

About us

Cotswold Orthodontics is the largest orthodontic practice in Gloucestershire, with the highest number of fully-qualified orthodontic specialists.



Our practice has the perfect blend of the traditional and modern. We are situated in a beautiful Edwardian building, with many of the original features retained. Yet all our treatment rooms are equipped with the latest state-of-the-art technology, including digital X-rays.

Our team is professional and friendly, and we have the added bonus of being conveniently close to Cheltenham town centre, with our own practice car park.

Our specialist orthodontists are Kate Mathews, Cathy Golden, Alison Ferris and James Dickson, all of whom have a wealth of skills and experience, and all of whom are on the specialist orthodontic register.



Our specialist orthodontists from left to right are Kate Mathews, James Dickson, Cathy Golden and Alison Ferris

Useful information

Orthodontists

Alison Ferris
Kate Mathews
Cathy Golden
James Dickson

Opening hours

Monday-Friday 8.30am - 5.30pm
Routine patient hours 9.00am-5.00pm

Appointments & emergencies

Please let us know as soon as possible if you are unable to attend an appointment. If there is an emergency, an appointment will be offered with the first available orthodontist.

Parking

Car parking is available at the practice.

How to find us



Disabled access

If you have any specific requirements, please call us in advance to ensure that we are able to meet them.

Cotswold Orthodontics,

145 Hales Road, Cheltenham, Gloucestershire GL52 6TD **t:** 01242 269498
e: info@cotswold-orthodontics.co.uk **w:** www.cotswold-orthodontics.co.uk



Cotswold Orthodontics

Orthodontics for adults



How to smile with confidence

Many people have over-crowded or crooked teeth. For some people this results in the upper front teeth sticking out and looking unsightly, in others it can mean teeth are pushed sideways, creating an uneven smile.



For some people, over-crowded or crooked teeth can also affect the way their upper and lower jaws meet together, causing an incorrect 'bite'. This can put a strain on the jaw muscles, which can in turn lead to a number of other symptoms including headaches, and aches and pains in the jaw, ear, neck and shoulder area.

Orthodontic treatment gently and gradually moves the teeth, straightening them and improving the way they look and function.

It can also have a huge effect on your confidence, which can go on to have positive effects on your career and your social life.

Treatment options

All adult treatment is carried out on a private basis. This service offers clients the widest choice of appliances combined with a range of added extras, including premium and longer appointment times.

Orthodontics is suitable for the increasing number of adults who want to improve the way their teeth look and function, and who are looking for a high quality service and a choice of effective appliances.

We use the latest advanced procedures for all our adult patients. We discuss your needs carefully, establishing what your requirements and expectations are, as well as assessing how best we can treat you.

We will suggest the treatment options best suited to you, enabling you to make a fully informed decision.

Tooth coloured and metal braces

These braces are extremely effective, and may be recommended for more challenging cases.

Tiny blocks are fitted to the front of your teeth, with a wire running between them. Standard braces use metal blocks but we also offer tooth-coloured blocks to make the braces less visible



Ceramic brackets



Invisalign®

Invisalign®

A sophisticated system of removable and virtually invisible clear aligners which gently move and straighten your teeth. They fit around your teeth, using no metal at all and are removed to eat and clean your teeth.

INCOGNITO Lingual

These are custom – made braces which are fixed to the back of your teeth so they are invisible.

They are easily tolerated by patients and very effective, and are also less likely to lead to visible damage to the teeth.

These systems use state-of-the-art computerised equipment to help create the appliances and are particularly popular with the image conscious, especially those in the public eye.



INCOGNITO