

ALL PRICES USD • WHILE SUPPLIES LAST!



# OCTOBER

DELIVERY SPECIALS



**October Specials Pack**

**25% OFF**

Strawberries, Mashed Potatoes, Pineapple, Granny Smith Apple Slices, Cheddar Cheese, Pulled Pork

**\$136.84 \$102.63**

All pack contents are pantry cans.

**25% OFF**

**Strawberries**

Family Size: ~~\$45.79~~ \$34.34  
Case: ~~\$260.89~~ \$195.67

Pantry Can: ~~\$18.99~~ \$14.24  
10-Pack: ~~\$179.89~~ \$134.92

**FD GF NG**

**25% OFF**

**Mashed Potatoes**

Family Size: ~~\$21.29~~ \$15.97  
Case: ~~\$121.39~~ \$91.04

Pantry Can: ~~\$8.99~~ \$6.74  
10-Pack: ~~\$84.99~~ \$63.74

**GF NG**

**20% OFF**

**Pineapple**

Family Size: ~~\$58.19~~ \$46.55  
Case: ~~\$331.29~~ \$265.03

Pantry Can: ~~\$23.99~~ \$19.19  
10-Pack: ~~\$227.99~~ \$182.39

**FD GF NG**

**20% OFF**

**Granny Smith Apple Slices**

Family Size: ~~\$39.59~~ \$31.67  
Case: ~~\$225.29~~ \$180.23

Pantry Can: ~~\$16.59~~ \$13.27  
10-Pack: ~~\$157.59~~ \$126.07

**FD GF NG**

**20% OFF**

**Cheddar Cheese**

Family Size: ~~\$74.49~~ \$59.59  
Case: ~~\$424.49~~ \$339.59

Pantry Can: ~~\$29.79~~ \$23.83  
10-Pack: ~~\$282.69~~ \$226.15

**FD GF NG**

**20% OFF**

**Pulled Pork**

Family Size: ~~\$96.39~~ \$77.11  
Case: ~~\$549.19~~ \$439.35

Pantry Can: ~~\$38.49~~ \$30.79  
10-Pack: ~~\$365.39~~ \$292.31

**FD GF NG**

**Baking Supply Items**

**Honey Crystals**  
Pantry Can: ~~\$15.29~~ \$13.00  
10-Pack: ~~\$145.29~~ \$123.50  
**GF NG**

**Gluten Free Flour**  
Family Size: ~~\$26.59~~ \$22.60  
Case: ~~\$140.19~~ \$119.16  
**GF NG**

**Butter Powder**  
Pantry Can: ~~\$25.19~~ \$21.41  
10-Pack: ~~\$239.19~~ \$203.31  
**GF NG**



Get these items while supplies last.

**What's for dinner? Check out our recipes and tips on the back!**



Apple Pork Grilled Cheese



Fruity Salsa

Contact me for Best Prices!

NAME: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**FD** Freeze Dried, **GF** Nutrilock, **GF** Gluten-Free Certified, **NG** Non-GMO.

\*Free shipping on delivery service orders over \$99 (5% shipping in Alaska, Hawaii & Puerto Rico). Discounts on monthly special items are available only on delivery orders. One-time orders pay retail price. Sale ends 10/31/2022. All seasonal and sale items are available while supplies last.

Thrive Life's freeze dried foods are the freshest on the market and long-lasting, meaning you'll never have to throw away another moldy onion or mushy strawberry! The unopened shelf life for all our fruits, veggies, dairy and meats is 25 years. For specific information, visit our product pages at thrive.life.com.

# Apple Pork Grilled Cheese

**Total Time: 10 min.**

**Servings: 8**

## INGREDIENTS:

2 tbsp. butter softened  
1 cup Thrive Life Granny Smith Apples  
(not reconstituted, diced ½ in. pieces)  
½ tsp. cinnamon  
¼ tsp. nutmeg  
½ cup red onion, diced  
2 ½ cups Thrive Life Pulled Pork  
2 cups of water  
1 cup Thrive Life Cheddar Cheese  
8 slices French bread, thin  
Butter for bread slices

## INSTRUCTIONS:

1. Heat a medium size sauce pan over medium-high heat. Melt butter and stir in Granny Smith Apples, cinnamon and nutmeg. Cook for a minute.
2. Add onions to the apples and sauté for an additional two minutes.
3. Add Pulled Pork and water. Reduce heat and simmer for 10 minutes.
4. Heat up a griddle or frying pan on medium heat. Add pork mixture and cheese to bread slices. Butter the outside of each slice. Cook on each side until bread is golden brown and cheese is melted.



# Fruity Salsa

**Total Time: 10 min.**

**Servings: 8**

## INGREDIENTS:

2 cups Thrive Life Strawberries  
1 ½ cups Thrive Life Pineapple  
¼ cup red onion, peeled and diced  
1 jalapeno seeded and diced  
¼ cup cilantro, chopped  
1 lime, zested and juiced  
1 lime, juiced  
½ cup water  
Salt and pepper to taste  
Tortilla chips for serving

## INSTRUCTIONS:

1. Add strawberries, pineapple, red onion, jalapeno, cilantro, lime zest, lime juice, and water to a food processor and mix.
2. Check seasoning and add salt and pepper to taste.
3. Serve immediately or cover and chill in the fridge for up to 2 hours. Serve with tortilla chips.



## RECIPE TIP:

Thrive Life Mashed Potatoes are the perfect side dish or a great addition to casseroles, potato soups, shepherd's pie, and more.

