

Survival Show Podcast - Notes:

#111: Get Home Bag, EDC and Vehicle Emergency Kit Essentials + Gear Checklists

[PODCAST DESCRIPTION]

▶ Having the right kit of gear in your vehicle (every day) could be the difference between a minor inconvenience and a life-threatening situation - especially when the weather turns bad or an emergency suddenly strikes. So today we are going to dig into get home bags, EDC and vehicle emergency kit essential with my friend Author, and the founder of Nature Reliance School, Craig Caudill.

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- ▶ Checkout David's Sweet NEW PACK-1 Knife: <https://www.pack1knife.com>
- ▶ Get the **SHOW NOTES** (with HOT links to all the gear we discussed today) **HERE:** <https://ultimatesurvivaltips.com/blogs/the-survival-show>
- ▶ Take 25% Off Tiny Survival and First Aid Guides + EDC / Pocket Survival Kits (Use **CODE SURVIVALSHOW25** at checkout): <https://ultimatesurvivaltips.com/pages/tiny-survival>
- ▶ [Build Your Custom EDC Survival Kit Here](#)
- ▶ Online Survival MASTERCLASS (Get Up to Speed Fast!): <https://www.tinysurvivalmasterclass.com>
- ▶ Checkout Craig's Website and Cool Gear and timely information: <https://naturereliance.org/>
- ▶ Visit ULTIMATE SURVIVAL TIPS Website: <https://ultimatesurvivaltips.com/>

ADDITIONAL Resources and Links:

- ▶ David's **MSK-1 Knife**: <https://ultimatesurvivaltips.com/pages/msk-1-knife>
 - ▶ Get Your **Harvest Right Freeze Dryer - SPECIAL DEAL** for TSS Listeners: Use Link: ultimatesurvivaltips.com/freeze (For FREE Shipping, Upgraded Premium Pump and Starter Kit)
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[SHOW START HERE]

[OVERVIEW]

Welcome to THE SURVIVAL SHOW Podcast - I'm David... the founder of Ultimate Survival Tips and your host for today's show...

In our last podcast we discussed vehicle disaster safety (especially during the WINTER), and how driving your vehicle is probably the highest risk threat you likely face on a regular basis - Then we discussed - how you can significantly reduce your chance of having an accident or ending up in a vehicle-related disaster situation through the use of 7 vital prevention strategies.

Today we are going to wrap up this two part mini-series by discussing everyone's favorite topic - GEAR. And more specifically... how to put together a get home bag, everyday carry kit and vehicle emergency kit - and why you NEED these in your vehicle when you travel - as I welcome back my friend and yours, Author, and the founder of Nature Reliance School, Mister Craig Caudill.

Craig and I will breakdown...

- What a get home bag is - and is not - and why you must have one.
- Why your vehicle emergency plan and survival kit needs to be simple, scalable, situational and seasonal.

- Then we will share with you a checklist of every vital item that we carry (and why).
- We'll share our TOP 3 vital kit items every vehicle must have... that will eliminate up to 80% of the most probable and common vehicle failures that people experience while away from home.
- They we will give you a super simple HACK that will allow you to keep emergency water in your vehicle year round and prevent it from freezing even in very cold Northern climates.
- We will discuss the the importance of thermoregulation, morale, signaling, communication, security, hydration, supplemental power and how to go to the bathroom if your are stuck in your vehicle, in traffic or late at night in your sleeping bag while camping ... on a cold night.
- And before we're all done we will share with you 5 vital vehicle checks anyone can perform - (in three minutes or less) that could prevent an accident or road emergency...
- AND a LOT More...

[SPONSOR SPOT - [PACK-1 Knife](#)]

OKAY... Let's get into the show with Craig.

[DISCUSSION POINTS]

David and Craig Banter...

Last Time We Covered:

How to Disaster-Proof Your Winter Driving + 7 Vehicle Emergency Prevention Tips

Today:

Get Home Bag, EDC and Vehicle Emergency Kit Essentials

BIG IDEA #1: Beyond Mindset, Skills and Tactics (which we discussed last week) you need some essential and EDC gear, a “get home bag” and a basic Vehicle Emergency Kit when you travel that is:

- Simple - A few key items can eliminate 80% of your potential
- Scaleable - the further you travel from home the more you need may want to carry.
- Situational - Consider your geography and the distance you are traveling from your home.
- Seasonal - As seasons change you need to consider what to take in your vehicle, what you can, or can not leave in your vehicle. For instance in cold climates you can't leave water in your vehicle during the winter.

David and Craig Discuss 4 S's Above...

BIG IDEA #2: The primary function of your get home bag, EDC and vehicle kit is to provide what you need to make it home - EVEN if you have to WALK home hundreds of miles or more.

Vehicle Travel Kits: Breaks Down into Two Areas:

- Vehicle Needs
- Human Needs

Vehicle Needs (Kit Items)

Goal #1: Keep your vehicle maintained, safe and functioning properly (Last Week).

Goal #2: Have the **Gear** you need to respond to a general breakdown.

Human Needs (Kit Items)

Goal #1: Keep your body maintained, safe and functioning properly.

Goal #2: Have the Mindset, Skills, Tactics and **Gear** you need to respond to a crisis that may effect your physical / survival needs.

Let's Start with Vehicle Needs

POINT #1:

Regular Maintenance and Winter / Summer Check Needed

Don't normalize abnormal sounds, ride, and poor function or performance issues.

LAST WEEK: We discussed most of the prevention stuff last week.

Vehicles FAIL in Different Ways:

FUEL Issues: Out of fuel, frozen fuel or line

Power Issues: Dead battery, Broken Alternator, Electrical problem

Combustion Issues: Clogged Exhaust, Air Filter Carburetor Issues

Physical / Mechanical Failures: Blown tire, coolant, radiator, shocks, belts, broken wire, break lines, wipers, lights etc.

Human Error: Crashes etc.

POINT #2:

Be Prepared for When Your Vehicle Breaks Down in a Worst Case

Scenario: Let's assume your vehicle breaks down in a remote area...

A - What simple gear can you have on hand to fix your vehicle and get back on the road

B - IF You Can't Fix Your Vehicle - What gear do you need to GET HELP?

C - If HELP is NOT Immediately Available What SHOULD You Do?

CHECKLISTS

A - Fix Vehicle

TOOLS / Gear Kit

- Tools: Basic Kit: <https://amzn.to/3w8p0uh>
- Basic \$100 Emergency Car Kit: <https://amzn.to/3ZxBGZj>
- Seasonal Items (Ice Scraper, Brush, Shovel)
- Window Breaker (Punch) / Seat Belt Cutter - Resqme: <https://amzn.to/3Xp38q8>
- EDC - Multi-tool: <https://amzn.to/3ZD4Gz1>

Multi-Function Jump Starters / Tire Inflators

- 4-in-1 Jump Starter / Tire Inflator / Alternate Power / Light - Rechargeable: <https://amzn.to/3JiAAen>
- NOCO: 3-in-1 Jump Starter (w/ Alternate Power (USB) and Light): <https://amzn.to/4077IRD>

- 3-in-1 Tire Inflator (w/ Alternate Power (USB) and Light): <https://amzn.to/3H7hS6w>

Other Vehicle Kit Items

- Vehicle Emergency Kit: <https://amzn.to/3HCGA0d>
- Duct Tape: <https://amzn.to/3jfd1sb>
- Wire: <https://amzn.to/3XLcfIC>
- Zip Ties: <https://amzn.to/3JIm4SU>
- Tire Plug Kit: <https://amzn.to/3WKL9tu>
- Fix a Flat (Replace Yearly): <https://amzn.to/402X0pX>
- Jumper Cables: <https://amzn.to/3HCGA0d>
- Tire Inflator / Compressor / Pump - Portable, 12V, Battery / RYSEAB: <https://amzn.to/3CMI3iU>
- Silky Saw: Cut up fallen trees: <https://amzn.to/3XLfkIJ>
- Fluids: Oil, Antifreeze etc.
- Tow Strap + Tactical Recovery Equipment - Soft Shackles (Bonus): <https://amzn.to/3kJh7ZX>
- Fuel Pump / Syphon (Bug Out) (Gas Tapper): <https://amzn.to/3XLd7qo>
- GOOD Spare Tire
- First Aid Kit: <https://amzn.to/3RaHVP5>
- Storage of Gear: <https://amzn.to/3Dibhp2>

OTHER STUFF

Four Things to Check

- Tires / Including Spare (jack and tools)
 - Windshield Wiper Blades
 - Fluids: Oil, Window Washer, Radiator
 - Belts - Visual Check.
-

B - Get Help

Communication is Vital

PACE PLAN: Communication Tools: (Ability to get help):

- Phone (Ability to Keep Charged): <https://amzn.to/407vXtx>
- Radio: Short Wave: <https://amzn.to/409XnPp>
- Radio: CB Radio: <https://amzn.to/3HhFNk5>
- Radio: Walkie Talkie (GMRS): <https://amzn.to/3j753S3>
- Sound: Honking / Air Horn: <https://amzn.to/3kMQiEg>

Visual / Signaling:

- Flare Kit: <https://amzn.to/3JmVetU>
 - Reflective Road Markers: <https://amzn.to/3XN10Jy>
 - Light/s
 - Fire
 - Flagging (Orange Bandana): <https://amzn.to/3j91wmb>
 - +PLUS Someone should have your back (know your itinerary and call for help if you don't report in).
 - Survival Kit: <https://amzn.to/3XJD8Xg>
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C - Help is Not Coming Soon

Survival Rule of 3

- **3 Minutes**
- **3 Hours**
- **3 Days**

3 Minute CONSIDERATIONS

- **KNOWLEDGE** (Tiny Survival Guide + Tiny First Aid Guide)
- **Communication** (Covered Above)
- **Signaling** (Covered Above)
- **Safety / Security - No Help Coming**
 - Observation / Awareness
 - **EDC - Survival Kit** (Pocket 30 and Pocket 45 Kits - Build YOUR EDC Kit App - Code: **SURVIVALSHOW25** for 25% off this week of Tiny Guides and Kits.
 - Firearm / Knife - Self Defense / General Utility: <https://ultimatesurvivaltips.com/pages/pack-1-knife>
 - First Aid Kit: <https://amzn.to/3RaHVP5>

3 Hour+ CONSIDERATIONS

- **Thermoregulation**
 - Weather Appropriate EXTRA Cloths
 - Blanket Wool: <https://amzn.to/3j8ZDpB>
 - Hand Warmers: <https://amzn.to/3HzDnhZ>

- Fire Making Supplies (EDC Survival KIT Under Safety Security): <https://amzn.to/3XJD8Xg>
- **Hydration** (Water, the Ability to Procure, Carry, and Purify Water): <https://amzn.to/3XJD8Xg>
- **Morale** (This Need is Present At ALL Times)
- **Supplemental Power** (NoCo, Anker Brick (Cables)): <https://amzn.to/3kRwEH6>
- **Hygiene** (Simple EDC Kit) + Towelette (Compressed) + Pee / Poop: <https://amzn.to/3j7x242>
- **72 Hour Emergency Food** (Last Why) - High Energy / Low Volume Goods: <https://amzn.to/3Y1lrCj>

Recap:

Get the Show NOTES for Bullet Lists of Kits and Links to Gear.

ACTION POINTS:

Build a Simple - Scaleable - Situational - Seasonal

- EDC
- “Get Home Bag”
- Vehicle Emergency Kit

[Show Wrap Up]

How Can Folks Find You Craig?

► Checkout Craig’s Website and Cool Gear and timely information: <https://naturereliance.org/>

THANKS Craig

ALL right my friends... before we head out of here don't forget to go check out the NEW PACK-1 Knife OVER at our MOTHERSHIP UltimateSurvivalTips.com

And while you are there prep up your vehicles, bug out and go bag with my Tiny Survival, First Aid Guides and pocket survival kits. Don't forget to use Code: SURVIVALSHOW25 for 25% off guides, gear and kits for the NEXT SEVEN Days at UltimateSURVIVALTIPS.com

And While you are there you can grab the PDF SHOW NOTES with Go Bag, EDC and Vehicle Emergency Kit CHECKLIST with Links to the gear that Craig and I use... Just click the PODCAST Tab @ UltimateSurvivalTips.com can click SHOW NOTES for your Free Download.

And last but not least help spread the word by paying it forward and sending a podcast link to the ones you care about so we can help them get prepared also.

And if you have not done so, please help other find this podcast by giving us an honest 5 star review wherever you listen.

Okay... I think that's about it... Thanks for Joining us today! We'll see you next time on the Survival Show Podcast...

Until Then: Keep It Simple, Be Positive and Stay Sharp.

[EXIT / OUTRO]

Thanks again to Craig for helping us take a deeper dive into situation awareness over the past two podcasts...

Now before we head out of here I'd like you to do 3 things to help us help others out learn what they need to do now - before disaster strikes...

FIRST - Please pay it forward... by sharing our FAMILY FRIENDLY content... with the ones you love... and on social media... Then Go give us a 5 Star Rating and Honest review wherever you listen to this podcast...

And SECOND... Go on OVER to our MOTHER SHIP -

UltimateSurvivalTips.com com and check it out... There's LOTS of free content like our Weekly Survival E-Mag Newsletter AND while you are there, check out my brand blade... and the next evolution of my popular MSK-1 knife. It's called the PACK-1 Elite. Which stands Personal, Adaptable, Camp Knife.

And WHILE you are there... don't forget to click on the PODCAST Tab to get the Show Notes PDF (with links) to things Craig and I discussed today...

Okay... I think that's about it... Thanks for Joining us today! We'll see you next time on the Survival Show Podcast...

Until Then: - Keep It Simple, Be Positive and Stay Sharp.