

Survival Show Podcast - Notes:

#107: Grayman Doctrine - How to Be Invisible in Plain Sight

[PODCAST DESCRIPTION]

▶ Today you will discover the VITAL Mindset, Process and Techniques of becoming a “Grayman” (AKA Hiding in Plain Sight). Learn to avoid being a target, move freely in a hostile environment, gather vital information and have the ability to egress, intervene or accomplish your mission before being noticed - with our special guest Wes the founder of [superessestraps.com](http://www.superessestraps.com) and the Classified Grayman Briefing <http://www.graymanbriefing.com/> **Use Code: GBCUST at checkout for \$1 a month off of your subscription. Normal monthly cost is \$5... Now only \$4 per month when you use Code: [GBCUST](#) at [GraymanBriefing.com](http://www.GraymanBriefing.com)**

▶ Get the **SHOW NOTES** (with gear links) **HERE: <https://ultimatesurvivaltips.com/blogs/the-survival-show>**

▶ Checkout Wes’s Website and Cool Gear and timely information: <https://www.superessestraps.com/>

▶ Visit ULTIMATE SURVIVAL TIPS Website: <https://ultimatesurvivaltips.com/>

ADDITIONAL Resources and Links:

▶ David's **NEW Tiny First Aid Guide @ Amazon:** <https://amzn.to/3vRf49z>

▶ David's **MSK-1 Knife:** <https://ultimatesurvivaltips.com/pages/msk-1-knife>

▶ **Harvest Right Freeze Dryer SPECIAL DEAL:** Use Link: ultimatesurvivaltips.com/freeze (For FREE Shipping, Upgraded Premium Pump and Starter Kit)

[SHOW START HERE]

[OVERVIEW]

Welcome to THE SURVIVAL SHOW Podcast - I'm David... the founder of Ultimate Survival Tips and your host for today's show...

Today we are going to discuss the VITAL Mindset, Process and Techniques of becoming a "Grayman" (AKA Hiding in Plain Sight) and why it's important - with our special guest Wes - the founder of superessestraps.com and the Classified: Grayman Briefing. Wes served in the US Army Special Operations Command and is an expert in PSY-OPS - SERE, Anti-Terrorism, Counter Surveillance, Unconventional Warfare and Emergency Preparedness.

We'll also discuss...

What a Grayman is and is NOT and why it's important for every preparedness minded person to learn Grayman techniques.

Then we'll get into the importance of:

- Self, situational and cultural awareness
- Behavior / Mannerisms
- CONFLICT Avoidance
- And along the way Wes and I will share some Grayman Techniques you can start using today to stay safe in our very uncertain world.
- AND a LOT More...

[SPONSOR SPOT]

But before we get into all of this great content with Wes... would you please help your favorite survival and preparedness podcast by:

ONE... subscribing to this podcast and giving us an honest 5 star review wherever you listen....

And TWO... go checkout the Mothership and Homebase for this Podcast and everything else that we do @ UltimateSurvivalTips.com

While you are there you can grab your free subscription to my weekly Survival and Preparedness E-Mag AND...

A Copy of THE Full Notes for THIS Podcast (with links) that will include BONUS Grayman techniques NOT covered in this podcast - AND.... The FIRST photo EVER released of my NEW - PACK-1 Knife that will be released NEXT MONTH (in time for Christmas)...

THAT's it: Subscribe TO...and review this podcast AND go checkout UltimateSurvivalTips.com

Thank you for your encouragement and support of this podcast and all that we do from the YOuTube Channel to our MSK-1 Knife and Tiny Survival Gear brands.

OKAY... Let's get into the show...

Listen to the Podcast: [Click Here](#)

Download FULL Show Notes PDF: [Click Here](#)

Here's ALL the Emergency, Disaster / Survival Gear [We Recommend](#)
[CLICK HERE](#)

See Notes Below for Links to Mentioned in this Podcast....

[DISCUSSION POINTS]

Wes' Backstory (First Time Guest: Take some time here...)

- Wes' upbringing
- Education: Criminal Justice, Sociology
- US Army Special Operations Command / Airborne
- Tactical, SERE, Irregular Warfare Training, Intercultural Competency, Information Ops, Combative, Crime Prevention, Countering Violent Extremism (Top Secret Clearance), Anti-Terrorism etc
- Current: Law Enforcement
- Your company now is Superesse - what does this mean - (LATIN: Survive or Survival)
- How did you get to starting Superesse - (Paracord bracelets for FELLOW Troops etc.)
- What do you do (offer)?
- Discuss: Guides...
- Discuss: Classified Grayman Brief
- Discuss Offer

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Grayman Doctrine

What is a Grayman?

Avoids such situations that lead to stress, threats, or exposure. He does so by continually assessing his surroundings, others, and conducting pre-analysis pre-inspection of anything he may encounter or any issue that may arise (through area studies, vehicle preventive maintenance, exercise, background checks of associates, etc)

- **Why is Grayman important today?**

WHAT IS A GRAYMAN

Avoids such situations that lead to stress, threats, or exposure. He does so by continually assessing his surroundings, others, and conducting pre-analysis pre-inspection of anything he may encounter or any issue that may arise (through area studies, vehicle preventive maintenance, exercise, background checks of associates, etc)

- Wear earbuds with music off to provide the illusion you are “tuned” out when in reality you are attempting to eavesdrop for intel.
- Hold the door for people. It’s polite but also allows a potential threat to be in front of you rather than behind.
- Walk with the crowd’s directional flow rather than against. It prevents you from standing out and reduces a pick pocket’s bump-and-lift ploy. Carry valuables in front pockets. Carry a decoy wallet.
- When in traffic, always have away out. Leave a “car length” space in front. We can’t control the left, right, or rear as a car could always approach and

block those outs.

- Make friends with those who could assist you. A fat tip to your bell hop along with a bonding conversation could aid you if you're in a domestic disturbance that requires you to take refuge at the hotel, by explaining your spouse's appearance to the bellhop who could then call 911 and alert you before the spouse ever makes it to your room.
- To find out if someone is watching you, turn your head and yawn, then watch carefully to see if someone else yawns. Yawns are universally catching, same with scratching or wiping your face.
- The best way to gather intel in your neighborhood is to walk your dog.
- Wear nondescript clothing (non-tactical backpack). Wear what everyone else in the area does. 51% rule. Don't wear a Tuxedo to Walmart or work clothes on a run trail.
- Hide distinguishable features and traits such as a particular scent, walking with a gait, long bangs in front of eyes, tattoo on the forehead, etc.
- Utilize natural distractions. If I have to do something that makes noise or would normally draw attention, wait for the right time such as when a subway is passing, a garbage truck is loading, etc.
- Minimize interactions and be forgettable.
- Know your city. Don't find yourselves needing to ask for directions or train schedules. Know where resources are. (OUT OF TOWNER, VICTIM OF PREY)

- Don't be tactical. If you carry a knife, or a gun, don't advertise it.
- Secure your online identity, make your account private, and don't post images of yourself/ family/ home.
- Consider reversible jackets or hats so you can conduct a quick change of clothing/ appearance if necessary.

Situational Awareness (SA) - Is the perception of environmental elements with respect to time and/or space, the comprehension of their meaning, and the projection of their status as variables change.

Simply put, you may be aware that there are birds flying nearby because you saw them out of the corner of your eye, or you heard chirping. Being situationally aware is the comprehension that there is a disturbance nearby, because birds of various types are all flying in from the nearby woodline, due to a wildfire quickly approaching you. (apply to dogs barking in alley)

Body Language

- Head Nod (Up): When two persons meet, this could signal they are peers. Civilian variant for "What's up?"
- Head Nod (Down): When two persons meet, this could signal the receiver is of importance (potential HVT). Civilian variant for "Hello, sir."
- Head Nod (Right): Indicates the signaller is requesting a conversation in private. Civilian variant for "Let's talk over here."
- Head Nod (Left): Indicates a message to egress from the current location. Civilian variant for "Let's get outta here."

- Folded arms or legs suggesting evasive self-protection and weakness.
- Walking with your head and eyes looking down, and hunched
- shoulders: this shows submissiveness.
- Biting of the fingers and/or constant single movement of the leg or hand, showing nervousness.

Obvious Pre-Threat Indicators:

- **Actions:** Pulling up pants, taking off shirt, reaching (for potential weapon), kicking/pushing objects (knocking over a chair), stomping.
- **Arms/Hands:** Clenching fists (white knuckles), fidgeting fingers, angling arms (bending at elbow or in right angles), hands on hips or back of head.
- **Head/Eyes:** Looking "through" you (glazed empty stare), uninterrupted stare alternating between your left then right eye, dropped eyebrows, rapid blinking, scanning area (looking for witness or weapon), averting gaze, flushed/red face or ears, jaw clenching, flaring nostrils, showing teeth.
- **Body/Legs:** Sweating, exaggerated movements, retreating dominant leg (shifting weight back), bouncing on balls of feet (bobbing up/down), blading body, bending knees.

Operational Security and Personal Security (OPSEC / PERSEC)

Tangible Tips:

- Beware of observables inside or outside your house such as: photos of your children, vacation planners, military boots under your bed, or a campaign sign in your front yard are all things that you may not want to be public knowledge.
- Be aware of what the "cable guy" or gas meter reader or a prowler might see inside your house.

- Keep your phone and computer password (and devices) protected and deter eavesdropping of your devices while in public.
- Keep your wallet in your front pocket and your purse secure to avoid pick pocketing/ mugging as your personal information is contained within.
- Cover the keypad when at an ATM, stores and at gas stations.
- Don't hang military or any other identifying dog tags from the rear view mirror in your vehicle. And beware leaving mail or other items in plain sight from strangers looking inside your vehicle.
- Shred or burn documents containing personal information. To step security up a notch destroy magazine covers or shipping box labels with your address.

Grayman Decisive Action / Reaction Tips

Jeff Cooper's Color Codes:

- **White:** Tuned out to your surroundings, unaware and unprepared.
- **Yellow:** The sweet spot. Good situational awareness, not scared, simply prepared.
- **Orange:** Something abnormal has happened in your environment and you must ascertain what your response needs to be.
- **Red:** Fighting through the situation. Actively engaged in the emergent response.
- **Black:** Breakdown of mental and physical responses. Panicked, frozen, inability to respond.

OODA LOOP (Developed by Colonel John Boyd OODA Loop is commonly taught as a guideline or shortcut to the process of problem solving)

- Observe - What's going on?

- Orient - Reflect on what has been observed by comparing it to previous experiences training etc.
- Decide - Does this situation require action? If so what action should be taken?
- Act - Take the best action based on all available information.

SCENARIO using OODA Loop to Respond to a Situation:

- A U-haul pulls up in front of a crowded stadium.
- The driver then exits the U-haul, and gets picked up by an unmarked sedan that quickly leaves the area.
- **OBSERVE:** It's weird that someone would leave the rental truck and quickly leave the area in another vehicle. You notice what others easily ignore.
- **ORIENT:** Your elevated awareness allows you to reflect and Orient what just occurred.
- **DECIDE:** You decide it is unnatural and uncommon to abandon a truck in a crowded area and Decide that a threat may be present and a potential (vehicle borne improvised explosive device) MAY be underway.
- **ACT:** This Decision allows you to ACT by warning others and self evacuating and calling 911.
- This is an example of using the OODA Loop proactively.

FINAL Thoughts

HOW CAN PEOPLE FIND YOU Wes: [LINKS]

► Wes's Website HERE: <https://www.kickstarter.com/projects/benbanTERS/lander-edc-pocket-knife>

► Classified Grayman Briefing <http://www.graymanbriefing.com/> **Use Code: GBCUST at checkout for \$1 a month off of your subscription. Normal**

monthly cost is \$5... Now only \$4 per month when you use Code: **GBCUST** at GraymanBriefing.com

THANK YOU Wes!!!

[EXIT / OUTRO]

First of all... if you want short, to the point, reliable (unbiased), intelligence and reporting on essential news not covered by the mainstream media...

You need Wes' Classified Grayman Briefing...

I'm a subscriber and I have saved probably about an hour a day because Wes and his team deliver vital news that helps me see trends and hone in my personal safety and personal preparedness plans.

To give Grayman Briefing a try go to GRAYMANBRIEFING.com and Use Code: **GBCUST** at checkout for \$1 off of your subscription every month. Normal monthly cost is \$5... Now its only \$4 per month for our podcast listeners when you use Code: **GBCUST** at GraymanBriefing.com

AND... before we head out of here I'd like you to do 3 things to help us help others out - before the next disaster strikes...

FIRST - Please pay it forward... by sharing our FAMILY FRIENDLY POCAST and content... with the ones you love directly... and on social media... Then Go give us a 5 Star Rating and Honest review wherever you listen to this podcast...

And SECOND... Go on OVER to our MOTHER SHIP - UltimateSurvivalTips.com com and check it out... There's LOTS of free content like our Weekly Survival E-Mag Newsletter and you can jump into my Tiny

Survival Masterclass and grab some of my exclusive gear like MSK-1 Knife, Tiny Survival and First Aid Guides and you can build your own pocket survival kit with my DIY Build a Kit App.

And WHILE you are there... don't forget to click on the PODCAST Tab to get the Show Notes PDF (with links) to things we discussed today... including BONUS Grayman Tips and Hacks that we did not get to in the podcast today.

Okay... I think that's about it... Thanks for Joining us today! We'll see you next time on the Survival Show Podcast...

Until Then: - Keep It Simple, Be Positive and Stay Sharp.