

## **Off Grid Disaster Cooking - A Simple Plan: The Disaster Ready Home - Part 6 with Creek Stewart**

Welcome to THE SURVIVAL SHOW Podcast - I'm Joe Wagner part of the Ultimate Survival Tips team and your host for today's show...

This is a podcast for people who want to be better prepared to thrive in their relationships, work and life - no matter - how good... or how bad of a situation they find themselves in...

Every week we'll bring you a conversation with an expert... in an area of practical survival, emergency preparedness, contingency medicine or leadership - ALL - to help you attain your fullest potential and increase your survival IQ.

Along the way, we'll cut through the clutter and take you step-by-step through the mindset, skills, tactics and gear you (and the ones you love) need... to survive almost any emergency, crisis or disaster.

So... today Creek Stewart (and I) are going to discuss several options, varying in price and complexity to make sure you have a functional, 4 season, off-grid kitchen when a disaster strikes... as our discussion revolves around Creek's NEW book... The Disaster Ready Home.

Along the way....

- We will discuss the vital importance of having a disaster kitchen plan.
- We will geek out and talk about Kelly Kettles, Rocket Stoves, ECO Zoom, Solar Cooking...
- The advantages AND disadvantages of kerosene cook stoves, wood burning cook stoves, open fire cooking and cooking on a BBQ grill for a long term disaster and a lot more...

We have an exciting and important show cued up for you...

BUT... before we get into all of this great content...

I'd like to encourage you to create a win win situation for everyone - AND - help pay it forward BY helping those you love (and care about) be better prepared...

Would you help us get the word out about The Survival Show Podcast... As I issue our SOS...

### **Here's 3 ways you can help us with this SOS....**

- [First S...Subscribe](#) to the podcast (if you have not already done so)...
- NEXT O... [Offer an honest 5 star review with comment!](#) We do read them and are very thankful. And it really does help the podcast rise in the ranks and get found.
- AND last... but not least S... [Share. Share the podcast](#) - even right now with those you care about!

That's It... **SOS** - **S**ubscribe - **O**ffer a Review - **S**hare the podcast... doing so makes a BIG win for everyone, helps others and it's FREE!

**AND if you LIKE - FREE** - and want more free stuff...

Go check out [Ultimate Survival Tips](#) - the mothership for this podcast - and the place where you will find additional free resources - including the show notes for this podcast (with links) AND... while you are there you can check out a bunch of gear David designed including the NEW Tiny First Aid Guide.

I think that's about it...

Time... to get into the show...

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[JOE - Welcome Guest Co-Host / Banter]

## DISCUSSION POINTS

### OFF-GRID COOKING & BOILING

#### WHY IS IT IMPORTANT?

- Over 80% of US households are dependent of grid tied cooking (electric or gas)
- Electric stoves are more common than gas stoves in American households. Nearly **60 percent of Americans homes** have an electric stove, according to the Consumer Energy Center.
- Almost every large-scale disaster interrupts electricity, and some interrupt gas.

#### WHY DO WE NEED A BACK UP?

- Cooking/reconstituting meals
- Boiling water

#### BACK UP COOKING/BOILING OPTIONS – in order of simplicity

**WHY SIMPLE?** The more expensive and harder to implement something is, the less likely someone is to do it.

- **BBQ Grill**
  - Use what you already have – just add more fuel
  - State of the Barbeque Industry reported that 64% of US Adults own a grill. Of those, approximately 61% is gas, 49% charcoal, and 10% electric.
  - Need extra fuel
    - 20 lb propane tanks
    - Garbage cans filled with charcoal

- My brother had his BBQ grill tied to a natural gas line
- **Open Fire Cooking**
  - Not ideal
  - Requires wood
  - Requires practice
  - Requires certain equipment
    - Cast Iron
    - Adjustable Gravity Cooking Grate
    - Tripod
- **Kelly Kettle**
  - Very efficient little boiler for reconstitution
    - Developed by Irish fisherman for making tea
  - Only uses sticks and twigs
  - Really great option for Freeze Dried Foods
- **Rocket Stoves**
  - What is a Rocket Stove?
    - A **rocket stove** is an efficient and hot burning stove using small-diameter wood fuel.<sup>[1][2]</sup> Fuel is burned in a simple combustion chamber containing an insulated vertical [chimney](#), which ensures almost complete combustion prior to the flames reaching the cooking surface.
  - **ECO-ZOOM**
    - History in developing countries
    - Small fuel
    - WOK compatible
    - \$120
  - Other store-bought options?
  - Build Your Own
    - 25 Brick Rocket Stove <https://www.creekstewart.com/rocketstove>
- **Kerosene Cook Stoves**
  - If you're storing kerosene
  - Perfection Cookstove (old little gem)
  - Alpaca Portable Kerosene Cooker
- **Wood Burning Cookstove**
  - Investment
  - Free standing options
  - Need to have fuel on hand

- Water jackets available
- While the majority of U.S. households are heated by electricity (38.7 percent) or utility gas (48.1 percent), **1.9 percent** rely on wood for heat. 100% of homes in the US used wood or coal for heat just over 100 years ago. Compare this to Germany where over 50% of homes use wood fuel for heat.
  
- **Solar Cooking / GoSun**
  - The [GOSUN.co/collections/solar-ovens](https://www.gosun.co/collections/solar-ovens) collection of Solar Ovens REALLY work. They work in all weather and 4 seasons. If you see a shadow it will work. IT's Like MAGIC!!!
  - They are all portable also. Average cook time is 1 hour. The FUSION has a 12v add on for cooking when the sun runs out.
  - WE have two units here... we have supported them since they began releasing designs on Kickstarter.

Listen to the Podcast: [Click Here](#)

## Links Mentioned in Podcast:

See ALL Disaster, Camping and Survival Water Kit Items [We Recommend HERE](#)

## Items Mentioned in Podcast:

Cook Stove - [Elmira Stove Works](#) - [Fireview](#)

Dutch Oven Tripod: <https://amzn.to/3q5tT4L>

Dutch Oven: <https://amzn.to/3JecEFV>

Portable Wood Stove (with Cook Top): <https://amzn.to/37nVPdH>

EcoZoom Rocket Stove: <https://amzn.to/3tXJaWE>

Kelly Kettle Ultimate Kit: <https://amzn.to/3KL1ZCW>

**Titan Adjustable Gravity Gill:** <https://amzn.to/3MPxuOg>

**GoSun Solar Cooker:** <https://amzn.to/3JbRxEt>

**Gas Grills:** <https://amzn.to/3MIMJbP>

**Alpaca Kerosene Cooker (Portable):** <https://amzn.to/36hTYqc>

**Visit Today's Guest Co-Host - Creek Stewart**

Go Check Out EVERYTHING Creek @ [CreekStewart.com](http://CreekStewart.com)

**The Disaster Ready Home** (New Book by Creek Stewart) [on Amazon](#)

**Free Ultimate Survival Tips Survival E-Mag:** <https://ultimatesurvivaltips.com/>

**Tiny First Aid Guide and Save 20%...**

It's been a blessing to see it receive rave reviews and becoming a #1 NEW Release in First Aid over on Amazon - So to get this guide in your hands as soon as possible - go over to [UltimateSurvivalTips.com](http://UltimateSurvivalTips.com) and use CODE: **FIRSTAID20** (at checkout) for **20% off Tiny First Aid Guides**. Also check out David's [MSK-1 Knife](#) and EDC Gear at [Tiny Survival.com](http://TinySurvival.com)

**Final Take Away / Action Steps...**

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Go Check Out EVERYTHING Creek @ [CreekStewart.com](http://CreekStewart.com)

AND... we WANT to hear from you...

So send us an email AT SurvivalShowPodcast@GMAIL . COM Let US Know:

- TOPICS You Want US to COVER
- GUESTS You'd Like to Hear from
- SEND US Your QUESTIONS

IF we feature your question on the show - we will give you a shout out - AND - David WILL put your name in the hat for a chance to win an MSK-1 knife for Christmas.

Okay... I think that's about it... Thanks for Joining us today! We'll see you next time on the Survival Show Podcast...

Until Then: - Keep It Simple, Be Positive and Stay Sharp.