

## LAT PULLDOWN/MID ROW

HD-3200

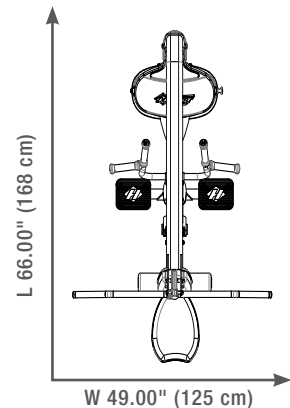


### FEATURES

- Telescoping chest pad with integrated thigh hold-down provides proper positioning and support for pulldown and mid row exercises
- Dual position hand grips for mid-row exercises
- Includes ultra lite aluminum lat bar for lat pulldown exercises
- Seven seat pad adjustments for varying user heights
- Integrated storage for lat bar during mid row exercises

### SPECS

- Product Dimensions L x W x H  
66" x 49" x 87"  
(168 cm x 125 cm x 221 cm)
- Product Weight: 492 lbs.
- Weight Stack:  
215 lbs. (98 kg)



HOIST® offers one of the best warranty policies in the industry, reaffirming our commitment to quality and customer satisfaction. HOIST warranties this product to the original purchaser only. HOIST guarantees this product to be free from defects in workmanship and/or materials under normal use or service.

**For complete Warranty Information, visit [www.hoistfitness.com](http://www.hoistfitness.com) and click on the "Support" link.**

Warranty policy applies to defects from the manufacturer only. HOIST reserves the right to change product specifications, design, and function at any time.



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