

*Survival Show Podcast - Notes:*

## **#117: Bug Out Bootcamp: First, Farther, Faster - 3 Keys to a Successful Bug Out**

### **[PODCAST DESCRIPTION]**

▶ Having a bug out bag and well thought out evacuation plan is an essential preparedness strategy for us all... as man made and natural disaster threats seem to be increasing in number...

So today I am going to start a new series called Bug Out BOOTCAMP with a special guest co-host who - I had the honor of training with in the Amazon Jungle a few years ago... and who has served in various capacities in US Military special operations and with several intelligence and law enforcement agencies - my friend - Mr. Tyler White.

Listen to the Podcast: [Click Here](#)

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▶ Checkout David's Sweet NEW PACK-1 Knife: <https://www.pack1knife.com>

▶ Get the **SHOW NOTES** (with HOT links to all the gear we discussed today) **HERE:** <https://ultimatesurvivaltips.com/blogs/the-survival-show>

▶ Take 25% Off Anything in Our Shop (Use CODE **SURVIVALSHOW25** at checkout): <https://ultimatesurvivaltips.com/>

▶ [\*\*Build Your Custom EDC Survival Kit Here\*\*](#)

▶ Online Survival **MASTERCLASS** (Get Up to Speed Fast!): <https://www.tinysurvivalmasterclass.com>

▶ Checkout Tylers's Website and Stuff @ [TJackSurvival.com](http://TJackSurvival.com)

[SurvivalDispatch.com](http://SurvivalDispatch.com)

► Visit **ULTIMATE SURVIVAL TIPS Website**: <https://ultimatesurvivaltips.com/>

#### **ADDITIONAL Resources and Links:**

► David's **MSK-1 Knife**: <https://ultimatesurvivaltips.com/pages/msk-1-knife>

► Get Your **Harvest Right Freeze Dryer - SPECIAL DEAL for TSS Listeners**:  
Use Link: [ultimatesurvivaltips.com/freeze](https://ultimatesurvivaltips.com/freeze) (For FREE Shipping, Upgraded Premium Pump and Starter Kit)

## **[SHOW START HERE]**

### **[OVERVIEW]**

Welcome to THE SURVIVAL SHOW Podcast - I'm David... the founder of Ultimate Survival Tips and your host for today's show...

Having a bug out bag and well thought out evacuation plan is an essential preparedness strategy for us all... as man made and natural disaster threats seem to be increasing in number...

So today I am going to start a new series called Bug Out BOOTCAMP with a special guest co-host who - I had the honor of training with in the Amazon Jungle a few years ago... and who has served in various capacities in US Military special operations and with several intelligence and law enforcement agencies - my friend - Mr. Tyler White.

Today Tyler and I are going to discuss:

### **Bug Out Bootcamp - E1: First, Farther, Faster - 3 Keys to Bug Out Safety & Success**

- 4 Lessons Learned from US Special Forces on Bugging Out of enemy territory

- Bug Out Tips from Chief Geronimo that helped him evade capture for years
- How to confidently eliminate unneeded gear from your bug out bag and still have everything you need
- One mistake that will probably get you killed when bugging out
- Plus three keys that can virtually guarantee your bug out success
- And a lot more...

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## [PROMO SPOT]

But Before We Get Into all this great content... let me ask you a question...

Do you love the informative and family friendly survival, preparedness and personal growth content that we share with you every week?

If so... can you do me THREE solid favors right now...

**First**, help me accomplish our goal of doubling our audience size in the next 3 months so that we can help even more people be prepared - before it's too late...

By... ONE - sharing this - your family friendly preparedness podcast - with the people you care about...

TWO - Go leave an honest FIVE STAR review and comment where ever you listen.

AND THREE...

You can help me get the additional staff we need at so that I can have a life and out team can continue to serve up podcasts, videos and unique survival and preparedness gear that you can't find anywhere else... by going over to [UltimateSurvivalTips.com](http://UltimateSurvivalTips.com) and subscribing to my weekly survival e-mag.

By doing so you will get weekly tips, tricks, training, and be the first to know about our new MSK-1 knife and gear releases and giveaways.

And while you're there... you can also grab the show notes for this podcast including checklists and gear links... AND pick up some of my survival and preparedness gear - at [UltimateSurvivalTips.com](http://UltimateSurvivalTips.com)

To encourage you help us out... I am going to give you a full 25% off ANYTHING in our store including our - Made in the USA - MSK-1 and new PACK-1 survival knives.

As a THANK YOU for your support - use Code: SURVIVALSHOW25 at check out over at [UltimateSurvivalTips.com](http://UltimateSurvivalTips.com)

That's **CODE: SURVIVALSHOW25**. For 25% off anything in our store for the next week at UltimateSurvivalTips.com

Thank you in advance for your encouragement and support...

Okay... let get into today's show...

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## **[NOTES]**

### **What is Bugging Out?**

Leaving your home or current location (on foot or (preferably by vehicle) to flee a life threatening situation.

Moving from an your home or current affected (Dangerous Place) - to Safer Place when you have no other option.

A strategically planned evacuation.

## **KEY: Plan for the Worst - and You Will Be Set for Anything**

Plan for the biggest most probable threats for your primary location:

- Manmade
- Natural Disaster

Once You SET Up Your Bug Out Bag / Emergency Kit and Plan then go live and enjoy your life!

Occasionally, review it (every 3 - 6 months). Update seasonally as appropriate.

**Note:** Bug Out can be a mile down the road to grandmas house, 300 miles to another region or an escape from one country to another.

Bugging Out is a Preparedness Strategy / Tactic to Mitigate Risk of Harm or Death.

**Key:** Remember, your life is more important than your stuff.

### **Bug Out Plan - Primary**

Build your bug out bag to fit your bug out plan.

Answer these Questions:

“When things suddenly go south - what will I do?”

Your bug out bag / kit / vehicle - should include what you need to accomplish this.

“When things go bad - what is going to kill me first?” Deal with this first...  
Your bug out bag / kit / vehicle - should include what you need to prevent this.

### **Build a Layered Bug Out Emergency Kit System**

- EDC
- Heavy EDC
- Go Bag
- Bug Out Bag

### **PACE Plan**

Things never go the way we plan so the military uses a four tiered planning structure called a PACE Plan.

### **PACE stands for:**

- Primary
- Alternate
- Contingency
- Emergency

One level of planning is better than none.

Two levels is better than one... and so on.

With every level ask yourself, “If this plan falls through, what will I do?”

And so on...

## **Special Forces Plan**

Ingress

Egress

Primary Plan

PACE Plan

Emergency Plan / Resources Cache.

## **What would Geronimo (Apache leader) do?**

Steal a horse run it until it could run no more. Eat it. Use it for resources.

Run until he found another horse and do it again. He was a ghost that could not be captured.

## **Weight will DESTROY You.**

Carry what you can comfortably on foot. Maximum weight is 35lbs. but it should be around 25 lbs. @ NO MORE than 15% body weight.

## **You want to be able to get:**

- Further
- Farther
- Faster than others

## **Key: The more you know the less you carry**

Like Geronimo...

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**Find Tyler at:**

**[TJackSurvival.com](http://TJackSurvival.com)**

**[SurvivalDispatch.com](http://SurvivalDispatch.com)**

**GEAR LINKS:**

**<https://greyghostgear.com/>**

**<https://vertx.com/>**

**<https://www.maxpedition.com/>**

**<https://ultimatesurvivaltips.com/>**

**ALL the Gear David Uses and Recommends:**

**<https://kit.co/UltimateSurvivalTips>**

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## **[EXIT / OUTRO]**

Now before we head out of here I'd like you to do TWO things to help us - help others LEARN how to be better prepared now - before disaster strikes...

FIRST - Please pay it forward... by sharing our FAMILY FRIENDLY content... with the ones you love... and on social media... Then Go give us a 5 Star Rating and Honest review wherever you listen to this podcast...

And SECOND... Go on OVER to our MOTHER SHIP -

**[UltimateSurvivalTips.com](http://UltimateSurvivalTips.com)** com and check it out... There's LOTS of free content like our Weekly Survival E-Mag Newsletter AND while you are there, check out my MSK-1 Knives and all the EDC Survival Gear I designed for you and the ones you love...



And WHILE you are there... don't forget to click on the PODCAST Tab to get the Show Notes PDF (with links) to things we discussed today...

**[END]**