



Fertility is a team sport™

In 2015, two longtime medical colleagues shared a vision to help couples have healthy babies. They realized the medical community had for too long focused on the woman's role—ignoring half of the equation. Creating a healthy, viable embryo requires 23 chromosome pairs from both the man and the woman, and that means it takes healthy sperm.

It takes six months for the testicles to create sperm cells. During that time, everything from poor diet to lack of sleep and exercise to toxic chemicals in the environment can hinder healthy sperm production. Then, the sperm cells need to make a mad dash up the cervix, which takes about three-quarters of an hour. Scaled to size, that would be equivalent to salmon swimming 3.5 miles upstream to spawn—at 500 mph. Burning energy to power their flagellating tails creates oxidative stress that can also damage the precious DNA cargo in their heads.

Baby boost

Healthy sperm—in sufficient quantities and with strong swimming skills—help ensure high-quality DNA gets to your partner's egg. AlphaSperm® promotes healthy sperm production with a blend of natural antioxidants, vitamins, and micronutrients designed to promote optimal male reproductive health. Based on the newest science, the formula resulted from extensive research by a team of medical professionals and nutritionists led by one of the world's leading experts in fertility and male reproductive health. The result is the preconception boost modern men need to supplement a healthy lifestyle.

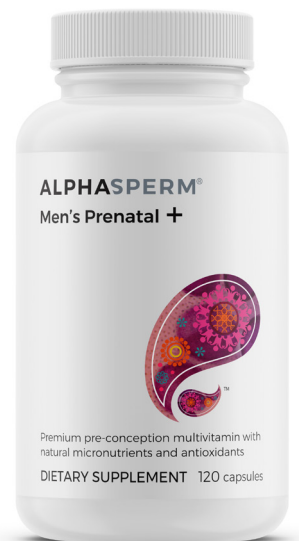


Dr. Paul Turek and Dr. Eduardo Dolhun are on the forefront of men's reproductive health.

The New York Times

The Dawning of Sperm Awareness

Men are embracing sperm health, while society is recognizing that fertility isn't just about women.





Renowned fertility specialist

Newly funded study

Emerging science

Addresses declining fertility worldwide

Mission-driven, physician formulated

This latest science—including breakthrough discoveries in areas such as epigenetics—spawned the AlphaSperm story. Dr. Paul Turek, Dr. Eduardo Dolhun, and a team of world-class nutritionists and doctors set out to help couples have safe, successful pregnancies and healthy babies.

After five years of research, the team developed the first prenatal vitamin and micro-nutrient supplement for men. AlphaSperm forms the core of a philosophy around having a healthy baby as a team. It fills a huge void by focusing on the male half of that success—not putting the onus solely on the woman. In fact, when Dr. Dolhun decided to have children as a single father in 2020, he made AlphaSperm a key part of his preparations for healthy conceptions. Because he knew it takes healthy sperm.



ELLE

Imagine A World Where Men Stressed About Their Sperm Supply as Much As Women Stress About Their Egg Counts.

Paul Turek, M.D. is a Stanford Medical School trained, board-certified urologist and former Full Professor and Endowed Chair in Urology at the University of California San Francisco (UCSF). As the inventor of sperm mapping, he is recognized as one of the world's top male reproductive health and fertility physicians and surgeons. He has published more than 100 peer-reviewed articles in leading medical journals. Much of this research—specifically investigating low sperm count, poor sperm motility, and hormonal imbalances related to infertility—was funded by the National Institutes of Health.



Eduardo Peña Dolhun, M.D. is a Mayo Clinic educated and trained, board-certified family physician. He founded Dolhun Clinic in San Francisco, has lectured at Stanford for nearly two decades, and is Adjunct Professor in the College of Health Sciences at Marquette University. His fellowships include Obstetrics at Santa Clara Valley Medical Center (an affiliate of Stanford University). As part of his efforts to improve lives through hydration and nutrition, Dr. Dolhun invented a patented next-generation oral rehydration solution and founded DripDrop Hydration.



Premium, purely natural prenatal

AlphaSperm combines the best science and the highest-quality ingredients to promote good sperm health—as well as overall male health. In addition to powerful, all-natural antioxidants, it includes more than 40 micronutrients, minerals, and herbals. AlphaSperm's ultra-high absorption further offers maximum bioavailability of its active ingredients.



- | | | | |
|-----------|-----------|--------------------|------------------|
| Vitamin E | Zinc | Inositol | L-Arginine |
| Selenium | Lycopene | Coenzyme/CoQ10 | Alpha lipid acid |
| Maca root | Vitamin A | Acetyl-L-Carnitine | L-Glutathione |

www.alphasperm.com