

Glucose Instructions

Max Dose = 75g. Individuals 165 lb (75kg) or greater = 75gm of Glucose. Individuals 164 lb (74.5kg) or less; mix 1 Tablespoon of Glucose for each 23 lb (10.4kg) of individual's weight into 8 oz of water. Alternatively, for more accurate dosing, mix 1g of Glucose for each 2.2lb (1kg) of patient body weight

Mix dose of Glucose in 8 ounces of water.

Collect Baseline breath first! Then drink mixed Glucose. Wait 20 minutes and collect a single breath sample, then every 20 minutes for 3 hours until 10 tubes are complete.

Don't blow too hard, easy breaths is enough. Don't puncture too soon. Wait till the bag is expanded then puncture tube. Give it a good push in, you will feel it puncture the tube. Hold it for 2-3 seconds, remove, then label. Repeat every 20 minutes.