap client and remove mask either in shower or with hot towels. Towel dry clients skin

4

Lay client on their back and begin to carry out a full body massage using Rich Body Creme. Turn client over and finish massage with them lying face down

5

Cover client with towels and give them time to relax whilst the Creme fully absorbs