

MINIPRESS FEATURES



Resistance Elasticords

Each black elastic cord provides ~7 lbs. starting resistance, the red elastic cord provides ~2 lbs. starting resistance. Thus, the MiniPress gives you as little as 2 lbs. of resistance for the deconditioned patient and up to 80-90 lbs. at full extension for the highly mobile patient.



Adjustable Footplate

Adjustable from horizontal to 75 degrees of angle, you can help your patient achieve various degrees of flexion. The nylon security strap can be used to secure the hand or foot - or as a heel cup in exercising patient hamstrings.



Roller Wheels

A convenient handle at one end and the polyurethane wheels at the other provide for smooth transportation. And weighing in under 15 pounds, the MiniPress is extremely mobile. Zip it around the clinic, the hospital or the home.



Self Retracting Securing Cords

You can attach these cords to a treatment table, bed, chair legs, or wheelchair structure to provide further stabilization. When the patient is done with their exercise, simply unhook the cords and they retract conveniently into their receptacles.



Accurate Tracking

The Distance Indicator Strips located on both rails allow you or the user to measure and document the exercise distance traveled. Distance is measured from the leading edge of the carriage and the numbers indicate the distance the carriage has moved.



Convenient Handle

Wheel or carry the MiniPress wherever you want. You can stow it or stand it in a corner. The MiniPress is a big workhorse with a very small footprint.

WHAT OTHERS ARE SAYING



"The lower loads and the capacity to exercise while supine or seated make the Shuttle MiniPress a valuable asset for the geriatric, home, and immediate post-operative setting."

Steve R. Tippett MS, PT, SCS, ATC

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