



"My body, your body, every different kind of body! All of them are good bodies! BODIES ARE COOL!" Explore the many different kinds of bodies and the ways they interact with their worlds. Use this book to launch conversations about all the ways our bodies are similar and different -- always returning to the theme of "all bodies are cool."

- What do you like about your body?
- What do you notice about other bodies?
- What types of bodies are in your family and community?

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