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FACE TIME

FROM GLOWING SKIN TO SHIMMERING CHEEKBONES, HERE'S YOUR GUIDE TO MASTERING THE RIGHT KIND OF SHEEN AFTER DARK

THE DOUBLE-DUTY GLOW

As you'll no doubt be rocking the tiny bag trend this season, opt for a singular, multitasking product that can boost your whole look in a pinch. Triple-threat tints add a flush of colour to eyes, cheeks and lips for makeup that works hard so you don't have to. We're loving flattering shades from Olio E Osso and Nudestix.

THE SKIN SAVIOUR

The key to nailing the fresh-faced trend is in the ingredients: niacinamide (strengthens the skin's barrier and smooths fine lines) and oat lipids (non-irritating and super-hydrating). Both are found in Verso's serum.

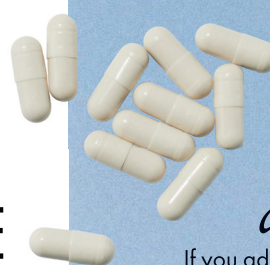
THE BRIGHTENING BASE

For those who want blurred, radiant skin but aren't fussed about coverage, forgo foundation for La Mer's nourishing illuminator. It blurs pores and imperfections while imparting a glow that is, technically, makeup-free.

THE GLASS LIP

Lift your look from beach to bar with a clear gloss, which offers a multi-purpose effect. Wear alone, over lipstick to add hydration or on eyelids and atop cheekbones to fake a glow. The possibilities are endless with Fenty Beauty's shimmering finish.

1. Nudies Bloom All Over Dewy Color in Tiger Lily Queen, \$52, NUDESTIX, sephora.com.au
2. Hydration Serum, \$145, VERSO, mecca.com.au
3. The Hydrating Illuminator, \$100, LA MER, cremedelamer.com.au
4. Balm Stick in French Melon, \$43, OLIO E OSSO, mecca.com.au
5. Gloss Bomb Universal Lip Luminizer in Diamond Milk, \$30, FENTY BEAUTY BY RIHANNA, sephora.com.au



daily dose

If you add one supplement to your diet this summer, do your skin a favour and make it magnesium – it doesn't have a reputation among beauty editors as a magic pill for nothing.

Especially good for times when you're not loading your diet with enough green leafy veg or nuts, it helps muscles relax and encourages better sleep quality. It also lowers the stress hormone cortisol, which can lead to adult acne.

Go Magnesium Sleep, \$17.99, GO HEALTHY, gohealthy.com.au



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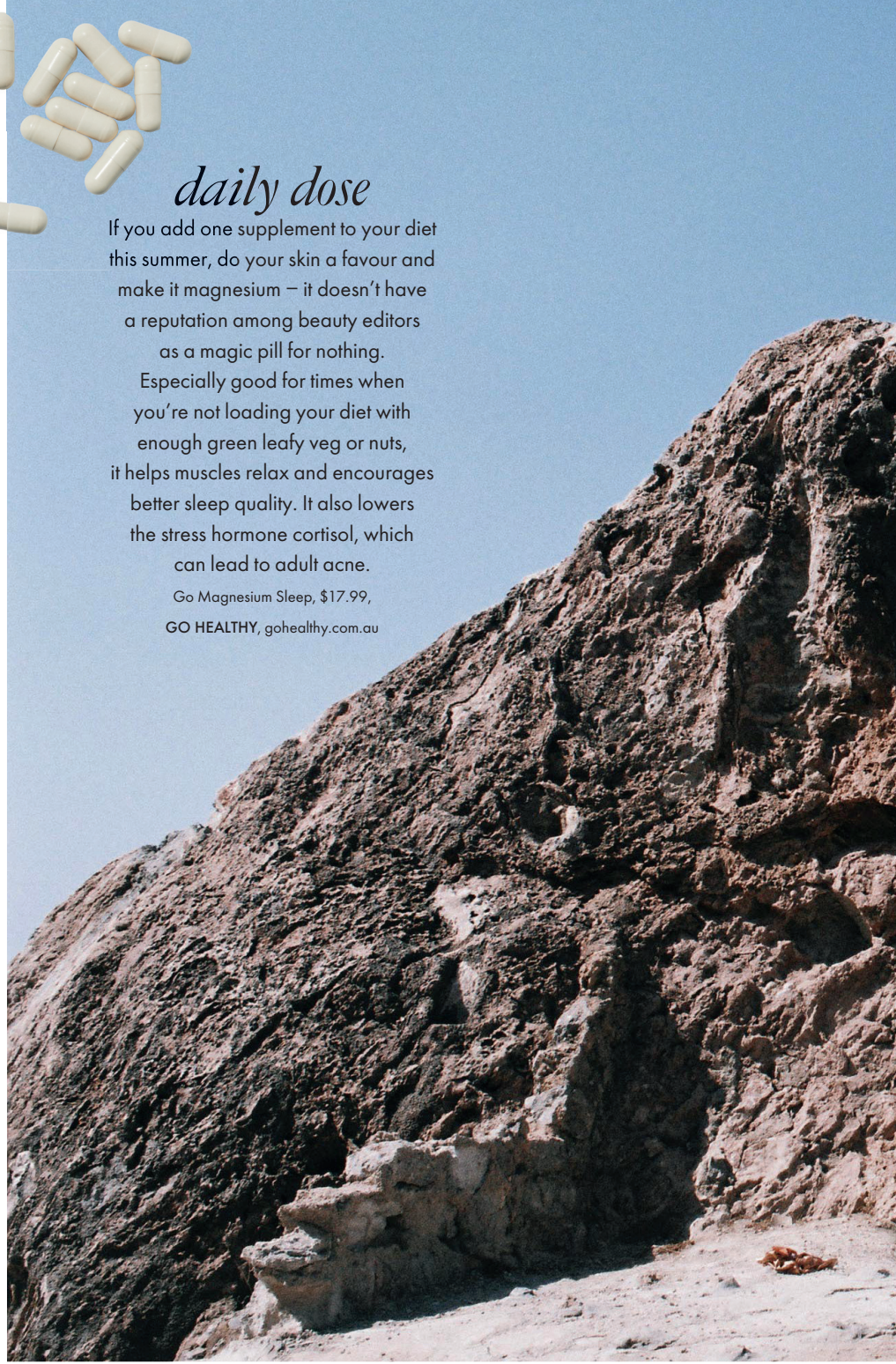
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SMOOTH TALKERS

We're obsessed with these hardworking body formulas that smooth, soften and protect

Sloughs away dead skin and hydrates with mango butter and mandarin extract. **Exfoliating Body Wash**, \$35, MR SMITH, mr-smith.com.au

Simplify your regimen by using this gentle, detoxifying scrub from top to toe. **Smooth Skin Scrub**, \$42, BANGN BODY, bangnbody.com

Can be used as a scrub when you're wet and a mask when you're dry. **Brazilian Bod Buff Smoothing Scrub 'N' Mask**, \$38, SOL DE JANEIRO, mecca.com.au

One of our favourite ways to scent skin in summer is with this sublime balm. **Tahiti Body Balm**, \$115, LE PARADIS, net-a-porter.com

