



BLOOD & LYMPH CLEANSE

ZENCLEANZ FLOW DETOX KIT

The ZenCleansz FLOW is Step 4 of our 5-Element detoxification system to purify the body. This 7-day cleanse is designed to clear the body's rivers of life: the blood and lymph system. This cleanse removes waste, accelerates detoxification, smooths microcirculation, and enhances immunity. Cleansing the blood and lymph systems are imperative to creating balanced health in the body. The FLOW cleanse contains 7 of each: sachets of Passionfruit Cleansing powder, bottles of Purifying Polysaccharide enzyme blend, bottles of Invigorating Blend drink, and sachets of chewable Strengthening tablets. All four blends help cleanse the blood and lymph, repair and activate cellular health, and improve immunity.

STEP 4: WHY CLEANSE THE BLOOD AND LYMPHATIC SYSTEM?

The blood is a vital fluid that delivers oxygen and nutrients to the cells, removes waste products from the cells, and plays a critical role in regulating body temperature, pH, and fluid balance. The ZenCleansz FLOW helps cleanse the blood vessels by breaking down substances contributing to plaque buildup and inflammation.

The lymphatic system consists of lymphatic vessels, lymph nodes, the spleen, the thymus, and the tonsils. The lymphatic system manages internal waste produced by the cells. There is no heart to pump the lymph in the body; only movements can do so. The body's blood flow takes minutes to circulate, whereby our lymph flow takes a day. The natural enzymes in this cleanse drain and promote the breaking up of mucus and cleansing of the lymph nodes, allowing for better lymph and blood circulation.

CHI-TECH NUTRITION



Traditional Chinese Medicine



Organic Farming



Naturopathic Medicine



Science

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BLOOD AND LYMPH

ZENCLEANZ FLOW



MAY HELP PEOPLE WITH:

- Swollen lymph nodes, especially in the neck, underarm, or groin areas
- Fatigue or unexplained exhaustion
- Recurring infections, colds, or flu-like symptoms
- Skin problems such as acne or rashes
- Headaches or migraines
- Sinus congestion or nasal discharge
- Fluid retention and bloating
- Joint pain or stiffness
- Digestive issues such as constipation, diarrhea, or gas
- Chronic pain or inflammation
- Brain fog or poor concentration
- Allergies or autoimmune conditions
- Chest pain or angina
- Shortness of breath or difficulty breathing
- High blood pressure
- Leg pain or cramping, especially during exercise
- Tiredness or weakness in the legs
- Cold feet or hands
- Erectile dysfunction
- Dizziness
- Atherosclerosis or plaque forming in the arteries
- Peripheral artery disease (PAD)
- Blood clots
- Stroke or heart attack

WHAT TO EXPECT WHEN DOING THE FLOW CLEANSE:

The Invigorating Blend boosts circulation all over the body. Please do not be alarmed. The contents of this blend are meant to boost flow to the body and flush toxicity. The skin may itch, become red, feel “full,” and feel increased pulsation. These sometimes intense sensations will pass. This is an opportunity to feel an expansiveness of increased circulation and not a cause for alarm.



The lymphatic and blood cleanse allowed my body to re-nourish organs that were very congested. I now have a better circulation and can feel it in my legs, my lower back and my colon. I'm gaining back my health. (I gradually walk back). Even with different types of physical training I barely arrive to this point. Zencleanz is definitely a path.

Jean-François Gravel
Job, Country

JOIN US AND TAKE PART OF A GROWING COMMUNITY



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