

The authority on gluten-free living. A magazine for those with gluten intolerance & food allergies.

Delight

gluten
free

delightful food • delightfully fun

JULY-AUGUST 2014

Burgers and Sides
SUMMER BBQ

Baking with
AVOCADOS

SUMMER SWEETS!
Key Lime Shortbread Parfaits

**GLUTEN-FREE
COOKIES**

Recipes & Reviews

Weekend Retreat to
MARTHA'S VINEYARD

**0 GLUTEN-FREE
RECIPES!**

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JOEL WARADY
ENJOY LIFE NATURAL BRANDS LLC
3810 RIVER RD
SCHILLER PARK IL 60176-2307

0 74470 25135 4

Pick Your Favorite GRAHAMCRACKER

S'mores are a staple dessert for a summertime campfire. This summer our test kitchen team tested out some of the new gluten-free graham crackers on the market to help you build the perfect s'more! Top these crackers with a fire-roasted marshmallow and melted chocolate and you've got a bite of perfection! Here are our top picks!

Kinnikinnick

S'moreables Graham Style Crackers

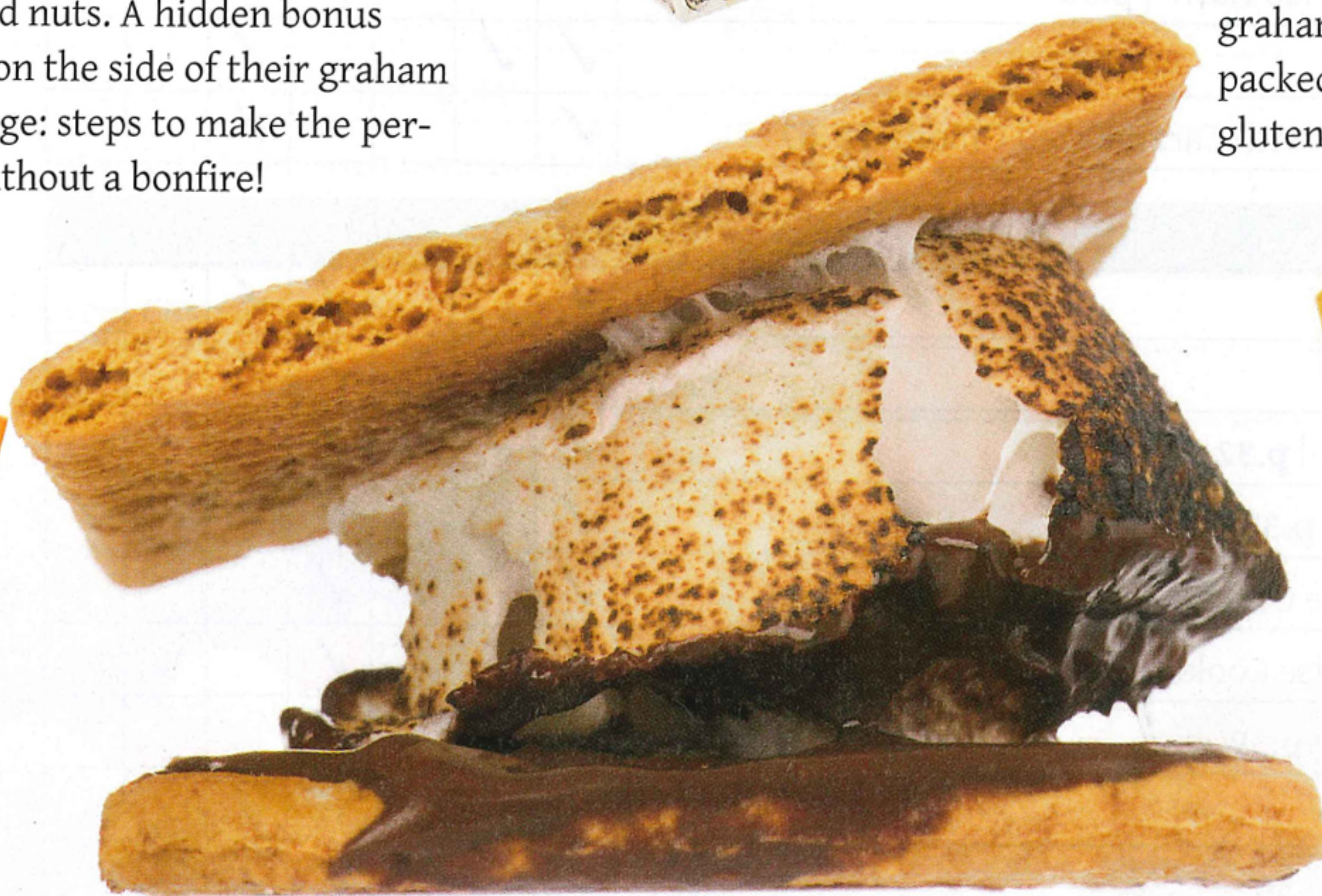
Kinnikinnick has been a household name in the gluten-free community for quite some time now, so it's no surprise that they have one of the tastiest versions of gluten-free graham crackers. In fact, they also just recently released the newest flavor of their animal cookies: graham-style. Kinnikinnick's graham crackers and animal cookies are made of the same ingredients, and both are free of gluten, dairy, eggs and nuts. A hidden bonus can be found on the side of their graham cracker package: steps to make the perfect s'more without a bonfire!



SCHAR USA

Honeygram Cookies

As Schar never disappoints, their version of the graham cracker is sure to please. Use as the traditional cookie for a decadent s'more or break down for the perfect graham cracker crust. These portion-packed honeygrams are made without gluten and lactose.



Enjoy Life

Vanilla Honey Graham Cookies

Part of Enjoy Life's ever-growing collection of crunchy cookies are their Vanilla Honey Graham Cookies. These cookies are made from a special blend of brown rice, white rice, buckwheat and millet flours. Leave it to Enjoy Life to craft a delicious gluten-free version of the graham cracker that's also wheat-free, dairy-free, peanut-free, tree nut-free, egg-free and soy-free. Oh, and did we mention these cookies are also non-GMO certified? And, yes, they actually still taste good! Take a couple of these Vanilla Honey Graham Cookies to your next bonfire so you don't miss out on all the s'mores fun!



Mary's Gone Crackers

Classic & Chocolate Graham Crackers

The newest addition to Mary's Gone Crackers is their graham crackers, which come in the classic flavor as well as chocolate! Mary's Gone Crackers are always organic, gluten-free, non-GMO certified and vegan. These cookies also come with the hidden bonus of being soy-free. Mary's classic and chocolate graham crackers are made from a unique blend of flours including coconut, sorghum, sweet potato, and amaranth. They may be the newest on the market, but their flavor can hold up against even the longest standing gluten-free companies.