



what can an **8-YEAR-OLD** tell you ?

Karen Chew

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Dedication Note

Little Karen has many roles to play in this big world. Meet the “Justice Bunny” herself, fearlessly hopping into action to tackle climate change like a little superhero. She is also a maker, a fencer, a world schooler, an activist, and a blogger.

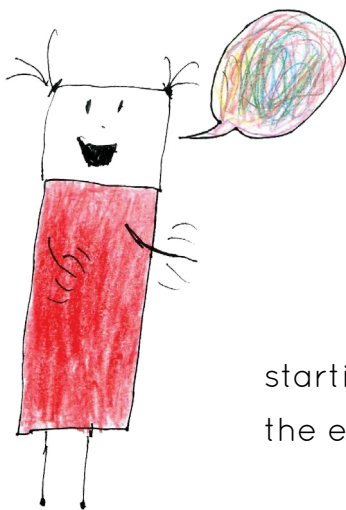
She went on her first money-making-mission when she was 6 years old. It was a last play date with her best friend who was leaving for Switzerland and they needed to raise money for their farewell tea party in Hong Kong. Now she is an entrepreneur who helps people to conquer fear with courage with handmade teddy bears that she calls KaTY Bears, but that is a story for another time.

She loves nature, art and generally, creating things with her own hands. She loves books and words. But here’s the kicker: she’s the kind of kid who would wake up at 4am, sneakily huddle up with a dictionary, and read it like it is the most riveting storybook on the planet. Crazy, right? But that’s Karen for ya!

ABOUT THE AUTHOR

She loves to giggle and laugh. In fact, her mum said she has the lowest laughing point and that her smile is like a magic spell that would chase away your worries for the day!





So, what can an 8-year-old tell you?

Well, get ready because in this book, starting from this very page all the way to the end, you are about to find out!



Chapter 01

**A SMALL, SHORT INSIGHT
ON MY THINKING**



You see, I am not just different from you in size, I am different in the way I act, speak, and most importantly, think. And I thought, hey, why not give you a little sneak peek into the mind of a kid like me?

I have always had these mixed feelings about grown-ups. Sometimes I think they are a bit silly and just cannot understand me. But other times, having them around makes me really happy. It is a funny thing, you know?

Every household has its own set of rules. And most households have kids, right? But sometimes, it is hard for adults to really remember what it is like to be a kid. They think it is all about protecting us and having lots of rules, even when it is just us kids in the house. I am not a big fan of rules, to be honest. It is like we do not know how to live in our own house. But we accept it because we love our parents so much. Yeah, we love them that much!

Maybe, just maybe, in the name of love, grown-ups could loosen up a little and involve us in making the house rules? After

all, those rules are for everyone in the house, including us kids. So, it is only fair that we have a say too, right?

Let me share something with you real quick: Please do not keep me waiting for too long, even just for a sit-down chat. I have been through it before, and let me tell you, I get impatient and annoyed after waiting for a really long time.

You know, sometimes all I want is a little bit of attention. Maybe just five minutes of your time would do the trick. It means a lot to me!

And it really bothers me when grown-ups interrupt me or keep me waiting. It is just not cool.

But you know what I really appreciate about you, grown-ups? You always find time to care for me, even when you have busy days or when you are exhausted too. Some of you even open your hearts and homes to adopt and care for other children. That is truly amazing and worthy of respect.

I want you to know that I really, really appreciate it. So, to those special grown-ups out there who do all these things, you know who you are.

I also understand that sometimes you do not let us chase our dreams because you think you know better since you have lived longer than us. But hey, please let us follow our dreams. If we make mistakes now, we will learn from them and make fewer mistakes in the future when they really count. You could save us from big mistakes that might cost us a lot, even our lives.

You know, I think you sometimes underestimate me and think I am just a simple thinker. But the truth is, there is so much more to my thoughts than meets the eye. It is like a sea, deep and full of wonders. But if you are always looking at the surface or standing on the beach, you will never see the amazing things within or truly appreciate the beauty of it all.

There are a lot of things about me that grown-ups might not know, but guess what? I can always tell you. That is why I

am writing this book. I truly believe it can help shed light on certain bits and pieces of certain people's lives.

Now, here is the fun part. Grown-ups, you can help too! I have grown up around several adults, and they have taught me so many helpful and resourceful things. It is pretty cool!

You might think you know a lot about me, or at least believe you do. But guess what? There are actually a lot of things you might not know about me too!

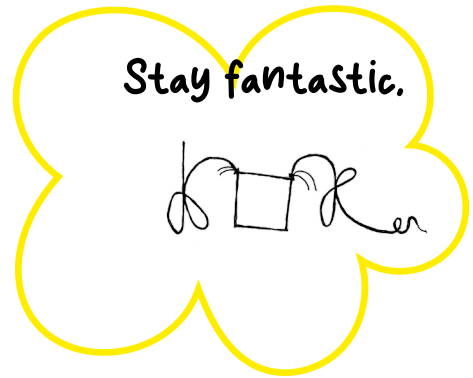
For instance, I am always changing my preferences. Sometimes my parents think something is wrong with the food I used to like, or that I am wasting the food. But in reality, I just changed to a different favourite food. it is just the way I am, and that is okay!

I know it can be hard to understand some things, but trust me, everything I am telling you is true. I really, really mean it!

You know, I often feel misunderstood by grown-ups. It happens a lot, actually. Take the example I mentioned earlier about not liking to be kept waiting for too long. Sometimes, I just want to ask a quick question or give something to a grown-up, and it should only take like three to five minutes, tops. But sometimes, I end up waiting for an hour because they were on a call and apparently cannot spare some time, even for a few short moments. After waiting for a while, I assume they do not really want to talk to me or accept what I have to give. So, I just say, “Never mind” and go do my own thing. And guess what happens next? They come when I am already busy with something else and start asking lots of questions about what I wanted to tell them. It is funny how that works, is it not?

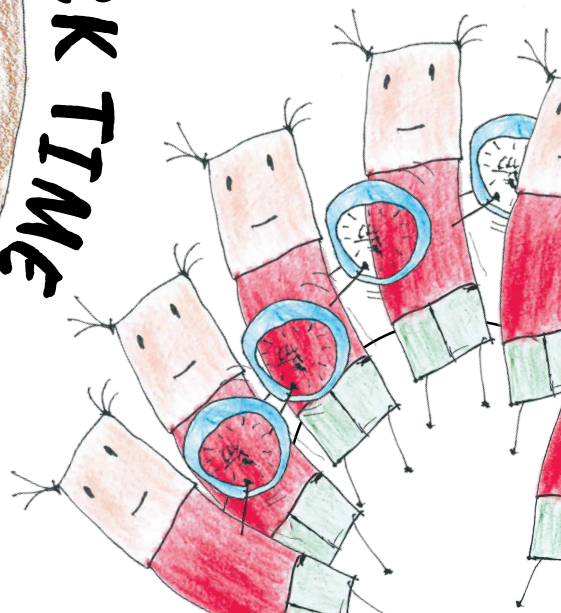
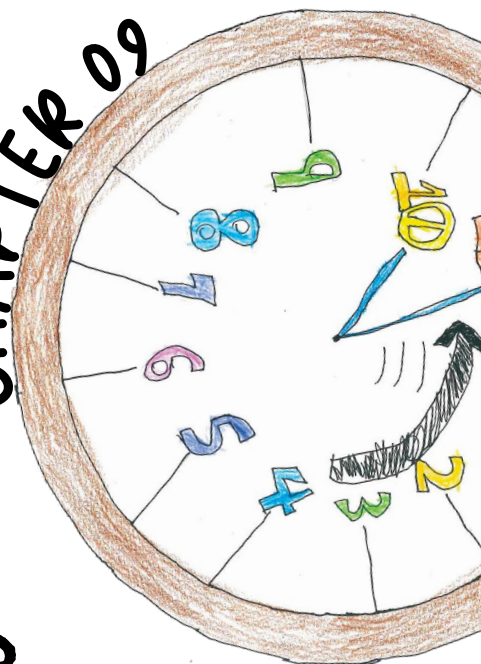
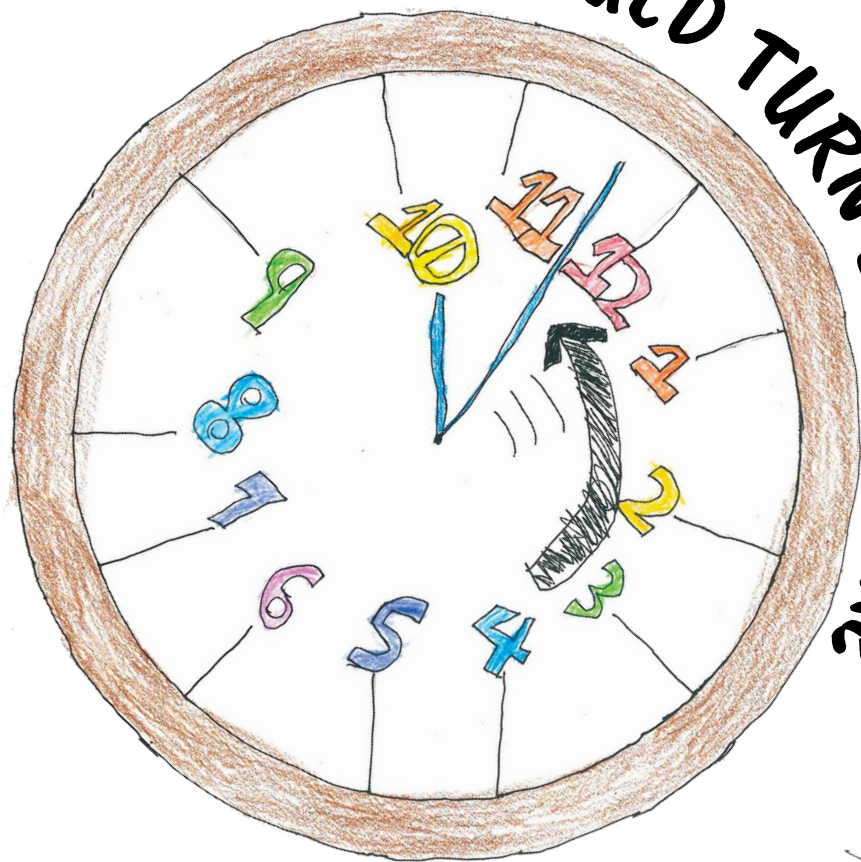
I really hope this book can bring some understanding and influence to grown-ups, especially those who are in charge or have children. It is important to listen and make time for us, just like you already do in so many ways.

So, yeah, that was just a little glimpse into the thoughts of an 8-year-old like me. I hope you enjoyed knowing me and want to know more about me now.



IF I COULD TURN BACK TIME

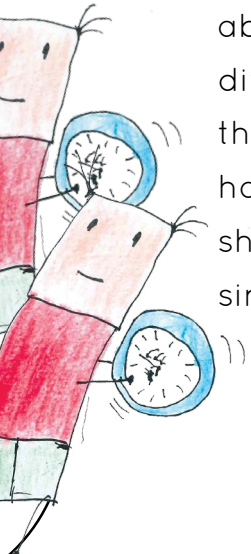
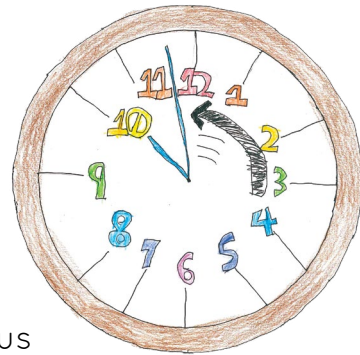
CHAPTER 09



Now, I want to share with you a moment that made me realise the importance of honesty and accepting the past. Let's dive into this heartfelt journey together.

It all started when my mum got really angry. It felt like she had transformed into a completely different person, and I did not like the condition and circumstances that came with it. I felt lost and unsure of what to do.

If I could turn back time, the first thing I would change is not covering up for my brother. You see, that was when I started getting curious about playing video games too. The second thing I would do differently is not lying to my mum so much. If I had been honest, this whole situation might never have happened. My life could have continued as it was, and I get to keep my mum exactly as she is – the mum that I have loved and been proud to have ever since.



But what was done is done, and my mum was changed. It is moments like these that taught me the importance of honesty and not hiding the truth. We cannot change the past, but we can learn from it.

I have also learned that sometimes we need to let go of what has happened and focus on solving the present issue. It is like a broken egg that cannot be mended, but we can clean up the mess with the right cloth. These words of wisdom came to me, inspired by a book (*although I cannot quite recall which one*). It reminds me that I must do the right thing and work towards bringing my mum back to her true self, and in the process, clean up the mess that has been made.

I know this chapter may seem a bit short, but sometimes the most profound lessons come from simple moments. I am committed to doing the right thing, learning from my mistakes, and making a positive change in my mum's life.

Remember, honesty and acceptance are powerful tools.
Let's embrace them and create a brighter future together.

With love and determination,

A hand-drawn signature in black ink, featuring a central square symbol and cursive flourishes on either side, enclosed within a yellow cloud-like outline.