

## "Now anyone can make pies to perfection

## REGAL CREAM-ON-CHOCOLATE PIE

 with Spry's 'Water-Whip' Method!'"
## Dear Friend:

Here is my newest Spry cookbook, with 12 recipes for beautiful pies. I'm so glad you sent for it, and I hope you'll try every one of them! They're recipes you can depend on, because they've been tested over and over again in the
 Lever Test Kitchens. What's more, this book is chock-full of tricks that will make pies the easiest thing you bake! There's the easy, quick Spry "Water-Whip" method that takes all the guesswork out of piecrust even for beginners. There's an improved standard pastry recipe. There are dozens of hints for rolling, decorating - even freezing - pies. Once you've tried these easy, simple methods, you'll feel like making pies and tarts much more often, I know. And one member of your family is going to be especially happy - nearly every man loves pie!
Then give him pie to his heart's content! Any one of these recipes is sure to be pie to his liking - they were chosen because they're the pies that surveys, research, letters in my mail show most men like best. So begin anywhere - run your own popularity contest-see which pie wins with him!

> Sincerely yours,

Make . . a baked "Water-Whip" Pie Add . . . 1 tablespoon butter or marShell, page 19.
Soften . . 1 teaspoon gelatin in 2 tablespoons cold water
Melt . . . 1 oz . chocolate (cut in pieces) in $11 / 4$ cups milk in top of double boiler; blend with rotary egg beater
Mix ....1/2 cup sugar, 2 tablespoons cornstarch, $1 / 4$ teaspoon salt. Add to chocolate mixture and cook until thick and smooth, then cook 15 minutes longer, stirring constantly
Beat . . . 3 egg yolks well. Stir small amount of chocolate mixture into egg yolks, return to double boiler, and cook a few minutes longer.
garine, 1 teaspoon vanilla and gelatin mixture; mix well. Cool.
Fold in .3 stiffly beaten egg whites
Whip . . . $1 / 2$ cup heavy cream and fold into chocolate mixture
Pour .
into baked pie shell. Chill refrigerator several hours, or until firm When ready to serve, whip 1 cup heavy cream and spread over filling.

Sprinkle 1 cup grated fresh coconut (or shredded moist coconut) over cream and decorate with curls of shaved chocolate. eep served.

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## OLD-SOUTH BUTTERSCOTCH PIE

Make . . a baked "Water-Whip" Pie Shell, page 19
Mix . . . . $11 / 4$ cups firmly packed dark brown sugar, $1 / 4$ teaspoon salt, 2 tableater in top of double boiler. Boil over direct heat to a thick sirup (about 5 minutes)
$1 / 4$ cup milk with $41 / 2$ tablespoons cornstarch. Add $13 / 4$ cups milk combine with hot sirup and cook over hot water until thick and mooth, then cook 15 minutes longer, stirring constantly
Beat . . . 3 egg yolks slightly. Stir a small amount of hot mixture into egg yolks, return to double boiler, and cook 5 minutes longer
Add . . . 2 tablespoons butter or margarine, $1 / 2$ teaspoon vanilla and cool
Pour . . . into baked pie shell. At serving time, whip 1 cup heavy cream and arrange in a border around top of pie leaving a 3 circle of uncovered filling in center


## CRUMBLY TOP APPLE PIE

Make . .an unbaked "Water-Whip" Pie Shell, page 19
Mix . . . $1 / 4$ cup sugar, $3 / 4$ teaspoon cinnamon, $1 / 8$ tea spoon salt, 4 cups pared, cored thin apple slices
Arrange apple slices in pie shell
Blend . . $3 / 4$ cup firmly packed brown sugar, $3 / 4$ cup sifted all-purpose flour

Cut in .. $1 / 3$ cup butter or margarine with pastry blender or two knives until crumbly. Sprinkle over apples.
Bake... in moderately hot oven ( $400^{\circ} \mathrm{F}$.) 30-35 minutes. Serve with or without cream.



## HOT N HEARTY STEAK PIE

Fry . . . . 11⁄2 cups sliced onions slowly until yellow in $1 / 3$ cup Homogenized Spry. Remove onions and save for later use.

Make
Roll . .
longer.
Golden Egg Pastry, page 20. dough into a rectangle $1 / 4^{\prime \prime}$ thick and about 1 larger than $10^{\prime \prime} \times 6^{\prime \prime} \times 2^{\prime \prime}$ baking dish
Pour meat mixture into dish and place cooked onions on top
Fit . . . . . pastry over top and seal edge of pie. Mark top into 6 serving portions by cutting small ing portions by cutting small wise and crosswise wise and crosswise. In center of each square make a decorative steam vent by cutting 8 short slits in a snowflake pattern.
in very hot oven ( $450^{\circ} \mathrm{F}$.) 25 30 minutes. Makes 6 servings. $1 / 2^{\prime \prime}$ pieces and roll in mixture of $1 / 3$ cup flour, 3 teaspoons salt, $1 / 4$ teaspoon pepper. Sear in hot Spry until richly browned.
Add... $3^{1 / 4}$ cups boiling water, 1 tablespoon Worcestershire sauce and sprinkle in any of the flour mixture that remains. Cover and simmer until meat is tender (about 1 hour).
Add . . . 1 cup raw potatoes, cut in Bake $1 / 2^{\prime \prime}$ cubes. Cook 10 minutes

Hints for a "Light Hand" with Pastry


You've heard a woman say, admiring another cook's handiwork, "She has such a light hand with pastry!" Tender, flaky piecrust has always been the prize accomplishment of good cooks! And many's the woman who has envied it! Now, thanks to Spry and its new "Water-Whip" method, perfect pastry - every time - is easy as child's play. And so fast! It's ready to roll in seconds!
You see, the "Water-Whip" method answers right from the start that question that has always been so confusing - "How much water shall I add?" You simply add a definite, measured amount of liquid right to your shortening, then whip it into a soft, creamy emulsion! Of course, any shortening won't do-the whole method is possible only because Spry is homogenized, specially made to mix with liquids.

Once your pastry is mixed, the success of your pie depends a great deal on how you handle the dough. You'll want to read carefully the pictured directions for each pastry method and go over the suggestions in the pages that follow. They're tricks from skilled pie-makers - ways to make your pies prettier, more delicious, more certain to win you compliments from every one who comes to your table! And now - Happy Baking!

## You cam bake BETTER pies with Homogenized Spry

$\mathrm{D}_{\text {ip }}$ your sṕoon into Homogenized Spry - see how much lighter and fluffier it is than other shortenings how easy to work with. It's precreamed, easier, quicker to blend with dry ingredients. And Spry is the only kind of shortening that is specially made to mix with liquids. That's what makes the marvelous new "Water-Whip" method possible! You can count on Spry every time you're sure to make flakier, more tender piecrust than you can possibly get with any other kind of shortening
in fact, Lever Brothers Company guarantees just that!


## STANDARD PASTRY. . . the sure Spry Way

Standard or conventional pastry is made by first cutting the shortening into the flour. In the Spry way of making standard pastry, the shortening is cut into the flour in two steps: first, $2 / 3$ of the Spry is cut in fine for
tenderness; second, the remaining Spry is cut in coarse for flakiness. To make standard pastry this improved way, follow the recipe and key steps pictured below. See how easy it is to get perfect pastry every time!

## Expent Trielas FOR PERFECT P||ES

## Standard Piecrust

## Ingredients

sifted all-purpose flour salt
Homogenized Spry cold water

Put flour and salt in mixing bowl and mix. Cut in Spry as follows:

Step 1 for Tenderness - cut in about $2 / 3$ of the Spry with pastry blender or 2 knives until as fine as meal
Step 2 for Flakiness - cut in the remaining Spry to the size of large peas
Sprinkle all the water, 1 tablespoon at a time, over different parts of mixture. Mix thoroughly with fork until all particles cling together and form a dough. Take up in hands and work into a smooth, blended ball of dough. Use in making pies, tarts, turnovers, etc.
Roll standard pastry on a floured board or cloth - not between waxed paper.


Cut in remaining Spry to size of large peas. In baking, these pieces melt into little "pools" of fat, forming leafy flakes This step insures flakiness in the pastry

Two-crust $9^{\prime \prime}$ Pie or Lattice Pie

2 cups
1 teaspoon
$3 / 4$ cup


Cut $2 / 3$ of the Spry into flour with pastry blender until as fine as meal. Be sure al the flour is mixed with the Spry. This step insures tenderness in the pastry.


Sprinkle water over mixture; mix thoroughly with fork until all particles cling together. Take up in hands, work into a smooth, well-blended ball of dough

## 9" Pie Shell

 or 6 tart shells$11 / 4$ cups
$1 / 2$ teaspoon
$1 / 2$ cup
$21 / 2$ tablespoons

Many secrets of pie success lie in the "know-how"-in the techniques and practices that are part of a pie-maker's skill. You'll find many of these pie tricks in this booklet: how to make a custard pie with a crisp, flaky undercrust and a soft, creamy filling. how to seal in the juices in a berry pie .. . how to make a fluffy, upstanding meringue. There are tips for pretty tops and attractive edges, too - all designed to give your pies a truly professional air!

## Atłractive Rims foo Flat̀łer Your Pies

The eye-catching look of a handsome pie comes in large part from its pastry rim. Clever fingers can fashion an endless variety of attractive edges. The
ines of a fork, a pointed knife, or an inverted teaspoon tip can be used with good effect, too.
Interesting pastry designs can be made on the rims with tiny patterns or cutters. Some pies call for a rim of the "stand-up" type, others are at their best with a flat "lie-down" rim. Select the edge that will do the most for the filling You will enjoy using your own ideas and creating new and original rims to frame your favorite pies. Here are some attractive edges that are easy to make.

Rope Rim (for pie shell)
Make stand-up rim (page 18). Pinch pastry between thumb and bent forefinger. Make the crimps sharp and distinct so they will not bake out
Shell or Flute Rim (for pie shell)
Make stand-up rim (page 18). Make shell-like flutes by placing left index

## KEEP FRUIT JUICES IN PIE . . .the "Rim-Seal" way



To keep fruit juices from boiling out of a 2 -crust pie, trim undercrust even with pan, cut the top crust $1 / 2$ inch beyond pan, then turn it under the bottom crust


Moisten edge of undercrust with water, press upper and lower crusts together with floured fork. Or crimp the edges together with the thumb and forefinger.
finger against inside of rim and pinching it on outside with tips of right thumb and index finger. (See Luscious Lemon Meringue Pie, page 8.)

Thimble Rim (for 1-crust pie)
Trim pastry even with edge of pan. With thimble, cut tiny circles from pastry Moisten rim, place circles, overlapping on rim, pressing lightly. (See Heritag Pumpkin Pie, page 3.)
Arrow Head Rim (for 1-crust pie) Cut pastry $1 / 2^{\prime \prime}$ beyond pan edge, then fold under making a flat "lie-down" rim. With knife, cut continuous Vs around rim. With right index finger, lift up base rim. With right index finger, l if up base pie shell. Continue around rim. (See Crumbly Top Apple Pie, page 7.)
Flute-and-Fork Rim (for pie shell)
Make stand-up rim (page 18). Make a single flute as described under Shell or Flute, then next to it press with tines of fork. Continue around rim, alternating flute and fork. (See Dreamy Banana Cream Pie, page 5.)

Fork-Seal Rim (for 2 -crust pie)
A good edge to seal in fruit juices. Press floured tines of fork down on rim straight or diagonally. (See "His Favorite" Apple Pie, page 4.)
Ruffle Rim (for closed pie)
Prepare pie rim as for Fork-Seal if a 2-crust pie; if a deep-dish pie, trim
pastry $1^{\prime \prime}$ beyond dish edge and turn back even with dish, Place left index finger and thumb $1 / 2^{\prime \prime}$ apart on outside of rim. Use right index finger to pull pastry back between fingers to make ruffled effect. (See Hot N Hearty Steak Pie, page 12.)

## "Pretty-Pleat" Your Tarts and Paity Shells



Use recipe for "Water-Whip" Piecrust (page 15) or Standard Piecrust (page 16), for 9 tart shells .. Roll dough $1 / 8{ }^{\prime \prime}$ thick and prick with fork... Cut out $5^{\prime \prime}$ circles and fit over backs of $3^{\prime \prime}$ muffin pans, pinching into about 7 pleats... Bake in hot oven ( $450^{\circ} \mathrm{F}$.) 10- 15 minutes .. Lift off shells, cool on rack... Fill tart shells with fruit or berries for a dainty shells with fruit or berries for a dainty
dessert; or with creamed vegetables, dessert; or with creamed vegetables,
chicken, or fish for an appetizing main dish for luncheon or supper.
"Wafer-Whip" Pie Shell
$1 / 2$ cup less 1 tablespoon Homogenized Spry 3 tablespoons boiling water 1 teaspoon milk
$11 / 4$ cups all-purpose flour (sifted once before measuring)
$1 / 2$ teaspoon salt
Put Spry in medium-sized mixing bowl. Add boiling water and milk and break up shortening with fork. Tilt bowl and, with rapid cross-the-bowl strokes, whip with fork until mixture is smooth and thick like whipped cream and holds soft peaks when fork is lifted. . . . Sift flour and salt together onto Spry mixture. Stir quickly, with round-the-bowl strokes, into a dough that clings together and "cleans" the bowl. . . . Pick up and work into a smooth dough; shape into a flat round. . . . Put dough between two $12^{\prime \prime}$ squares of waxed paper and roll lightly into a circle about size of paper. Peel off top paper, place pastry in $9^{\prime \prime}$ pie pan, pastry next to pan. Carefully remove paper. Fit pastry into pan, trim $1 / 2^{\prime \prime}$ beyond pan, turn back even with edge of pan, flute rim. Prick shell all over with fork. . . . Bake in very hot oven ( $450^{\circ} \mathrm{F}$.) 14-19 minutes.

Makes enough pastry for a 9 " pie shell.

## MERINGUE

A handsome meringue is the final touch of flattery to a beautiful pie. Here is a recipe with 7 success secrets written into it:

3 egg whites
6 tablespoons fine granulated sugar
1 teaspoon lemon juice or $1 / 2$ teaspoon vanilla

1. Beat egg whites until stiff and dry (better volume is obtained if whites are not too cold).
2. Add sugar gradually -1 tablespoon at a time-beating well after each addition. Continue beating until stiff peaks form when egg beater is lifted.
3. Add flavoring (the meringue should have flavor as well as the filling).
4. Spread meringue lightly over cooled filling in pie shell, making sure it touches pastry rim all around. (This helps prevent shrinkage.)
5. Make graceful swirls or peaks in the meringue with back of tablespoon or spatula.
6. Bake in slow oven ( $325^{\circ} \mathrm{F}$.) $25-30$ minutes, or until meringue is firm and delicately browned.
7. Let pie cool on rack away from drafts.

TO MAKE A SHAPELY PIE SHELL


Fit dough into pan; trim pastry with scissors about 1 inch beyond edge of pan.


Turn back pastry; then raise fold, press against pie pan, making stand-up rim.

FOLLOW THESE EASY TECHNIQUES


For a rope rim, pinch with thumb and bent forefinger, making sharp crimps.


Prick shell all over with fork. Bake in very hot oven $\left(450^{\circ} \mathrm{F}\right.$.) 10 to 15 minutes.

## Banbury Tarts

2 eggs, well beaten
1 cup seeded raisins, chopped 1 cup sugar
1 tablespoon soft bread crumbs 2 tablespoons lemon iuice
2 tablespoons grated lemon rind
$1 / 4$ cup walnuts, chopped
$1 / 4$ teaspoon salt
"Water-Whip" Piecrust, page 15 Mix first 8 ingredients ... Roll dough $1 / \mathrm{s}^{\prime \prime}$ thick and cut in eight $5^{\prime \prime}$ circles. Fit circles into $3^{\prime \prime}$ muffin pans, pinching into fluted rims at top. Fill with raisin mixture. Place cut-out pastry star on top of each tart. Sprinkle stars with red sugar ... Bake in hot oven ( $400^{\circ}$ F.) 30-40 minutes . . . Makes 8 tarts.

## Mince Turnovers

Use recipe for Piecrust, page 15 or 16 . Roll dough $1 / 8^{\prime \prime}$ thick and cut out $5^{\prime \prime}$ circles. On one half of each circle place 2 tablespoons mincemeat. Moisten edge, fold pastry over mincemeat, seal edge with fork. Prick top. Bake in hot oven ( $425^{\circ}$ F.) 10-15 minutes. Makes 8-10.

## Golden Egg Pastry

Mix 1 cup sifted all-purpose flour and $1 / 2$ teaspoon salt. Measure $1 / 3$ cup Spry.

Step 1 for Tenderness - cut in about $2 / 3$ of the Spry until fine as meal.
Step 2 for Flakiness - cut in remaining Spry to size of large peas.
Add 1 egg, slightly beaten, and mix thoroughly into a dough. Use in making Hot $N$ Hearty Steak Pie, page 12.

## To Freeze Pies...

Now the miracle of making pies weeks ahead, freezing them in a home freezer or the freezer section of a refrigerator, and enjoying them fresh from the oven when convenient! Favorites for freezing are double-crust pies like apple, cherry, peach, mince, or berry, also deep-dish peach, mince, or fruit and berry pies.

Pies can be frozen unbaked or baked. If frozen unbaked, do not cut steam vents in top crust; wrap in moisture-vaporproof material and seal; label, date, and freeze. To thaw, remove wrappings and cut small steam vents in top crust. Bake in $425^{\circ} \mathrm{F}$. oven for $65-70$ minutes. If pie is frozen baked, let pie cool thoroughly at room temperature, then wrap in moisture-vaporproof material and seal; label, date, and freeze. To thaw, remove wrappings from frozen pie and heat in wrappings from
$400^{\circ} \mathrm{F}$. oven for $25-35$ minutes.

Pie shells can be frozen unbaked or baked and kept on hand for use as needed. If pie is frozen unbaked, it is easier to freeze it before wrapping, then wrap immediately in moisture-vaporproof material and store in freezer To thaw, unwrap shell and bake in $450^{\circ} \mathrm{F}$. oven 5 minutes; reprick shell and bake about 10 minutes longer. If pie shell is frozen baked, let the baked shell cool thoroughly at room temperature, then wrap in moisture-vaporproof material and seal; label, date, and freeze... To thaw, leave shell wrapped and let stand at room temperature or unwrap and heat in $400^{\circ} \mathrm{F}$. oven 5 minutes.

HOW TO "SLIP"


For creamy custard and crisp crust, bake shell and custard separately (page 10).

A CUSTARD PIE


Loosen the cooled custard, then slide it carefully into baked, cooled pie shell.

## Give Your Pie A Pretty Top

A pretty top lends distinction to any pie, be it plain or fancy. A sparkling glaze gives a toucn of elegance to a twocrust fruit pie .. . To make a glazed top, brush the unbaked pie with slightly beaten egg white and sprinkle with sugar, then bake... For an extra-brown crust, brush the top crust before baking with milk or light cream, then sprinkle with sugar.

## Lattice and Open Tops

Lattice-top fruit pies with colorful juices bubbling up through golden strips of pastry are always a favorite The narrow pastry strips can be cut with a pastry wheel or
 harp-pointed
knife . . . For a trellis top, the strips are twisted as they are laid across the filling (Cherry Trellis Pie, page 9) For a woven lattice top, weave the strips over and under one another For a crisscross top, lay a first set of seven strips across the filling, then lay a second set over them, making diamond shapes on the filling... For a spiral top, arrange strips on filling in a spiral effect by starting at the center and twisting and winding around the top six times (Coronation Peach Pie, page 11) ... A hit-and-miss top offers pleasing contrasts on a prune or raisin pie. Just cut many little odd-shaped bits of pastry from the trimmings and scatter them over the top of the filling before baking... Whipped cream makes glamorous toppings on soft cream makes glamorous topings pies, especially when accented with drifts of grated fresh coconut and curls Con Chocolate Pie, page 1) ... Or make a snowy ruff of whipped cream by dropping teaspoonfuls of cream around the rim of the pie, then garnish as shown in Dreamy Banana Cream Pie, page 5.

## Decorarive Steam Venits

Small slits or ther openings must be made in losed pies in order to let steam escape during baking. These can be extremely attractive and in harmony with the pie filling.
 For example, on the top crust of a fruit pie, prick or cut the outlines of the fruit used, such as apples, peaches, or plums... An interesting cherry pie can be made by cutting eight half-inch holes in the top crust to represent cherries. For stems, cut slits

To personalize a pie, prick the initials of the one you wish to honor . . . For a Christmas mince pie, roll the top crust, and cut with small Christmas tree cutter making 5 trees and pointing the tips of the trees to the rim of the pie. The trees should not be cut out of the dough merely outlined. Brush the trees with egg white and sprinkle with red sugar.

## Perky Pastry Cufoouts

Interesting pastry cut-outs, such as fruits, berries, leaves, chickens, birds, and the ike can be applied to pie tops with happy effects (see the cluster of blueberries and leaves on the Deep-Dish
 Blueberry Pie, page 2) . . . The unbaked pastry "patches" are laid on the top crust before baking and brushed with rob white or milk Tiny pastry stars, hearts or crescents can be pastry stars, hearts, or crescents can be baked and arranged on the top of a chiffon pie... For the holidays, Christmas rrees or bells can be cut out of pastry and laid atop the unbaked filling.



