

# Simple Off-Grid / Disaster Bathroom Solutions: Disaster Ready Home - Part 9 - #102

Welcome to THE SURVIVAL SHOW Podcast - I'm David... Today my good friend Creek Stewart and I are going help you prepare for one of the most important - BUT often overlooked emergency preparedness issues you are likely to face in a disaster... how to deal with human waste when the grid is down and water no longer comes out of your spigot.

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We're going to get into:

- Why you need a plan poop plan and how human waste can be your biggest health threat in a disaster.
- How to build a simple \$20 compost toilet.
- How to flush your toilet when water no longer comes through your pipes.
- How to make a private trench latrine in your backyard.
- And a LOT more.

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Here's ALL the Emergency, Disaster / Survival Gear [We Recommend](#)  
[CLICK HERE](#)

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**See Notes Below** for Links to All the Gear Mentioned  
in this Podcast....

## [DISCUSSION POINTS]

### The Problem with Human Sewage

- Hygiene
- Disease / Sickness
- Water Contamination
- History is filled with outbreaks that originated from improper handling of human feces and unsanitary living conditions
- Human waste issues will compound in urban environments.

**Prepare and now you know what to do in a disaster.** Build MARGIN by being prepared.

### Composting Sawdust Bucket Toilet

#### Gear:

- 5 Gallon Bucket/s with Lid/s: <https://amzn.to/3FgOKss>
- Snap on Toilet Seat: <https://amzn.to/3N3hwQ3>
- Bucket of Saw Dust (Free from lumber yards / Lowes etc.) Get cedar if you can but pine will work.
- Peat Moss or even fine Landscape Mulch will work in a pinch.

#### Alternate Items:

- Luggable Loo (Bucket, Seat and Lid in One): <https://amzn.to/3LJ0juL>
- Portable Toilet Seat (with Legs): <https://amzn.to/3vAZvIU>
- Wood Shaving Flakes - Cedar is nice. (Poultry Bedding): <https://amzn.to/3LGfhBF>

#### HOW TO:

- Put 1" of sawdust in bucket.
- Do your business in bucket.
- Cover with 1" of sawdust.
- If done right this should not smell.
- Continue until full. Put lid on bucket when close to full.
- Allow 3 or 4 months for waste to break down in bucket.

- Then dump composed waste and saw dust in secondary compost pile or use freely to fertilize landscape plants.
- One bucket should last 1-2 months depending how many people are utilizing it to do their business.

## **Wooden Box Compost Toilet**

Essentially the same as the bucket toilet but more stable - however NOT portable.

### **BUILD IT:**

- Build a wood box (similar to a latrine box) with hole on the top panel. Make sure inside of box is high enough to put your 5 gallon bucket toilet inside with the top down.
- Top panel should have hinges on the back so it can be lifted up.
- Add a standard bathroom toilet seat to suit your fancy.
- Align compost bucket with toilet seat hole and use the same as the bucket toilet.
- Make inside of box large enough to store your sawdust and extra toilet paper if you like.

## **Backyard Trench Latrine**

Requires some work but does not rely on wood shavings or wood chips.

### **BUILD IT:**

- Dig a trench 10" - 12" deep in your yard and put all the the excavated soil on one side of the trench.
- Do not put the trench in a runoff area or near a water source.
- Simply squat and "go" in the trench starting at one end. Put your toilet paper in the trench with your "mess" and throw soil over your waste when done.

### **GLAMPING OPTIONS:**

Add a portable folding toilet seat over trench: <https://amzn.to/3vAZvIU>

**Want some privacy?**

Add this **POP UP Shower, Toilet Privacy Tent**: <https://amzn.to/3FdaoOi>

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QUICK Review of the 9 Part Series based on Creek's BEST SELLING Book: **The Disaster Ready Home**: <https://amzn.to/3KDAOd9>

Creek - How can people find you? <http://www.creekstewart.com/>

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## **[EXIT / OUTRO]**

Okay everyone... before we head out of here I'd like you to do 3 things to help us help others out learn what they need to do now - before disaster strikes...

FIRST - Please pay it forward... by sharing our FAMILY FRIENDLY content... with the ones you love... and on social media...

And SECOND... Go on OVER to our MOTHER SHIP - [UltimateSurvivalTips.com](http://UltimateSurvivalTips.com) and check it out... There's LOTS of free content, videos and unique gear (Like our Tiny Survival and First Aid guides)

And WHILE you are there... don't forget to click on the PODCAST Tab to get the Show Notes PDF (with links) to things we discussed today...

Then Go give us a 5 Star Rating and Honest review wherever you listen to this podcast...

AND... we WANT to hear from you...

So send us an email AT [SurvivalShowPodcast@GMAIL.COM](mailto:SurvivalShowPodcast@GMAIL.COM) Let US Know: TOPICS You Want US to COVER - GUESTS You'd Like to Hear from AND SEND US Your QUESTIONS.

IF we feature your question on the show - we will give you a shout out - AND - David WILL put your name in the hat for a chance to win an [MSK-1 Knife](#) for Christmas.

AND - Don't Forget to GO Grab Yourself Some TINY FIRST AID GUIDES - and discover the essential skills you need to become a medically prepared person - READY to Save a Life AND Administer First in Almost Any Situation.

You Can get them at [UltimateSurvivalTips.com](https://www.UltimateSurvivalTips.com) or on [Amazon](https://www.amazon.com).

Okay... I think that's about it... Thanks for Joining us today! We'll see you next time on the Survival Show Podcast...

Until Then: - Keep It Simple, Be Positive and Stay Sharp.