

Abigail
Cecile

Sweet Heart



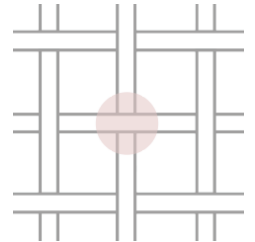
BY ABIGAIL CECILE



How to Use the Charts

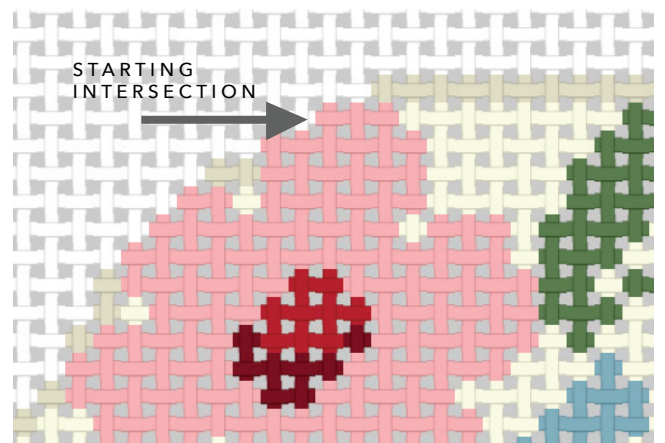
**USE THE CHART TO PAINT YOUR NEEDLEPOINT CANVAS!
OR STITCH DIRECTLY ONTO A BLANK CANVAS - THIS METHOD OF NEEDLE-
POINT INVOLVES COUNTING INTERSECTIONS* RATHER THAN FOLLOWING THE
PAINT ON THE CANVAS. THE PATTERN IS CREATED ON THE CANVAS AS YOU
STITCH!**

*An intersection is where the horizontal and vertical threads of the canvas cross over each other. See illustration.



This chart represents the pattern as it would appear painted on the needlepoint canvas.

1. Begin by finding the starting intersection which is marked for you here on the chart. Start your thread, leaving a waste knot $\frac{3}{4}$ of an inch to the right of the starting intersection.
2. Place your first Tent Stitch over the starting intersection.
3. Count the intersections in the first row. There are three in total so take two more stitches to the right of your starting intersection.
4. Count one intersection down and one intersection to the right from your last stitch and begin a new row - stitching five more intersections to the left, to complete the row.
5. Continue counting and stitching. I suggest switching back and forth between colors as you stitch as this ensures that the pattern is being stitched correctly. For instance, if you stitch all three flowers before moving on to the berries, there is a greater risk of miscounting and mis-stitching.



A traditional grid chart is also included for those stitchers familiar and comfortable with working from a grid. Each little box on the chart represents one intersection* of the canvas and therefore one stitch. Each colored box represents a single stitch in a given thread color. The white or blank boxes are waste canvas.

Sweet Heart

3.5 X 3 INCHES ON 18 COUNT

63 X 57 CANVAS THREADS



INSTRUCTIONS

Stitch the pink flowers in DMC 6 Strand Cotton #151. Stitch the flower centers in DMC 6 Strand Cotton #321 and DMC 6 Strand Cotton #498. Stitch the berries in DMC 6 Strand Cotton #321.

Stitch the leaves in DMC 6 Strand Cotton #3347. Stitch the bows in DMC 6 Strand Cotton #800. Stitch the background in DMC 6 Strand Cotton #3865. The outline of the heart should also be stitched in DMC 6 Strand Cotton #3865, the outline is simply there to make the pattern easier to read. Self finish using pre-cut Abigail Cecile heart shaped finishing boards available on www.abigailcecile.com!

Traditional Grid Chart



FOR MORE PRETTY STITCHES, FINISHING TUTORIALS AND IDEAS VISIT...

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