



FULL TIME COURSE IN CIRCUS ARTS

FOUR MONTHS OF INTENSIVE CIRCUS TRAINING CULMINATING IN A
SPECTACULAR GRADUATION SHOWCASE



COURSE OVERVIEW

Our Full Time Course in Circus Arts is an intensive course designed for individuals who want to develop their creative practice. Over the course of four months we will guide you through 25-30hrs of classes a week, with a timetable that has been designed to help you refine your physical, mental, and creative abilities - and grow into an incredible artist.

You will gain an incredible foundation of knowledge in a wide variety of aerial and acrobatic skills, as well as developing skills that support you as a performer - through complementary classes like dance and performance.

Upon completion of the course you will perform as part of a professionally produced graduation showcase, directed by AirCraft Circus Academy and Performance's executive director - Lucy Francis, throughout the process you will work with industry professionals to create and choreograph your production - from staging and choreography, to lighting and rigging.

WHO IS THE COURSE FOR

Our course is for anyone with a passion and commitment to developing their skills as a circus artist and performer.

We are looking for disciplined and creative individuals with a passion for learning. It is necessary to have some prior knowledge of aerial or acrobatic skills, and you will need to have a base level of fitness. Some experience in physically challenging disciplines such as gymnastics, dance or martial arts is desired but not essential. We are proud to cater for different levels on our course, and our trainers are skilled in ensuring that all students are working and developing at a level suitable to them.

Our student groups are usually made up of people with a range of different prior experiences - actors, gymnasts, dancers, recreational aerialists, physical theatre specialists, martial artists, and personal trainers - to name a few!



FEES

The course costs £4200 in total, this investment includes:

- 16 weeks of full time training - Monday to Friday, 10am-4pm
- Your professionally produced graduation showcase, including high quality footage from the showcase
- Professional photos of your showcase

Optional extras include:

- Professionally edited demo reels and showreels



PAYMENT

To confirm your place on the Full Time Course we require a deposit of £840 to be paid, following this you have two options:

- Pay the remaining balance in full prior to the course beginning
- Pay the remaining balance in interest free instalments, in line with a contract put together with our Director and yourself



FUNDING

As a not for profit organisation we are not able to provide funding for the course, it is our aim as an organisation to make our courses accessible to all, and we actively engage in researching and applying for funds to help us offer bursaries to students participating in our full time courses.

There are a number of arts organisations that offer grants to creatives wishing to develop their practice, and students on our Full Time Courses have successfully applied to these funds in the past. Example organisations include Arts Council England, and Creative Scotland.



FIRST TERM

During your first term (weeks 1-8) your classes will be focused on building a solid foundation of knowledge and ability across many disciplines:

- There will be a focus on technique and understanding of the skill in your classes, as well as growing your knowledge of static and dynamic skills in each discipline.
- During dance and performance classes you will develop a 'toolkit' to support your creation process in your second term, both as an individual and within a group - in addition to gaining a stronger understanding of the subjects, and building on your abilities.
- Specialist skill classes will focus on introducing you to skills outside of aerial and acrobatics that will support you as a performer.
- Journaling sessions will give you the opportunity to review what you have been learning, and strengthen your understanding.
- You will have weekly self practice sessions allowing you to review and strengthen what you have been learning in classes, as well as further explore disciplines learnt in your specialist skill classes.

SECOND TERM

During your second term (weeks 10-15) your classes will be focused on developing your skills in choreography and performance, preparing you for your graduation showcase:

- You will continue to grow your knowledge of static and dynamic skills, whilst also developing your choreographic skills in each discipline.
- Dance classes will be focused on creating and developing an opening number for your graduation showcase.
- You will take part in weekly production classes, where you will learn about a wide range of the behind the scenes elements that come with putting on a professional production, you will put these skills into practice as you prepare for your graduation showcase.
- Act creation classes will focus on guiding you through the process of creating an individual act on a piece of aerial equipment, from initial ideas through to those final touches that will make your act truly spectacular.



CLASSES

CORE AERIAL

Aerial Hoop - Silks - Rope - Static Trapeze - Straps - Flying Trapeze

In these classes there will be a focus on strength and technique, making sure you develop a strong foundation of knowledge in each discipline. You will learn static and dynamic skills within the classes, and learn how skills might be linked together when performing.

CORE ACROBATICS

Acrobatics - Handstands - Acrobalance - Trampet and Trampoline

These classes are designed to help you develop strong foundational knowledge of acrobatics, which will compliment your aerial training. You will learn a wide range of skills and techniques in each class, which you will also utilise in your graduation showcase.

COMPLIMENTARY TRAINING

Stretch, Extension, and Flexibility - in these classes we will help you develop and maintain your flexibility levels, as well as developing awareness of how to create beautiful lines when performing.

Dance - our dance classes focus on how aerialists can use dance skills and styles to elevate their performances, you'll learn how to work creatively with different aerial equipment and different dance styles.

Performance - during performance classes you will learn to work both individually and as a group, and learn how to create and develop ideas for individual aerial performance as well as group performance.

SPECIALIST SKILL WORKSHOPS

Injury Prevention and Wellbeing - Rigging - Juggling - Poi - Stilts - Tightwire - Harness and Bungee - Hula Hoop - Globe - Chinese Pole



PRODUCTION

During your second term your specialist skills workshops become production classes, focused on:

- Rigging
- Marketing
- Production Management and Roles
- Lighting Design and Tech
- Sound Design and Tech

You will take part in a production week in the week leading up to your graduation performance, where you will be involved in all aspects of putting on a professional production:

- The week will begin with full production runs, focusing on putting your show together and blocking the show from start to finish, and creating links between acts to bring your show together around a central theme.
- You will then take part in technical rehearsals, focusing on ensuring all technical elements of the production are in place and rehearsed, this includes: stage management and cue sheets, sound, photography, videography, and rigging.
- A light tech will take place where you will design and programme your productions lighting with our lighting technician.
- Dress rehearsals will take place in the second half of the week, ensuring that you are comfortable performing in your chosen costumes, and that they do not cause any unforeseen difficulties within your act.
- Prior to your showcase you will take part in a full technical and dress rehearsal, performing your production as it will run on opening night.



WHY US?

AirCraFt Circus Academy has been providing circus classes, workshops, and performances to people for over 20 years; and we've learnt a lot over those years!

We've run over 28 full time courses, which has enabled us to develop and refine our course to provide the right environment and teaching for students to leave the course feeling confident in their next steps, whatever these may be! Following our courses students go on to do lots of different things, including:

- Taking part in further training in circus - though foundation and degree programmes all over the world.
- Working and performing professionally within the circus and performance industry.
- Training as teachers and teaching circus to children and adults.

When you come to AirCraFt Circus Academy you join our family, and we are always incredibly proud to see our students go on to do incredible things after taking part in our Full Time Course in Circus Arts; we love to keep up to date with our alumni, and continue to support their journeys through our open training sessions and other development offerings.

"I could not have had a better time on this course!! The passion and work ethic in that building is unmatched, it's so infectious and I can't wait to do it again"

Charlie, 2021 Full Time Course Graduate



ACCOMMODATION

We do not provide accommodation for the course, you will need to source accommodation yourself. Students usually find suitable accommodation through websites like SpareRoom and Gumtree.

We recommend living locally to the space as the course is intensive and rest and recovery time is incredibly important to your development on the course. Students usually find accommodation in Charlton, Blackheath, and Woolwich.

If you are joining the course from outside of the UK you will need to research visa requirements, you can find these on relevant government websites.

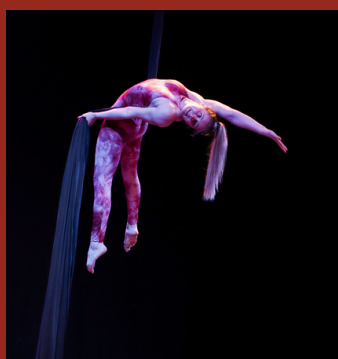


HOW TO APPLY

To apply to our Full Time Course please send an email to info@aircraftcircus.com expressing your interest and we will invite you to come to the space and discuss the course and your application further, as well as to introduce ourselves and discuss any queries you have about the course.

If you are unable to attend our space we are able to do this via video call.

Following meeting, should we think the course is suitable for you we will be in touch with acceptance details, and will begin the enrolment process.





FURTHER QUESTIONS?

SEND AN EMAIL TO INFO@AIRCRAFTCIRCUS.COM AND WE'LL BE HAPPY TO ANSWER ANY QUERIES YOU HAVE!

