

LUNCH BITES

EST. 1996 — THE COFFEEHOUSE — NORMAL, IL

SALADS

house, 1000 island, buttermilk ranch,
oil & vinegar, balsamic vinegrette

GF TACO 6.50

romaine, chili, soyrizo, cheddar,
tomato, black olives, salsa,
sour cream and tortilla chips

GF FALAFEL 6.50

romaine lettuce, red onion,
tomato, cucumber, falafel bites,
feta and house dressing

GREEK 6.50

romaine lettuce, feta, green
pepper, red onion, cucumber,
tomato, black olives, croutons,
oil and vinegar

V GARDEN 6.50

romaine lettuce, carrot, tomato,
red onion, cucumber and croutons

//choice of dressing

//add "chicken" +2.50

VEGGIE BURGERS

*served with spiced fries & pickle spear

V BASIC VEGGIE BURGER 7.50

romaine lettuce, tomato
and onion on a house-made bun
//add cheese +.50

FETA FRESH 8.00

melted feta, red onion, zucchini
and yellow squash on sourdough
//served with side of ranch

YEEHAW! 7.50

melted swiss, sautéed mushrooms
and ranch dressing on a house
made bun

V GUAJILLO 7.50

spiced with guajillo pepper oil,
avocado, romaine lettuce
and tomato on a house-made bun

FRISCO MELT 7.50

melted swiss and cheddar, lettuce,
tomato, 1000 island dressing on
toasted sourdough

PATTY MELT 7.50

veggie patty, grilled onion
and swiss on fresh baked rye

SIDES

V HUMMUS & PITA 4.00

classic or spicy hummus

V GF SPICED FRIES 3.25

seasoned french fries

V GF SIDE SALAD 3.00

garden salad with choice
of dressing

HOUSE FAVES

V HUMMUS PLATE 6.50

house-made hummus (classic or
spicy), carrot, tomato, cucumber,
red onion, green pepper,
black olive and toasted pita

PANINI 6.50

choice of 3 veggies and cheese
on house made foccacia bread

V FALAFEL PITA POCKET 6.50

falafel patty in a toasted pita
with lettuce, cucumber, tomato
and hummus

//served with tahini dressing

CKN FETA WRAP 7.50

"chicken", feta, red onion, zucchini,
squash, spinach, tomato and
hummus in a honey wheat wrap

//served with house dressing

HUMMUS WRAP 5.25

hummus, romaine lettuce, tomato,
cucumber and carrot rolled
into a honey wheat wrap

//served with house dressing side

V SOURDOUGH SANDWICH 5.50

toasted sourdough with
hummus, romaine lettuce,
cucumber, green pepper and
tomato drizzled with oil and vinegar

TOMATO BASIL PESTO 5.50

mozzarella, tomato and house-
made pesto on 7 grain toast

DEVEILED EGG SALAD 5.50

romaine lettuce, tomato and
egg salad on 7-grain toast or in
a honey wheat wrap

V SPICY FU 5.50

vegan wheat toast, tofu spiced
with guajillo oil, romaine lettuce,
tomato and soy mayo

V BLT 5.50

vegan bacon, tomato, lettuce
and soy mayo on vegan wheat

**GRILLED CHEESE
& TOMATO** 5.00

cheddar and diced tomatoes
melted in between two pieces
of our house made 7 grain toast

GRILLED SPINACH & FETA 6.00

melted mozzarella and feta
with spinach and red onion on
sourdough

V GF CHILI 4.00

house-made bean chili

SOUP OF THE DAY 3.50

CHIPS & HOUSE SALSA 3.00

V = vegan

GF= gluten friendly

//gluten free dishes are prepared in a kitchen that processes gluten foods