



Doctor Formulated MULTI COMPLETE™

The ideal daily multivitamin, multimineral, and antioxidant blend with organic fruit concentrates, vegetable wholefood concentrates, herbs and amino acids added to support healthy detoxification. Sourced from only the best whole-food ingredients, using the active forms of vitamins, and optimized for bioavailability and maximum effect.*

120 Tablets | 30 Servings



MULTI COMPLETE PROVIDES:*

An ideal daily supplement for health-minded, active people who desire to give their body extra nutrition to support healthy stress management, poor food quality, improve removal of environmental toxins, and keep their body running smoothly.

For detoxification and cleansing, BodyHealth Multi Complete provides the most comprehensive source of nutrients. It contains an entire panel of 54 ingredients to aid and support detoxification, including over 1,000 mg of organic, whole fruit and vegetable concentrates.

Organic Blend Benefits:

- A base in 20 whole food, organic fruit and vegetable concentrates.
- Multiple vitamins and minerals to support the immune system.
- Liver detox support.
- Antioxidant profile.
- Experience the benefits that balanced nutritional vitamins have for your health, energy and well-being.

The All-In-One Nutritional Supplement*

Just two tablets of BodyHealth Multi Complete twice a day will provide you with a full serving of multivitamins, multiminerals and an antioxidant blend of 16 organic fruit and vegetable whole food

concentrates with specific herbs and amino acids to support your health.

Gluten free, vegan sourced, non GMO. Contains no yeast, dairy, egg, soy, wheat, artificial preservatives or color. Cruelty free.

Personally Formulated by Dr. David Minkoff

Years ago, Dr. Minkoff got fed up with having to recommend over a dozen different products to his patients just to get their daily nutrition for their health goals – especially for detox protocols. It created so much confusion. He knew there had to be a better way.

So he set out to create the best possible multivitamin he could conceive. Sourced from the best ingredients, using the active forms of vitamins, and optimized for bioavailability and maximum effect.

Suggested Use: Take 2 tablets twice per day with food.

Just look at some of our ingredients. See next page:

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Supplement Facts

Servings Size: 4 Tablets

Servings Per Container: 30

Ingredients/Blends	Amount per serving	%DV†
Vitamin A (as Mixed Carotenoids)	1400 mcg	156%
Vitamin C (as ascorbic acid)	800 mg	889%
Vitamin D3 (as Cholecalciferol)	125 mcg	625%
Vitamin E (as Mixed Tocopherols)	400 mg	2,667%
Vitamin K2 (as Menaquinone)	80 mcg	67%
Thiamine (Vitamin B1) (as Thiamine Mononitrate)	80 mg	6,667%
Riboflavin (Vitamin B2)	60 mg	4,615%
Niacin (as Niacinamide)	40 mg	250%
Vitamin B6 (as Pyridoxine 5-Phosphate)	80 mg	4,706%
Folate (Vitamin B9, as 5-MTHF Methylfolate)	2,672 mcg DFE (1,600 mcg Folic Acid)	668%
Vitamin B12 (as Methylcobalamin)	1,000 mcg	41,667%
Biotin	200 mcg	667%
Pantothenic Acid (as D-Calcium Pantothenate)	80 mg	1600%
Choline (as Choline Bitartrate & Choline Dihydrogen Citrate)	54 mg	10%
Calcium (as Calcium Citrate & Calcium Ascorbate)	100 mg	8%
Iodine (as Potassium Iodide)	200 mcg	133%
Magnesium (as Magnesium Citrate)	100 mg	24%
Zinc (as Zinc Amino Acid Chelate)	20 mg	182%
Selenium (as L-Selenomethionine)	200 mcg	364%
Copper (as Copper Amino Acid Chelate)	0.8 mg	89%
Manganese (as Manganese Aspartate)	8 mg	348%
Chromium (as Chromium Polynicotinate)	200 mcg	571%
Molybdenum (as Sodium Molybdate)	100 mcg	222%
Potassium (as Potassium Aspartate)	80 mg	2%
Essential Trace Minerals & Micronutrients		
Trace Minerals	40 mg	**
Vanadium (as Vanadyl Sulfate)	40 mg	**
Enzyme Blend		
Papaya Extract	40 mg	**
Bromelain	40 mg	**
Heart, Brain & Eye Health Blend*		
CoQ10	40 mg	**
Lutein	6 mg	**
Lycopene	6 mg	**
Boron (as Boron Aspartate & Boron Citrate)	1,600 mcg	**
Red Wine Proanthocyanidins & OPC	80 mg	**
Beet Extract	80 mg	**
Zeaxanthin	400 mcg	**
Liver Detox Support Blend*		
Milk Thistle Extract (80% Silymarin)	200 mg	**
R Alpha Lipoic Acid	80 mg	**
L-Cysteine	40 mg	**
Schizandrae Fructus Extract	40 mg	**
Dandelion Root Extract	40 mg	**
L-Methionine	20 mg	**
Glutamic Acid HCL	20 mg	**
Fruit & Vegetable Blend		
Sprouted Barley Juice	80 mg	**
Wheat Grass Juice	80 mg	**
Spirulina	80 mg	**
Chlorella (broken cell wall)	80 mg	**
Lemon Bioflavonoids	80 mg	**
Hesperidin	60 mg	**
Apple Pectin	40 mg	**
Broccoli	40 mg	**
Rutin	40 mg	**
Antioxidant & Immune Support Blend*		
Green Tea Leaf Extract	60 mg	**
Rose Hips	48 mg	**
Blueberry	40 mg	**

Other ingredients: Microcrystalline Cellulose, Calcium Carbonate, Stearic Acid, Silicon Dioxide, Sodium Starch Glycolate, Magnesium Stearate, Hypromellose

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