



LIVE ACTIVE.

2019

THE FIELDS SPORTS COMPLEX

SOCCER SUMMER CAMP

WELCOME PACKET

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Dear Campers / Families,

Summer has arrived! We hope this letter finds you and your family well. As we begin the Summer 2019 season, we would like to welcome all of our new summer families and would also like to extend a great welcome back to each of our returning families. We know that finding the right summer camp can be a tough decision, but we can assure you that your child will have a great summer with us at The Fields Sports Complex. This year marks our fifth year offering summer soccer camp and our second year offering multi-sports camp! We are determined to continue to improve and grow this year!

By making the decision to come to The Fields for summer camp, you are offering your child with an experience to grow as athletes, develop sportsmanship, make new friends, grow in confidence and enjoy sports in a safe and fun environment.

We look forward to meeting the campers and their families this summer! Enclosed is a packet of everything we need from you before camp starts. All forms must be returned before the camper's first day of camp. These can be emailed or brought in at your convenience. If you are attending multiple weeks of camp, these items only need to be brought in once per child. Please sign and return pages 2-5, the rest of the packet is for your information.

If you have any questions please feel free to contact us by phone or email.

Looking forward to another exciting summer!

Allison Gourniak
General Manager

Dan Getliff
Program Manager

Kayleigh Dolinski
Half Day Camp/Lil Kickers Manager



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EMERGENCY CONTACT / UNIVERSAL HEALTH FORM

Name of Camper: _____

EMERGENCY CONTACTS

Emergency Contact 1

Name: _____

Relationship: _____

Phone Number: _____

Emergency Contact 2

Name: _____

Relationship: _____

Phone Number: _____

AUTHORIZED TO PICK UP (besides contacts listed)

Name: _____

Relationship: _____

Phone Number: _____

Name: _____

Relationship: _____

Phone Number: _____

Please specify chronic medical problems: (Diabetes, asthmas, epilepsy, food and/or drug allergies ,ect): _____

List any activity restrictions of your child: _____

Current or past medical treatment that would affect your child's day at camp: _____

List any current medications your child is taking: _____

Medications must be in original container accompanied by a letter of Permission to Medicate with written instructions. Example: Epi pen must be in original container. Campers may not carry medication at any time.

I understand I must also return a completed Universal Health Record with a doctor's signature to participate. Forms must be handed in by the first day of camp or your child may not begin camp.

<https://www.state.nj.us/health/forms/ch-14.pdf>

Please be advised, that any child without proper and up to date vaccines, **will not be able to attend camp.**

Parent/Guardian Signature: _____ Date: _____



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CAMP POLICIES AND INFORMATION

Discipline Policy- Discipline at The Fields is handled with much care and thought. Redirection and positive reinforcement are used to help children understand proper behavior. The Fields reserves the right to dismiss, in its sole discretion, any camper whose condition, conduct, influence or behavior is deemed unsatisfactory or detrimental to the best interest of camp or its fellow campers.

Personal Belongings- The Fields is not responsible for camper's belongings. Please refrain from bringing personal items of value to camp. Any items brought, please label.

Camp Payments- Fees are to be paid in full by the first day of camp.

Camp Drop Off- On Mondays or child's first day of camp for the week, parent(s) must wait with child to be checked in and hand in/collect camp information for the week. The rest of the week children will be check in upon arrival.

Camp Pick Up- Camp ends at 3pm. Children will need to be picked up on the field and signed out with coach. Those staying for aftercare will sign have to sign the child out at the front desk. Only people listed on the authorized form are permitted to pick children up from camp.

Mondays- All parents/guardians must check in players with coaches on the field prior to leaving. All other days of the week players/parents can check in at the front desk. Players will be placed on a World Cup Country and remain in that assigned country all week for activities.

Tuesdays: "Fact day" Players are encouraged to bring a fun fact about their country to share after lunch time.

Wednesdays: "Wacky Wednesday" Come dressed up in your wildest attire!

Thursdays: "Thirsty Thursday" Make your own sports drink and bring it for the coaches to try and judge which is the best tasting! No players will be allowed to try other brought in drinks- for safety reasons.

Fridays- "Flag day" and World Cup Finals. Bring in your country flag and get judged on many categories such as: biggest, smallest, tastiest, most creative etc. If there is a "Tasty Flag" brought in such as cupcakes, please let us know on the last page if your child is able to partake in any snacks offered.

All parents/guardians are invited to come at 2pm on Fridays to watch our World Cup games and the hand out of any awards for campers.

None of the weekly activities are mandatory but we do encourage players to get involved! It's a fun added element to camp that gets their minds moving on more than just soccer!

Parent/Guardian Signature: _____ **Date:** _____



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PHOTOGRAPHY / VIDEO / AUDIO RELEASE & CONSENT FORM
CHILD / MINOR MODEL

This document uses fancy legal language that basically says we are going to make your child/minor look and sound amazing. Please read, review, and agree by filling in the information requested below.

In consideration of my engagement as a model, and for other good and valuable consideration herein acknowledged as received, I hereby grant the following rights and permissions to The Fields Sports Complex ("Photographer/Videographer"), his/her heirs, legal representatives, and assigns, those for whom Photographer/Videographer is acting, and those acting with his/her authority and permission. They have the absolute right and permission to take, use, reuse, publish, and republish photographic, video portraits or pictures, and audio of the minor in which the minor may be included, in whole or in part, or composite or distorted in character or form, without restriction as to changes or alterations from time to time, in conjunction with or without the minor's name, or reproductions of such photographs/video in color or otherwise, made through any medium located onsite at the Photographer's/Videographer's studios or elsewhere, and in any and all media now or hereafter known, including the internet, for art, advertising, trade, or any other purpose whatsoever.

I also consent to the use of any published matter in conjunction with such photographs/video/audio. I specifically consent to the digital compositing or distortion of the portraits, video pictures, or audio, including without restriction any changes or alterations as to color, size, shape, perspective, context, foreground or background. I waive the right that the minor or I may have to inspect or approve any finished product or products or the advertising copy or printed matter that may be used in connection with such photographs/video/audio or the use to which it may be applied. I understand that the images of me may be used in advertisements to promote awareness of Photographer's/Videographer's or client programs and products. I release, discharge, and agree to hold harmless and defend Photographer/Videographer, his/her legal representatives or assigns, and all persons acting under his/her permission or authority or those for whom he/she is acting, from any liability by virtue of any reason in connection with the making and use of such photographs/video/audio footage, including blurring, distortion, alteration, optical illusion, or use in composite form, whether intentional or otherwise, that may occur or be produced in the taking of said picture/video/audio or in any subsequent processing thereof, as well as any publication of them, including without limitation any claims for libel or violation of any right of publicity or privacy.

I hereby warrant that I am a legal competent adult and a parent or legally appointed guardian of the minor, and that I have every right to contract for the minor in the above regard. I state further that I have read the above authorization, release, and agreement, prior to its execution, and that I am fully familiar with the consents of it. This release shall be binding upon the minor and me, and our respective heirs, legal representatives, and assigns.

Subject, Child/Minor Name: _____

Parent/Guardian Name: _____

Parent/Guardian Signature: _____ Date: _____



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FOOD FRIDAYS

If your child would like to have pizza on Friday, please return this form with \$5. Your child will get two slices of pizza and a bottle of water. To change the water for a Gatorade it will be \$7 for the meal.

☐ My Child would like pizza

Child's Name (1): _____ Date: _____

Child's Name (2): _____ Date: _____

At the beginning of the week, campers are divided into world cup teams. One of our fun activities, is we invite the kids to make flags to represent their country and bring it in on Friday. Some campers get creative and bring in tasty treats. If there is enough, we will let the kids try the treat.

- ☐ My child can eat homemade treats brought in
- ☐ My child **may not** eat homemade treats brought in

If your child cannot take part because of allergies, they can bring in a treat for themselves. This is not a mandatory activity, we would like to be aware of children that should not partake in the taste test should there be any.

Parent/Guardian Signature: _____ Date: _____



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A TYPICAL DAY AT CAMP!

The Fields Sports Complex Sports Camps

Our camp focuses on players active and engaged in sports, building new relationships, learning new skills, and having fun. Our co-ed groups are broken down by age and/or ability and each group participates in stations and small sided games that are associated with each day's core topic.

8:00-9:00 AM

Before Care

Our staff will be here to ease into the camp day with before care campers. At 9:00 AM they will gather into the field for attendance with the coaches.

9:00 AM

Campers are escorted on to the indoor turf field for attendance with coaches and morning announcements.

9:00 – 11:00 AM

Warm ups, fakes, moves, and turns, and skills & drills begin focusing on the skill or topic of the day. Players will rotate in stations based on their age/ability.

10:15-10:30 AM

Snack Time

Players get a chance to unwind with some snacks that they brought or can purchase at the snack bar.

10:30 AM -12:00 PM

Small sided games incorporating the topic of the day.

12:00 – 1:00 PM

Lunch

Time to chill out and eat lunch. Please pack a lunch daily and plenty of healthy snacks and water. Lunch bags will travel with players so please do not pack perishable items.

1:00 – 1:30 PM

After lunch players get to cheer on coaches in the daily "Coaches Challenge" and they get to participate in their World Cup activity of the day ie: Flag Day, Country facts, etc.

1:30 – 3:00 PM

Scrimmages and competitive games.

3:00 PM

Players to be picked up from the field and signed out by parent/authorized pick up guardian with coach.

3:00 – 5:30 PM

After Care

Players will relax with card games, board games and tv relaxation in our after care. Parent or authorized pick up guardian must sign players out at the front desk.



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WHAT TO BRING TO SOCCER CAMP!

WHAT TO BRING TO FULL DAY CAMP:

- Lunch (players will keep lunches with them all day, please pack items to keep lunch cold)
- Water bottle- please label
- 2 snacks or money for small snack from our snack bar
- Drinks if player wants something other than water
- Cleats or indoor turf shoes
- Shin Guards
- **Half day campers will need all of the above except lunch*

We are in a climate controlled turf building but with running around all day, players do get warm! We have multiple water fountains for players to refill water bottles and we want to make sure everyone is hydrated all day. Don't worry about the sunscreen, we are protected from the sun all day long!

WHAT NOT TO BRING:

- Excess amounts of money – please provide children with just enough for their snack.
- Any valuables
- iPod, cellphones, tablets or other electronics
- Electronic games
- Other toys or soccer balls

Parents, please help us with these requests. We do not want something lost or broken from camp that is valuable to your child. Cellphones are used by many players for communication with their families, we ask that you advise your child to not share the phone with other players or have it out during camp time.

WHAT TO WEAR TO CAMP:

- Shorts
- Light weight t-shirt
- Comfortable socks
- Shin Guards
- Cleats or indoor turf shoes – can wear other shoes to and from camp but must participate wearing an approved shoe.

WHAT NOT TO WEAR TO CAMP:

- Revealing or clothing with offensive messaging
- Jeans
- Dresses or fancy clothing
- Basketball or other sneakers that are not conducive for soccer