

[PODCAST DESCRIPTION]

#106: Easy Emergency Food Buffer - DIY Home Freeze Dry Your Own Food - with Matt Neville

► Is the Food Shortage Here? Do You Still Have Time to Prepare? If So, What's the Easiest, Quickest and Most Healthy Method of Long-Term Food Storage? To help answer this question I'm excited to bring in the big guns on the topic of (long-term food storage) - my friend - Matt Neville (the Operations Manager and long-term food storage Guru at [Harvest Right](#))

Listen to the Podcast: [Click Here](#)

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► Get the **SHOW NOTES** (with gear links) **HERE:** <https://ultimatesurvivaltips.com/blogs/the-survival-show>

► Visit ULTIMATE SURVIVAL TIPS Website: <https://ultimatesurvivaltips.com/>

ADDITIONAL Resources and Links:

► David's **NEW Tiny First Aid Guide** @ Amazon: <https://amzn.to/3vRf49z>

► David's **MSK-1 Knife:** <https://ultimatesurvivaltips.com/pages/msk-1-knife>

► **Harvest Right Freeze Dryer SPECIAL DEAL:** Use Link: ultimatesurvivaltips.com/freeze (For FREE Shipping, Upgraded Premium Pump and Starter Kit + 3 NEW Product Gifts from David) **Details Below...**

MORE Food-Security Resources:

- Listen to Creek Stewart our recent Disaster Ready Home FOOD Series. Episodes 93-96. INCLUDES a simplified 3 month food buffer and a FOREVER food plan. LISTEN to Podcast: <https://anchor.fm/thesurvivalshow>

- Grow a Garden (Listen to Podcast #95): <https://anchor.fm/thesurvivalshow>
 - Utilize Heritage Seeds (so you can save the pant seeds for next year). HERE Are the Heritage Seeds DAVID Uses: <https://amzn.to/3OWjmUo>
 - Can - Dehydrate - Freeze or **Freeze Dry**: Leftovers, Garden Surplus, Summer Picnic and Gatherings Surplus Foods. Freeze Dryer David Uses: <ultimatesurvivaltips.com/freeze>
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[SHOW START HERE]

Welcome to THE SURVIVAL SHOW Podcast - I'm David... the founder of Ultimate Survival Tips and your host for todays show...

Over the past few months, as inflation has hit record highs and food prices have continued to soar (with no end in sight) - we've had an increasing amount of interest in one - somewhat mysterious method of DO IT YOURSELF long-term food storage - HOME FREEZE DRYING...

So today, I'm excited to bring in the big guns on the topic of (long-term food storage) and freeze drying - my friend - Matt Neville (the Operations Manager and long-term food storage Guru at [Harvest Right](#)) as we discuss:

His personal preparedness journey and... how his family came to develop the world's first, affordable, commercial-grade, HOME freeze dryer...

We'll also get into:

- The emerging food crisis and why it's still not too late to build an emergency food buffer.
- And discuss... the 4 enemies of long-term food storage and how... freeze drying eliminates them to preserve your food - along with its taste, freshness and nutrition for 25 years.
- Then we'll discuss the benefits of HOME freeze dried foods over other methods of food preservation like commercially freeze dried bulk food buckets, MREs, canned goods, dehydrating, freezing.

- We'll talk about what you can and can NOT freeze dry.
- And who HOME freeze drying is for... and who should look for other methods of food preservation.
- We'll discuss how you can easily build up a massive emergency food buffer worth thousands of dollars in a relatively short period time - that will taste as good in 25 years as it does today.
- And before we're all done I'll drop the TWO big questions:
 - HOW much does a home freeze dryer cost
 - And how quickly can it pay for itself in REAL savings?

I'll also share some of my personal experience as my wife and I have been freeze drying: left overs, garden produce, herbs, snacks, deserts, eggs, meats and fruits for over a year - at home.

And at the end we'll leave you with 3 Action Steps you can easily implement today that will increase your emergency food buffer regardless of whether you decide to home freeze dry food or not.

But before we get into the "magic and mystery of freeze drying" with Matt... would you please help us out by doing two things...

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ONE... subscribe to this podcast and giving us an honest 5 star review wherever you listen.... If you have not done so already...

This helps YOUR favorite family-friendly preparedness podcast get found - AND - enables you to help others by paying it forward... so others can find this podcast and prepare for what's ahead themselves - so they don't come knocking on your door when things go bad...

And TWO... go checkout the Mothership and THE Homebase for this Podcast and everything else that we do @ UltimateSurvivalTips.com

While you are there you can grab your free subscription to my weekly Survival E-Mag where you will get tips, tricks, practical preparedness training - chances to win MSK-1 Knives and Gear - AND - you'll find a super special deal on FREEZE dryers at the top of the page @ UltimateSurvivalTips.com

THAT's it: Subscribe TO...and review this podcast AND go checkout UltimateSurvivalTips.com

Thank you for your encouragement and support of this podcast and all that we do from the YouTube Channel to our MSK-1 Knife and Tiny Survival Gear brands — Thank you...

OKAY... Let's get into the show...

[Discussion Points]

[Guest Welcome]

Welcome to the show Matt!

[Backstory]

As we get into the podcast - would you mind sharing with us a bit of your back story and up to how and why you have become such an advocate for preparedness and long-term food security?

Preparedness - Journey (Story of Joseph in Egypt)

I think you have the - First Affordable, Commercial Grade Home Freeze Dryer - Is this true? There must be a story behind this.

Why Should People Prepare (Major threats)?

- Food Supply Interruption
- Can't Get to Store
- Money - Job Loss
- INVESTMENT - Rising Food Cost - Stored Food - IS a Good Investment with INFLATION
- Fragile Supply Chain
- Panic Buying
- Critical Thinking - Observation of the ANOMALIES in our Current World

* Freedom, Legacy, Love and Life - Focus on Love NOT Fear.

FEAR is caused by hype and influences those who are NOT prepared as PANIC buying sets in and RUNS on things like FOOD and FUEL happen.

PREPAREDNESS BUFFER - Gives You a BUFFER against FEAR - and allows you to take some time to assess the current situation make good choices and make a logical plan based on truth.

With the emerging food crisis do you think it's too late to build up a sizable emergency food buffer.

Let's Talk Long Term Storage FOOD Solutions - And the PROS and CONS to each.

- **Canning**
- **Dehydrating**
- **Freezing**
- **DIY Bulk Food**
- **MREs**

- **Commercial Freeze Dried Food**
- **DIY Home Freeze Drying**

WHAT MAKES Freeze Drying Special?

How does it deal with the FOUR Enemies to Long-Term Food Storage

- Air
 - Light
 - Heat
 - Moisture
-
- How does freeze drying eliminate the FOUR ENEMIES and preserve your food - along with its taste, freshness and nutrition for 25 years.
 - How Does Freeze Drying Work? Why does it work?
 - Discuss the benefits of HOME freeze dried foods over other methods of food preservation like Commercially Freeze dried bulk food buckets, MREs, canned goods, dehydrating, freezing.
 - What you can and can NOT freeze dry.
 - Who HOME freeze drying is for... AND who should look for other methods of HOME food preservation.
 - Tips on how you can easily build up a large food emergency food buffer (worth thousands of dollars) freeze drying food at home.

How did [Harvest Right](#) come to develop such an affordable Freeze Dryer?

TWO BIG Questions About Freeze Drying:

- HOW much does a home freeze dryer cost
- And how quickly can it pay for itself in REAL savings?

[David and Matt share some of my personal experience freeze drying: left overs, garden produce, herbs, snacks, deserts, eggs, meats and fruits for over a year - at home]

3 ACTION STEPS - Here's three things you can easily implement today that will increase your emergency food buffer regardless of whether you decide to home freeze dry food or not.

1 - Do SOMETHING - Look at the signs of the times. Take action to increase your emergency food and water (security) buffer NOW.

2 - Leverage Surplus Produce coming off of local gardens and farm. People are GIVING away squash and Zucchini by the bucket loads... freeze, dehydrate or freeze dry surplus produce.

3 - STOP Throwing Away Leftovers. Freeze or freeze dry them.

BONUS - Plan NOW to Grow Some of Your Own Food. Buy heritage garden seed NOW for next year's garden. Plants grown from heritage seeds produce viable seeds you can easily dry and plant in future years to grow more food.

[Heritage Garden Seeds David Uses - Link](#)

WITH inflation on the rise **all of the food you put away - is like MONEY IN THE BANK.**

Special DEAL on a FREEZE DRYER - Use Link <https://ultimatesurvivaltips.com/freeze> or click the Freeze Dryer Tab at the top of the page. Buy your freeze dryer to get the special deal Matt has set up for our podcast listeners... and once you buy I'll send you my NEWLY RELEASED Tiny Knife and Tool Sharpener Kit and Two Other Gifts for free (See Below).

[MATT and David Discuss Exclusive Special OFFER for a Home Freeze Dryer]

Use this [Special Link](#) for ALL the BONUSSES Below

<https://ultimatesurvivaltips.com/freeze>

Free BONUS for Podcast Listeners from (With the Purchase of ANY Freeze Dryer from [Harvest Right](#)):

- \$300 OFF Any Freeze Dryer
- Free Shipping (\$200 Savings)
- Premium Pump Upgrade (\$100 Savings)
- Free Starter Kit: Mylar Bags, Professional Sealer, Oxygen Absorbers (\$100 Savings)

TOTAL Over \$700 in Savings

PLUS - Free BONUS Gear from Ultimate Survival Tips:

- NEW Tiny Survival Knife and Tool Sharpener Kit (\$29.97 Retail)
- Tiny First Aid Guide (\$11.97 Retail)
- NEW Morale Patch - Adventure Collection: 4 Patch Bundle (\$19.97 Retail)

Additional \$61.91 of BONUS Gear from David

Use this [Special Link](#) for ALL the BONUSSES Below

THANK YOU MATT for joining us today please come back again...

[EXIT / OUTRO]

Okay everyone... before we head out of here I'd like you to do 3 things to help us help others out learn what they need to do now - before disaster strikes...

FIRST - Please pay it forward... by sharing our FAMILY FRIENDLY content... with the ones you love... and on social media...

And SECOND... Go on OVER to our MOTHER SHIP -

UltimateSurvivalTips.com com and check it out... There's LOTS of free content, videos and unique gear (Like my MSK-1 Knife and Tiny Survival Kits and Guides)

And WHILE you are there... don't forget to click on the PODCAST Tab to get the Show Notes PDF (with links) to ALL things we discussed today...

And click the Freeze Dryer Tab at the top of the page at

UltimateSurvivalTips.com to get over (\$700 in bonus upgrades and starter kit items) and my NEW Tiny Survival Sharpener Kit when you purchase any freeze dryer using our link for the next 7 days...

Okay... I think that's about it... Thanks for Joining us today! We'll see you next time on the Survival Show Podcast...

Until Then: - Keep It Simple, Be Positive and Stay Sharp.