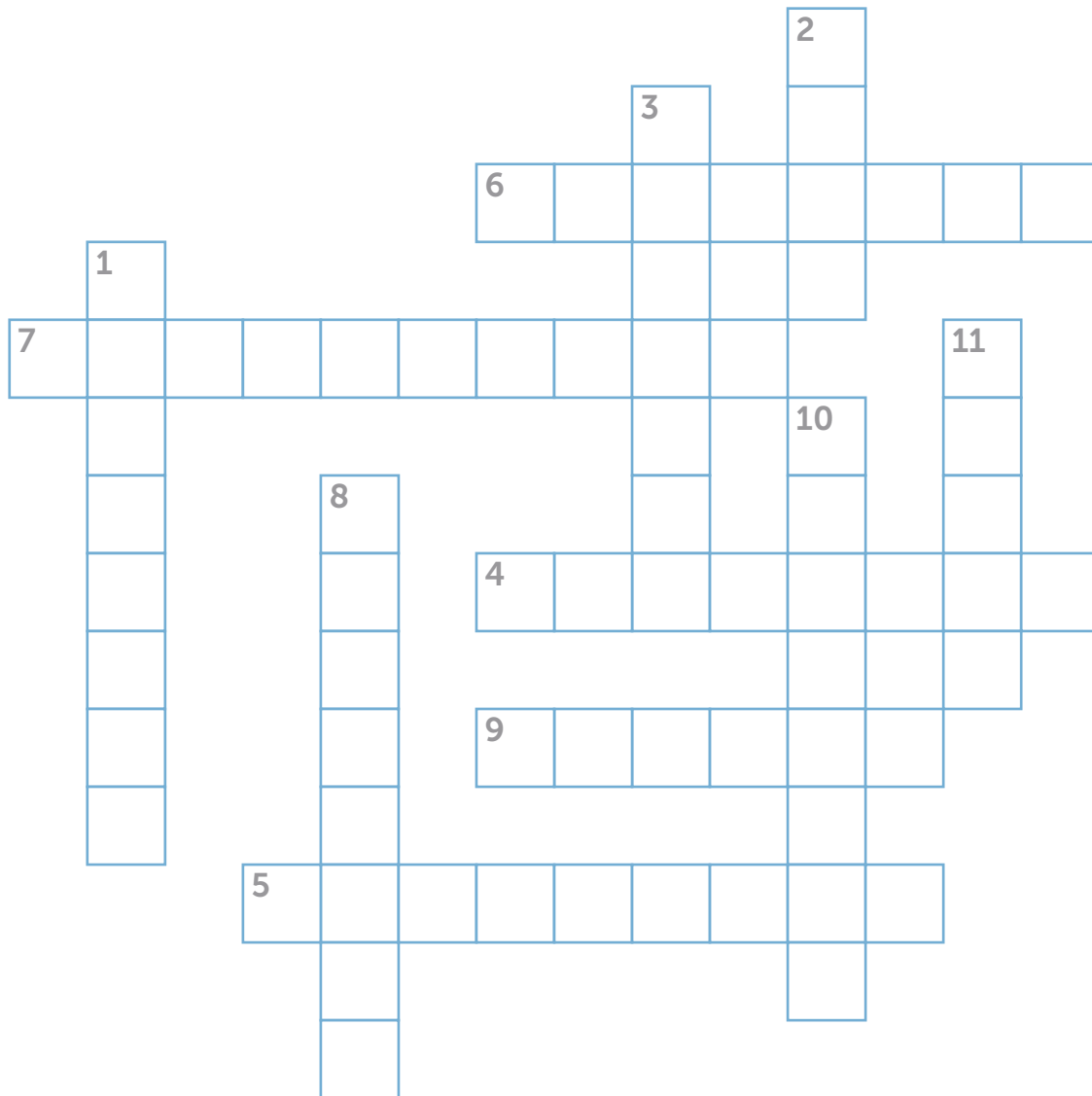


Essential Oil Crossword Puzzle—Answers



Across

4. The act of mixing an essential oil with a carrier oil so its effects are not as concentrated in one area (**Dilution**)
5. _____ oil: potent oils that have been extracted from various plant components including the flower, leaves, stem, or root (**Essential**)
6. Application method: inhaling an essential oil or its aroma (**Aromatic**)
7. A vegetable oil, wax, fat, or other oil that an essential oil is mixed with (**Carrier Oil**)
9. _____ Essentials: A contemporary guidebook to the therapeutic use of essential oil (**Modern**)

Down

1. A widely recognized oil known for its calming properties (**Lavender**)
2. Refers to applying an essential oil by itself, without diluting it in a carrier oil (**Neat**)
3. Application method: applying essential oil directly on the skin (**Topical**)
8. Aromatherapy device used to disperse essential oils (**Diffuser**)
10. Application method: ingesting an essential oil, typically through the mouth (**Internal**)
11. Well-known oil used for its antiseptic and energizing properties (**Lemon**)