

EAST WEST KUNG FU

2019 Class Schedule

MONDAY		TUESDAY		WEDNESDAY	
11:00 AM	Adult Class (1hr)	11:00 AM	Adult Class (1hr)	11:00 AM	Adult Class (1hr)
3:45 PM	Ages 6 & under BEG (30min)	3:45 PM	Ages 6 & under BEG (30min)	3:45 PM	Ages 6 & under BEG (30min)
4:15 PM	Ages 7-12 White & Yellow (30min)	4:15 PM	Ages 7-12 White & Yellow (30min)	4:15 PM	Ages 7-12 White & Yellow (30min)
4:45 PM	Ages 7-12 Orange & Purple (45min)	4:45 PM	Ages 7-12 Orange & Purple (45min)	4:45 PM	Ages 7-12 Orange & Purple (45min)
5:30 PM	Teen Class (45min)	5:30 PM	Youth Sparring - Purple & above (30 min)	5:30 PM	Teen Class (45min)
6:00 PM	Adult Class (1hr)	5:30 PM	Youth Open Class (30min)	6:00 PM	Adult Class (1hr)
6:15 PM	Youth Open Class (30min)	5:30 PM	Adult Class (1hr)	6:00 PM	Int & Adv Class (45 min)
6:30 PM	*Kid Special Squad (Invitation Only)	6:00 PM	Teen Sparring Class - Purple & above (45 min)	6:15 PM	Youth Open Class (30 min)
7:30 PM	*IBFDA Leadership Training (Invitation Only)	6:00 PM	Teen Class (45 min)	7:00 PM	Adult Class (1hr)
8:15 PM	*Staff Only	7:00 PM	Adult Sparring Class - Orange & above (1hr)	7:00 PM	Adv Class (1hr) *Alamo Only
		7:00 PM	Adult Class (1hr)		
THURSDAY		FRIDAY		SATURDAY	
11:00 AM	Adult Class (1hr) *SR & LF Only	3:45 PM	Ages 6 & under BEG (30min)	10:00 AM	Ages 6 & under BEG (30mins)
11:00 AM	Adult Int & Adv (1hr) *Alamo Only	4:15 PM	Ages 7-12 White & Yellow (30min)	10:30 AM	Ages 7-12 White & Yellow (30min)
3:45 PM	Ages 6 & under BEG (30min)	4:45 PM	Ages 7-12 Orange & Purple (45min)	10:30 AM	Adult Class (1hr)
4:15 PM	Ages 7-12 White & Yellow (30min)	5:30 PM	Int & Adv Class (45 min)	10:30 AM	Teen Class (1hr)
4:45 PM	Ages 7-12 Orange & Purple (45min)	5:30 PM	Teen Class (45min)	11:00 AM	Ages 7-12 Orange & Purple (45min)
5:30 PM	Youth Open Class (30 min)	6:15 PM	Youth Open Class (30 min)	11:45 AM	Weapons Skills BEG (Purple & above) (30min)
5:30 PM	Adult Class (1hr)	6:00 PM	Adult Class (1hr)	11:45 AM	Int & Adv Weapons Skills (Blue & above) (45min)
6:00 PM	Int & Adv Class (45 min)	6:30 PM	*IBFDA Competition Team (Invitation Only)		
6:00 PM	Teen Class (45 min)				
7:00 PM	Adult Class (1hr)				
7:00 PM	*IBFDA Instructor Training (Invitation Only)				

BEG (beginning) = White, Yellow, Orange, Orange II, Purple, Purple II

INT (intermediate) = Blue, Green

ADV (advanced) = Brown

* = INVITATION ONLY CLASS