

Doctor Formulated

## PERFECT AMINO®

The 8 Essential Amino Acids in Perfect Ratios\*

Pure, Essential Amino Acids in a form that is both 99% utilized (5x more anabolic protein synthesis) and fully absorbed within 20-30 minutes! PerfectAmino is 100% vegan and Non-GMO. \*

Tablets | 30/60/120 Servings



Non-GMO • Gluten, Dairy & Sugar Free  
Paleo & Keto-Friendly • Plant Based



## PERFECT AMINO PROVIDES:\*

### Supports Healthy Protein Synthesis\*

Composed of pure essential amino acids in the exact combination necessary to build new protein and collagen for muscle, bones, tissue, organs, hormones and much more with almost no nitrogen waste.

Most people know protein is essential for optimum health, but assume they consume enough through food. So why do we need an amino acid supplement? Because it's not about how much protein you're consuming, but how much your body is able to use. Eggs, meat, fish and nuts and even whey and collagen powders are less than 50% used as actual protein, with whey at only 17% utilized. They're mainly converted to sugar, fat, or waste.

This leads to protein deficiencies with the effects including: inability to lose weight, sagging skin, loss of muscle mass, brittle bones, slow recoveries from illness and injury, hormone imbalances, and much more. Protein deficiency is very often something you are aware of, but you just can't identify and neither can many doctors.

### What's the solution? *PerfectAmino*.

PerfectAmino offers 8 essential amino acids for protein and collagen synthesis.

### Protein Equivalence

One serving of PerfectAmino is equivalent to consuming:



### PerfectAmino is FREE from:

Fat, sodium, sugar, yeast, gluten, soy, corn, wheat, rice, GMO, preservatives, excipients, dairy and animal products.

### Supplement Facts

Serving Size: 5 Tablets	Servings Per Container	30
		Amount Per Serving % DV
PerfectAmino®	5000 mg	†

(L-Leucine, L-Valine, L-Isoleucine, L-Lysine HCl, L-Phenylalanine, L-Threonine, L-Methionine, L-Tryptophan)

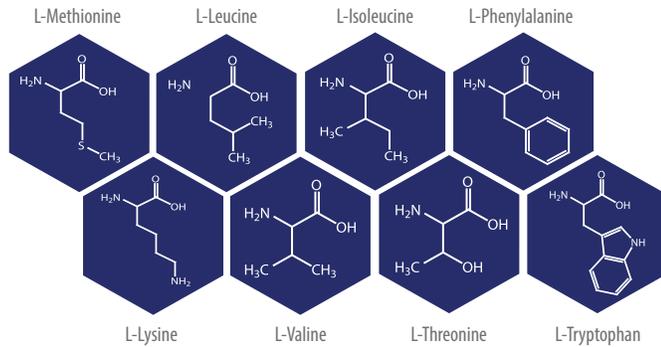
† Daily value not established.

**Suggested Use:** As a dietary supplement, take 1-2 servings (5-10 tablets) daily. As an exercise aid, take an additional 5-10 tablets prior to or immediately following exercise. For more details and to get best results, view our Users Guide by visiting: [wholesale.bodyhealth.com](http://wholesale.bodyhealth.com)

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

## What Are Amino Acids?

Amino acids are the building blocks of the human body. There are 22 of them and they are what all the various proteins, collagen, bones and hormones in your body are made of. If you don't have enough in the right quantity, your body cannot keep up with its daily needs and starts to fall behind, causing all sorts of physical conditions.



Among the amino acids there are two types: Essential and non-essential. They are called essential because the body cannot make them on its own, however with all of them present, and in the right ratios, the essential amino acids can create any of the non-essential amino acids and so create any protein or collagen needed by the body. But they must all be present and in the right combination in order for this to occur. And that is what PerfectAmino is; Nothing less and nothing more. And that is why it gives such great results.

## How To Take PerfectAmino Daily For Best Results

- Up to 110 lbs: Take 1 - 2 servings first thing in the morning or before bed.
- 110 - 140 lbs: Take 2 servings first thing in the morning or before bed.
- 140 - 170 lbs: Take at least 2 servings first thing in the morning and 1 before bed.
- 170 - 200+ lbs: Take at least 2 servings first thing in the morning and 1-2 before bed.

Available in:  
Tablets or Powder  
(powder drink mix)

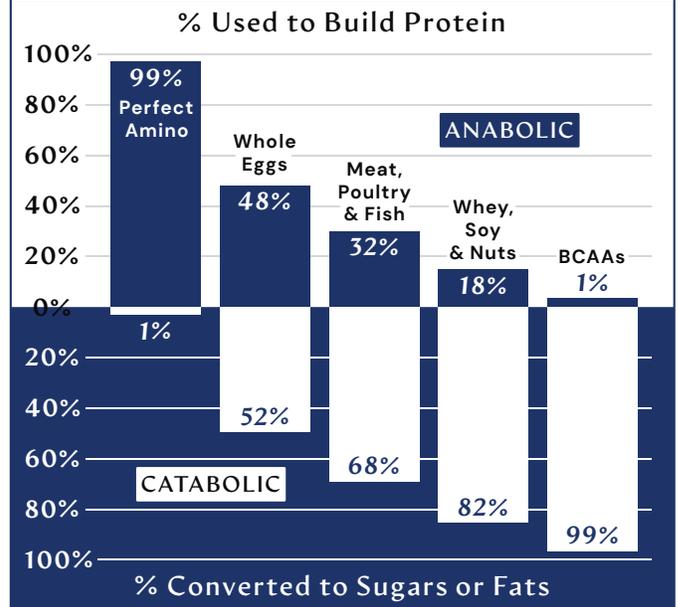


1 tablet = 1 gram of bioavailable protein

## The Difference Between Protein Sources

- At the low end of the spectrum are whey and plant based proteins - at best 18% of their content is utilized by the body with 82% leaving as waste.
- Food such as meat, fish and poultry fare a bit better with 32% being absorbed and 68% being wasted.
- Eggs are the winners in the food stakes with 48% being utilized with 52% waste.
- Now compare those numbers to PerfectAmino - a massive 99% is put to work by the body, with less than 1% leaving the body. Not only that, but PerfectAmino is absorbed by the body within 23 minutes! And there is only 0.04 of a calorie per tablet (gram).

## PROTEIN UTILIZATION CHART



## PerfectAmino is now NSF Certified for Sport!

This product with this certification goes above and beyond the established standard for quality in dietary supplements. It demonstrates a company's commitment to providing athletes with a clean, safe product, while promoting fair play in sport. Products are NSF Certified for Sport are approved by most professional sports teams to be free from banned substances, as well as ensuring the ingredient label claims are accurate.



\*\*NSF Certification applies to bottles of 300ct tablets only.

“When you eat protein, your body breaks it down into its most basic form, which are amino acids. It then re-constitutes them to build or repair the muscle, bone, tissue or other protein. So your protein is literally only as good as it can be utilized by the body to make body protein.”

– David Minkoff, MD, Founder of BodyHealth

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