

Callaway
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GOLFIT HR BAND



INTRODUCTION

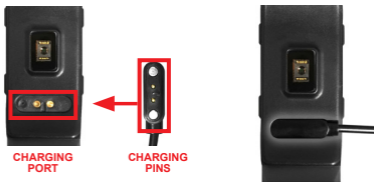
The Callaway GolfFit HR Band combines elite, on the course performance with a sleek, stylish fitness band. On the course, get accurate distances to Front, Center, Back of the green. Off the course, track your steps, heart rate, and sleep pattern.

SPECIFICATIONS

Product	Callaway GolfFit HR Band
# of Courses	38,000+ Worldwide
Battery	170mAh Lithium Ion Polymer
Battery Life	Up to 7 hours (Golf Mode) Up to 8-10 days (Time Mode)
Weight	1.2 oz
Display Size	1"
Band Length	10"

CHARGING

1. Attach the magnetic pins on the charging cord to the magnetic charging ports located on the back of the band (under the heart rate sensor).
2. Be sure the pins are aligned, then insert the other end of the charging cord into a USB port or AC adapter (not included).



SETTING THE TIME

1. To set the correct time, the device must be connected to satellites (must be outside). This can be done by using Golf Mode or by going to Settings.

DESCRIPTION OF TERMS

- **PRESS** - Press & Release button quickly.
- **HOLD** - Press & Hold button until desired screen appears or change happens.



A. [POWER / BACK] - **HOLD** to Power On/ Off. **Press & Release** to return to a previous screen.

B. [OK] - **Press & Release** to select options.

C. [UP] - **Press & Release** to scroll. **HOLD** while in **Golf Mode** to access Shot Distance screen.

D. [DOWN] - **Press & Release** to scroll. **HOLD** while in **Golf Mode** to access Scorecard.

GOLF MODE

1. From **Time Screen**, **Press & Release** the [**DOWN**] button twice to display **Golf Mode (A)**.

A

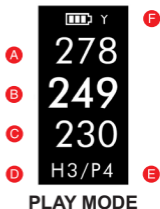


2. **Press & Release** the [**OK**] button to select **Golf Mode**.
3. Device will begin searching for satellite signal (**Press & Release** the [**BACK**] button to cancel).



4. Once satellite connection is established, the nearest golf courses will be listed. Use [**UP / DOWN**] buttons to scroll to desired course, and then **PRESS** [**OK**] button to select the course.

DISPLAY DIAGRAM



- A.** Distance to the **Back** of Green
- B.** Distance to the **Center** of Green
- C.** Distance to the **Front** of Green
- D.** Hole Number
- E.** Par for the hole
- F.** Unit of Measure (Yards or Meters)

5. While on the **Play Mode** screen, **HOLD** the **[UP]** button to access **Shot Distance**, or **HOLD** the **[DOWN]** button to access the **Scorecard**.

SHOT DISTANCE

1. From the **Play Mode Screen**, **HOLD** the **[UP]** button display **Shot Distance**.
2. As you travel to your ball, the distance will begin calculating.
3. Once you arrive at your ball, the distance displayed is the distance of your previous shot (the distance you traveled).
4. **Press & Release** the **[POWER/BACK]** button to exit and return to **Play Mode**.



SCORECARD

1. From the **Play Mode Screen**, **HOLD** the **[DOWN]** button display the **Scorecard**.
2. **Press & Release** the **[UP/DOWN]** buttons until your correct score is displayed.
3. **Press & Release** the **[POWER/BACK]** button to exit and return to **Play Mode**.



END ROUND

1. To end your round, **PRESS** [**POWER/BACK**] button. Scroll to the desired option then **PRESS** [**OK**] button to select.

- **Save & Exit** - Save Scorecard, end round, and return to **Main Menu**.
- **Discard & Exit** - Discard Scorecard, end round, and return to **Main Menu**.
- **Cancel** - Select to return to **Play Mode**.

STEPS

1. From **Time Screen**, **Press & Release** the [**DOWN**] button to display the **Steps** screen.

2. As you walk the number of steps you are taking will calculate and be displayed at the bottom of the screen (approx).

3. To save the number of steps to the device's memory (so it can be uploaded to the free APP later), you must return to the **Time Screen** by **Pressing** the [**UP**] button.

4. To reset the steps back to zero, **HOLD** the [**OK**] button.



HEART RATE

1. From **Time Screen**, **Press & Release** the [**DOWN**] button until you reach the **Heart Rate** screen.

2. **Press & Release** the [**OK**] button to start. (Wait 1-2 minutes for the heart rate to calibrate).

3. To save the Heart Rate data to the device's memory (so it can be uploaded to the free APP later), you must return to the **Time Screen** by **Pressing** the [**UP**] button.



CALORIES

1. From **Time Screen**, **Press & Release** the [**DOWN**] button until you reach the **Calories** screen.

2. The device will count how many calories you are burning (approx.)

3. To save the burned calories data to the device's memory (so it can be uploaded to the free APP later), you must return to the **Time Screen** by **Pressing** the [**UP**] button.



SLEEP

Note: You must preset your sleep time in the App to use this feature.

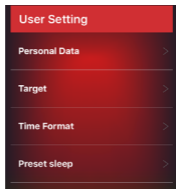
1. In the App, go to **Settings** at the bottom of the screen.



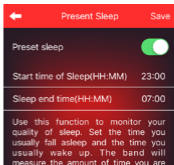
2. Then select **User Settings**.



3. Select **Preset Sleep** from the menu.



4. Set the time you usually fall asleep (**start time**) and the time you usually wake up (**end time**). Then click **Save**.



5. The band will measure the amount of time you are sleeping based on movement during the preset sleep hours.

6. If the band senses movement for 3-5 minutes, the band will exit sleep mode.

7. Then, the band will return to sleep mode (if it does not sense any movement) and continue to measure your sleep time.

SCORE HISTORY

1. From **Time Screen**, **Press & Release** the [**DOWN**] button until you reach the **Score History** screen.

2. **Press & Release** the [**OK**] button to select **Score History**.

3. Use the [**UP/DOWN**] buttons to scroll to the scorecard you would like to view, then **PRESS** [**OK**].

4. Use the [**UP/DOWN**] buttons to scroll to the scorecard you would like to view, then **PRESS** [**OK**].



SCORE		
1 - 9		
H	P	S
6	4	0
7	4	0
8	3	0
9	3	0
PAR	36 ▲	
SCORE	0 ▼	

Note: If you have already uploaded the scorecard to the App, it will no longer appear on the band.

SETTINGS

1. From **Time Screen**, **Press & Release** the [**UP**] button until you reach the **Settings** screen.
2. **Press & Release** the [**OK**] button to select **Settings**.
3. Use the [**UP/DOWN**] buttons to scroll to the setting you would like to change, then **PRESS** [**OK**].



LANGUAGE

1. Use the [**UP/DOWN**] buttons to select your desired language, then **PRESS** [**OK**] to select.

Choose from: English, Spanish, French, German, or Japanese.

2. **Press & Release** the [**POWER/BACK**] button to return to the **Main Menu**.

TIME SET

1. While in **Settings**, Use the **[UP/DOWN]** buttons to scroll to the **Time Set** screen, then **PRESS [OK]**.

- **Auto** - will start search for satellite connection to set the correct time (must be outside).

- **Format** - Choose from 24 or 12 hr time format.

- **Daylight** - Turn Daylight Savings Time ON or OFF.



2. **Press & Release** the **[POWER/BACK]** button to return to the **Main Menu**.

UNIT OF MEASURE

1. While in **Settings**, Use the **[UP/DOWN]** buttons to scroll to the **Y/M** screen, then **PRESS [OK]**.

2. Use the **[UP/DOWN]** buttons to select Yards or Meters, then **PRESS [OK]**.

3. **Press & Release** the **[POWER/BACK]** button to return to the **Main Menu**.

SCREEN DISPLAY

1. While in **Settings**, Use the **[UP/DOWN]** buttons to scroll to the **Screen Display** screen, then **PRESS [OK]**.
2. Use the **[UP/DOWN]** buttons to select Type 1 or 2, then **PRESS [OK]**.
3. **Press & Release** the **[POWER/BACK]** button to return to the **Main Menu**.

FREE APP

Search for **GOLFIT HR** in the Google Play Store™ or in iTunes™



Note: Compatibility depends on model of Smartphone and version of operating software. Features may vary or could be limited due to compatibility conflicts.

For Apple™: Compatible with iOS 9.0 or above.

For Android™: Compatible with OS 5.0 or above.

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PAIRING BAND WITH APP

1. Make sure the phone you're pairing to has Bluetooth enabled and your Golfit HR is powered on.
2. Open the **GOLFIT HR App**. Select the settings tab in the bottom right corner.



3. On the settings screen, scroll down to **"Bluetooth Pair"** and select.

