



## The Curve Face and Body

Congratulations on purchasing your new Curve Face and Body! You are going to love this device. Please spend time getting familiar with the Curve BEFORE using it. This will ensure proper use, so you'll get the BEST results. You'll find some helpful information in the user manual that comes with the device, but we do find there are sections outdated. Sit down and read, watch the videos, enjoy!

## CHARGING

**GET A FULL CHARGE BEFORE FIRST USE. Allow 2.5 to 3 hours for full charge.** Getting a good full charge BEFORE the first use, will ensure the battery holds a charge longer. **Do NOT use device while plugged into charger. This will destroy the electronics inside the device.**

This device does not come with an adaptor because many modern homes now have USB plugins. If you do not want to plug into a USB port, you can use the adaptor that comes with your cell phone charger and plug into a wall outlet.

If you want to purchase a portable power bank/charger you will need one that is rated for 5V and has 20,000 – 40,000 mAh for the charge to last longer. Less than 20,000 mAh just means you'll have to charge the power bank more often. Larger than 40,000 mAh and you lose portability.

After you start using the device, it will beep when charge is low and will beep more often, as it gets closer to losing the charge completely.

**ALWAYS UNPLUG FROM CHARGER BEFORE TURNING ON THIS DEVICE TO AVOID DAMAGING DEVICE.**

## TREATMENT

It is recommended to use this device 2 to 3 times a week for a 15-Minute total treatment time. This is the recommended MAXIMUM time to avoid overworking the skin. Hydration is very important when using this device. Drink a full glass of water prior to your treatment. If you are dehydrated, you may experience adverse results, meaning your skin will look lackluster instead of more supple and plumped.

Using Curve toward the end of the skincare routine is best. Once you've used the Curve, best practice is not to apply any product (like a mask) that you are going to remove. Wiping off conducting gel is fine. If using a Microcurrent device in your routine, it is recommended to use it *after* the Curve, and again wiping off conducting gel is fine. Then, proceed with regular skincare routine.

A series of treatments twice a week for four to six weeks, depending on the condition of your skin, is typically sufficient to begin seeing results. Maintenance is once a month. Those with mature skin can do maintenance every three weeks. **Always leave one day in between treatments.** If you can't use twice a week, once a week is okay, it will just take longer to see results. You may use daily on the face, *ONLY IF* for a 3-5-minute treatment.



## HOW TO OPERATE

Pressing POWER button once (**MODE 1 - BRIGHTEN & LIGHTEN & HEAL SKIN**) turns device on and activates LED and RF to level one (slow flashing). Level 2 is fast flashing. Level 3 is no flashing. *No VIB or Ultrasound*. For face, neck, décolleté. For skin treatment only. Will not reduce cellulite/fat on the body. No risk of fat pad loss on face.

Pressing power button second time (**MODE 2 - FAT BURNING**) activates LED/Ultrasound. 15-minute timer appears. Continuous. *No RF or VIB*. Decrease cellulite/fat on body. Can be used on heavier necks but do not use on face if you are concerned about fat pad loss.

Pressing power button third time (**MODE 3 - OVERALL SKIN REJUVENATION**) activates LED/RF/VIB at Level 1 (fast pulse). Level 2 (Slow pulse). Level 3 (Continuous). *No Ultrasound*. For face, neck, décolleté or *skin* on the body but will not reduce cellulite/fat on the body. No risk of fat pad loss on face.

Pressing power button four times (**MODE 4 - SHAPE & TONE**) activates Ultrasound/VIB on Level 1 (Fast pulse). Level 2 (Slow pulse). Level 3 (Continuous). *No LED or RF*. To reduce cellulite/fat on the body and improve muscle tone. Do not use this mode on the face if you are concerned about fat pad loss.

**After choosing modality**, user can **choose level (intensity) by pressing the *second* button** (up/down indicator). Repeated pressing of the level will toggle through each level.

Press and hold the POWER button for a few seconds, until the double beep, and release to turn the device OFF.

## CONDUCTING GEL

You **MUST** use a water-based GEL CONDUCTING product on the skin for conduction. Never use water alone. Never use oily products because oil does NOT conduct.

You can apply your favorite serums prior to treatment and then [HydraLift Conducting Gel](#). If you feel an occasional tingle, it's where you have TOO MUCH product. Use a thin layer of product and spread evenly.

Start on the neck and move your way up one side the face. Repeating on the other side. Make your movements slow with a pause at the end. Use light pressure (never hard pressure) as you glide the unit upwards/outwards. Imagine you are gently sculpting the face, take notice where more attention is needed and create sweeping, lifting movements there.

## VIDEO

Watch these short videos for more learning. The sequence all modalities is best for use on the face and on the body: <https://youtu.be/RpGEuLYSpok>



## CLEANING

**Do not immerse or put under running water.**

Use any anti-bacterial (or warm soapy cloth) to thoroughly clean your Curve. To extend the life of the unit, keep product out of the crevices but do not use any metal, abrasives, or strong chemicals as this will tarnish and damage the device.

## SILVER FILLING - METAL - BRACES WARNING

If you have any silver fillings in the mouth, you may get a metallic taste. If you have METAL implants in the jaw stay away from the lower face to avoid unpleasant sensation. Do NOT use this device over metal implants if it is painful! NEVER use over braces.

## BOTOX and FILLERS

You may use the Curve with fillers and Botox AFTER 10 days from injection. These treatments may even last a bit longer because of the results you achieve with the Curve.

## HYDRATION

Make sure you are well hydrated (drink a glass of water before you start the treatment). It is best NOT to drink a lot of alcohol the night before a treatment. This may result in being dehydrated and impede your results.

## FOUR MODALITIES

**Radio Frequency:** RF is thermal energy. RF energy produces an electrical current instead of a light source, this means tissue damage can be minimized, and epidermal melanin is not damaged. RF energies can be used for all skin types or color. RF allows for ultimate in creating production of new collagen. In addition to stimulating new collagen, the RF treatment also causes some contraction of the skin, thus tightening it. Although you may notice some tightening effects immediately, the more significant improvement will occur gradually over a period of several weeks or months as the new collagen forms.

**Ultrasound:** Sound waves increase cell activity which causes collagen formation to occur. Ultrasound stimulates cells. The tiny massage it produces expands the space in which the cells exist, causing movement of cytoplasm, the rotation of mitochondria, and the vibration of the cell nucleus, stimulates and expands the cell membrane. This improves local blood and lymph circulation and increases the penetration of skin enhancing products. Small doses of ultrasound can promote the synthesis of protein inside the cells, help to regenerate wounded tissues and promote the synthesis of fiber cells in the body. The accelerated metabolism of the cells changes the pH level of the skin to a more alkaline state and facilitates the absorption of any induced products. The skin visibly lightens and smooths.



**LED 625 nanometer:** LED has a gentle warming effect on tissue that increases blood circulation and triggers the healing process. RED light stimulates the metabolism and the removal of toxins and undesirable metabolic deposits. The light causes these cells to release other cellular products. These products have the effect of dilating (opening up) skin capillary blood vessels. The dilation of these blood vessels leads to an increase in the blood flow. An increase in blood flow carries oxygen and nutrients to the skin. LED therapy restores skins natural cellular activity and promotes tissue regeneration.

**Bio-Mechanical Vibration (VIB):** Gentle vibrations that stimulate muscles. The effects are particularly beneficial for speeding up metabolism by improving the supply of nutrients and oxygen to the tissue for smooth healthy skin. This is the mode can induce the toning of drooping muscles!

### **CURVE SPECS**

RF 500KHz (RF)  
Ultrasound 670,000/second (CV)  
Red LED 625nm (LED)  
Biomechanical Vibration (VIB)

### **WARRANTY**

The Curve comes with a two-year warranty. If you have any issues at all email [support@christinebyer.com](mailto:support@christinebyer.com). You must have your order number to validate your purchase with CBE.

Check out additional skincare devices at [ChristineByerEsthetics.com](http://ChristineByerEsthetics.com).

Please note, the manufacturer's printed booklet is out of date regarding specs. The device has been improved with higher RF and CV.