HMT12

VER: **V1.0**

USER MANUAL



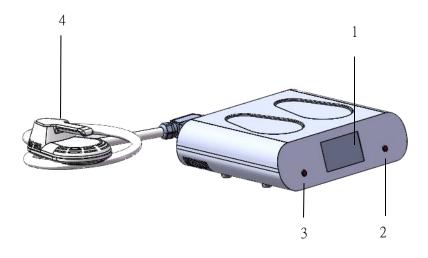
Warning

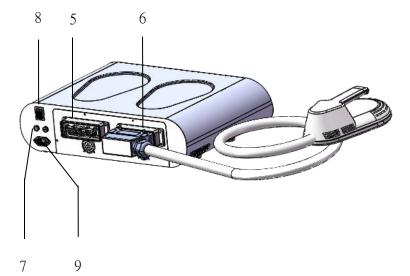
Dear user:

Thanks for using our company's products, in order to fully make use of the products, we sincerely suggests follow:

- ◆ Please read the instruction in detail and keep it well for further reading and consulting.
- ◆ ◆ Please follow the instruction to fit and operate the machine correctly.
- ◆ ◆ Please do not remove and change any accessories of the machine.
- ♦ ♦ It forbids others to open and remove the mainframe except the authorized people in the company.
- ◆ ◆ It forbids others to change and maintain the machine except the professional people.
- ◆ ◆ Please contact us if there is any trouble during operation.

This product is used for fitness only!





- 1, 7 inch true color touch screen
- 2, work instruction key
- 3, start & stop button
- 4, A channel for handle
- 5, B channel socket
- 6. A channel plug socket
- 7. B handle plugging and unplugging
- 8, switch
- 9, power jack

Appendix



Handle



straps



power cable



Fuses and screws

All parts made of plexiglass on the instrument should not be wiped clean with alcohol or corrosive solvents.

(For example: accessory racks, panels, handles)

Basic Operation

1. Plug in the power cord[9], Turn on the power switch[8].

The initial interface is entered as (1) page.



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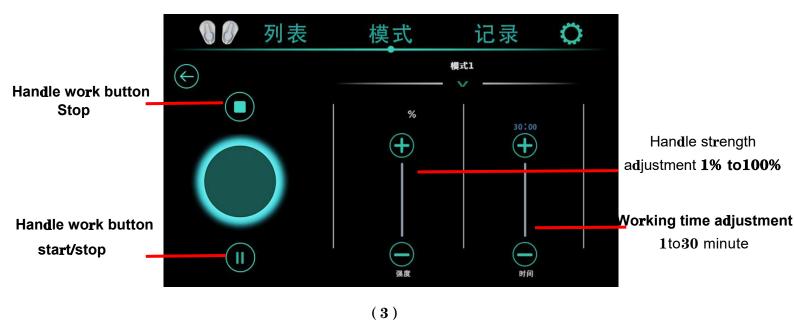


Automatic Mode Operation Guide

1. As (1) page. Click on "Mode 1" into (2) page. According to the guest different ways of use, gender, age, parts of use to choose. Click " enter (3) page.

- 2.Set working hours. The default working time of the system is 15 minutes. Click the time "+" or "-" adjustment time.
- 3.Set the intensity. The system default output intensity is 0%. Click "Slide up and down to adjust the output intensity.
- 4.Click "button, the system starts to work. Click "the system stop work.

 5.The operator ties a strap on the operating part and fixes the handle on the operating part. The intensity output should be adjusted appropriately from low to high within the range that the user's skin can bear. The operator should communicate with the user in time, and the user should cooperate with the feedback to the operator.
- 6. When the set working time is up, the instrument will automatically stop.
- 7. Turn off the main power switch and unplug the power cord. Other parts of the handle are strictly prohibited to be cleaned with organic solvents such as alcohol, so as not to damage the handle.
- 8. Click " button back to (1) page.



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Manual Operation Mode Guidelines

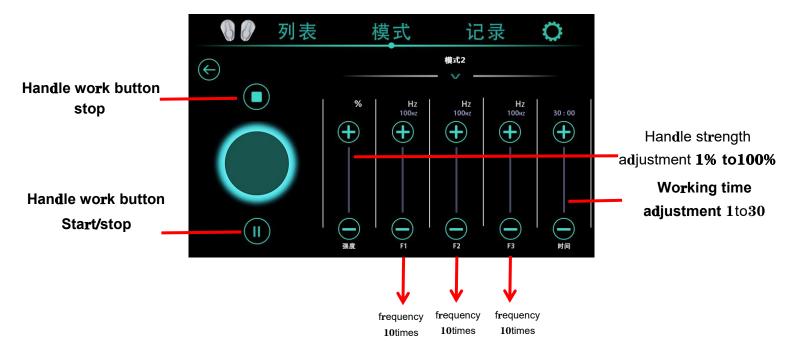
- 1. Such as (1) page. Click "Mode 2" Enter into (4) page.
- 2. Set working time. The default working time of the system is 15 minutes. Click "+" or "-
- " Adjustment time.
- 3. Set the intensity. The system default output intensity is 0%. Click " Slide up and down to adjust the output intensity.
- 4. Set frequencies F1-F3. Click " Slide up and down to adjust the output frequency.

The frequency range is: F1 range is: 1Hz(weak) 至100Hz(strong);

F2 range is: 1Hz(weak) 至100Hz(strong);

F3 range is: 1Hz(weak) 至100Hz(strong) .

- 5. Click" **b** work. click" **b** system starts to work. click" **b** system stop to work.
- 6. The operator ties a bandage on the operating part and fixes the handle on the operating part. The intensity output should be adjusted appropriately from low to high within the range that the user's skin can bear. The operator should communicate with the user in time, and the user should cooperate with the feedback to the operator.
- 7. When the set working time is up, the instrument will automatically stop.
- 8. Turn off the main power switch and unplug the power cord. Other parts of the handle are strictly prohibited to be cleaned with organic solvents such as alcohol, so as not to damage the handle.
- 9.Click " back to (3) page.



(Three groups of frequencies total 30 times as a cycle)

(4)

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Work Record

1. Such as (1) page. Click "record" enter into (5) page. Record every working time



Background settings

- 1. Such as (1) page. Click "O" enter into (6) page.
- 2. There are corresponding: language, sound, brightness, time and date, unit, probe settings.



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Operation Precautions



- 1. Do not use the instrument on a live floor.
- 2. After the instrument is started, others should not touch the electrode plate at will.
- 3. In the process of use, by standers should not touch the operator and contacts.
- 4. During operation, neither the operator nor the user should wear metal accessories.

Banne**d** c**r**ow**d**

- 1. Patients with heart disease, equipped with a pacemaker, and high blood pressure;
- 2. Patients with acute inflammation, deep vein thrombosis, goiter, asthma and cancer;
- 3. People with ruptured blood vessels, people with trauma, people who are bleeding from wounds;
- 4.pregnant women, children;
- 5. areas of the body that have undergone cosmetic surgery or artificial fillers;
- 6. Persons with metallic materials in their bodies;
- 7. Those with inflamed skin and swollen body;
- 8.Immune system dysfunction;
- 9. People who feel numb and unresponsive to heat.

Technical Parameter

Voltage: AC220V or AC110V \pm 10%Universal, 60HZ \Box

Insurance Specifications: Max10A (110V-220V)

Power: ≤2800W

Executive standard: GB4706.1-2005

Technical Parameter

1.	host	1pcs	
2.	power cable	1pcs	
3.	manual	1pcs	
4.	handle	2pcs	
5.	straps	2pcs	

~6~

Other Taboos

- 1. Those with the following symptoms are forbidden to use:
- (1) Patients with cardiac rhythm regulators and pacemakers;
- (2) Use of artificial bones, patients with silicosis:
- (3) Drunk and high fever patients;
- (4) Severe mental illness and epilepsy;
- (5) No independent self-awareness, no self-care ability;
- (6) Patients with severe hypertension and cardiovascular and cerebrovascular diseases;
- (7) Pregnant women, people with malignant tumors, people with metal materials in the body (including metal teeth);



Danger

- (8) Immune system dysfunction, renal failure;
- (9) severely infected;
- 2. Please use it under the guidance of professionals:
 - (1) menstruating women;
 - (2) child;
 - (3) Patients with bleeding disorders or with trauma or infection of the skin;
 - (4) Feeling numb and unresponsive to heat and cold:
 - (5) Immune system dysfunction;
 - (6) areas of the body that have undergone cosmetic surgery and artificial fillers:



Notice

- 1. Please check whether the host, accessories and power cord are damaged before use.
- 2. After turning on the power, if the instrument does not start, turn off the power immediately and check whether the power cord is well connected. If the connection is good, please unplug the power cord, and then check whether the fuse of the power interface is blown. If you need to replace the insurance, it should be the same as the current of the original insurance, and do not operate with electricity.
- 3. When the instrument is working, please do not turn on high-power devices other than TVs, refrigerators and other low-power electrical appliances.



- 5. During the nursing process, drink water appropriately according to the needs of the body.
- 6. The continuous working time of the instrument should not be too long, and the rest should be suspended after each course of treatment, usually 20 minutes.
- 7. If the following abnormal conditions occur during use, turn off the power immediately and stop using:
 - 1) Water or foreign objects enter the machine:
 - 2) The machine, switches, power cords, sockets, etc. heat up and leak electricity:
 - 3) Abnormal sound of the instrument;
 - 4) smell, smoke, etc.;
 - 5) Damaged accessories:
 - 6) When natural disasters such as thunderstorms and earthquakes occur;
- 8. Cut off the power after use, and pull out the power plug when not in use for a long time.
- 9. It is strictly forbidden to apply the working head directly to the eyes, so as not to hurt the eyes.
- 10. After use, the work head needs to be cleaned and disinfected, dried and stored to avoid cross infection.
- 11. The purpose of the warning signs shown in the instruction manual is to make you better understand the performance of this product, use it safely, and prevent harm to you and others.
- 12. Please remove headphones, electronic watches, mobile phones and other electronic products before nursing.



Icon symbols and their meanings

Warning sign	Meaning			
Danger	Incorrect operation may cause serious injury or even death!			
Cautious Cautious	Improper operation may cause personal injury or even serious injury!			
<pre>Notice</pre>	Improper operation may cause equipment damage or personal injury!			
Danger	Danger High voltage danger!			
Cautious	Improper operation may cause personal injury!			