

Neal's Yard Dairy - Non-Cheese Product Nutritional Information

all values represent g/100g product unless otherwise stated

Product description	Energy kj/100g	Energy kcal/100g	Fat (g)	(of which saturates) (g)	Total carbo- hydrate (g)	(of which sugars) (g)	Protein (g)	Salt (g)
Abbey Farm Butter, Salted	3188	755	85.2	55.8	1.5	0.5	0.6	1
Berkeley Butter, Salted	3059	744	82.2	52	0.6	0.6	0.6	1
Berkeley Butter, Unsalted	3059	744	82.2	52.1	0.6	0.6	0.6	<0.01
Blackwoods Graceburn (values based on cheese only)	2662	645	47.3	17	4.1	<0.5	20	2.7
Blackwoods Whey	98	24	0.52	<0.5	3.9	3.51	0.8	<0.01
Breakin' Bread Rosemary Crispbread	2207	531	33.3	4.8	39.5	1.9	15.2	1.2
Breakin' Bread Pumpkin Crispbread	2114.3	508.9	35.3	9.8	27.8	1.9	17	1
Brue Valley, Salted Roll	3059	744	82.2	52.1	0.6	0.6	0.6	1.5
Brue Valley, Unsalted Roll	3059	744	82.2	52.1	0.6	0.6	0.6	0.1
Bungay Butter, Salted	3303	804	84.5	56.9	<0.1	<0.1	0.8	1.8
Bungay Butter, Unsalted	2971	722	85	47.8	0.1	<0.1	0.9	0.04
Charisma Olive Oil	3389	824	92	13	0	0	0	0
Colvin's Hot Pepper Jelly	1335	314	0.1	0	78.1	0	0.2	0
Colvin's Mild Pepper Jelly	1335	314	0.1	0	78.1	0	0.2	0
Cultjar Pickles, Cook's Kowl	131	31	0	0	4.8	4.7	1.2	1.9
Cultjar Pickles, Kohlrabi Kimchi	181	43	0	0	6.8	4.9	1.5	2.1
Cultjar Pickles, Bread & Butter Pickle	279	66	0.2	0	15	14	0.6	0.97
Delizia Estense, Agrodolce Bianco Vinegar	502	120	0	0	26.7	26.7	0	0
Delouis Fils Dijon Mustard	665	160	11	0.07	2.9	2.1	7.3	6.4
Engand Preserves, Strawberry	828	195	0.2	<0.1	47.1	46.2	0.6	<0.1
England Preserves Red Onion Marmalade	702	165	<0.1	<0.1	39.9	39.6	0.9	0.14
England Preserves, Bermondsey Bramble	866	204	0.2	<0.1	48.9	0.2	0.5	<0.1
England Preserves, Damson Paste	1168	275	0.2	69.2	66.6	2.6	0.5	<0.1
England Preserves, Gooseberry & Elderflower	782	184	<0.1	<0.1	45.3	43.3	0.3	<0.1
England Preserves, Marmalade	1161	274	0.1	<0.1	66.4	64.7	0.5	0.1
England Preserves, Pear, Date and Ale Chutney	616	145	0.2	<0.1	33.9	29.8	0.9	<0.1
England Preserves, Piccalilli	316	75	1.9	0.13	12.1	6.9	1.9	3.7
England Preserves, Quince Paste	1130	266	0.2	<0.1	66.8	64.3	0.6	<0.1
England Preserves, Raspberry	841	198	0.1	<0.1	47.3	45.8	0.7	<0.1
Fen Farm Cultured Cream	239	583	64.9	35.8	<0.1	1.3	1.8	0.05
Fionagh's Sourdough Crackers	1445	333	7.2	0.8	63.6	4.1	9.4	2.1
Fionagh's Seeded Crackers	1444	333	5.5	0.5	56.7	5	12	1.9
Fionagh's Buttermilk Crackers	1456	344	4.1	0.7	67	7.7	11	1.2
Gimlet Elderflower Cordial	677	159	0	0	38	38	0	0
Gimlet Hedgerow Harvest Cordial	1132	267	0	0	64	64	0.5	0
Gimlet Spiced Lemon Cordial	1125	265	0.3	0	62	62	0.6	0.01
Glastonbury Butter	3059	744	82.2	52.1	0.6	0.6	0.6	1.5
Island Bakery Oatcakes	1892	453	23	2	50	2	9.6	1.4
Ivy House Brandy Clotted Cream	2306	561	61.3	40.73	0.8	0.8	1.4	0.03
Ivy House Brandy Double Cream	2001	486	52.7	35.1	1.4	1.4	1.62	0.04
Ivy House Buttermilk	249	59	2.6	1.7	5.1	1.7	3.9	0.1
Ivy House Clotted Butter	3099	754	83.4	55.54	<0.1	<0.1	0.76	1.55
Ivy House Jersey Clotted Cream	5211	611	67	45.2	0.4	0.4	1.5	0.04
Ivy House Jersey Double Cream	2758	668	65.3	43.1	0.7	0.7	2.8	0.06
Ivy House Jersey Pouring Cream	2009	488	52.5	35.1	2.3	2.3	1.9	0.05
Ivy House Jersey Single Cream	1101	267	26.7	17.9	4.1	3.3	2.9	0.08
Ivy House Jersey Whipping Cream	2253	546	54.7	36.4	11.2	2.8	2.31	0.06
Ivy House Semi Skimmed Milk	263	63	1.6	0.9	4.7	4.7	4	0.1
Ivy House Skimmed Milk	155	37	0.1	0.07	5	4.3	3.9	0.1
Ivy House Salted Butter	3052	742	81.6	53.98	1.2	0.3	0.7	1.5
Ivy House Unsalted Butter	3118	758	83.9	55.57	<0.1	<0.1	0.83	0.02
Ivy House Whole Milk	327	780	4.6	3.3	4.8	4.8	3.6	0.1
J Donald Oatcakes	1500	359	7	41.5	0.7	19.4	6.6	<0.1
Kappacasein Yoghurt	265	63	2.95	1.9	6.13	5.09	3.06	0.1
Ki Kefir	260	62	3.9	2.65	4	2.6	2.8	0
La Vecchia Dispensa, Balsamico Ricco	1509	335	0	0	82.5	82.5	1.3	0.1
London Fermentary Vegan Kimchi	92	22	0.4	0	2.8	2.1	1.1	2.25

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Long Lane Yoghurt	395	95	7.4	5.3	1.8	1.7	5.3	0
Macroom Oatmeal	1571	373	5.9	1.1	63.7	1.5	10.7	<0.05
Maison Marc Cornichons	113	26.7	0.29	0.13	1.28	0.68	1.18	2.04
Moorhayes Butter	3121	759	85	55	<0.1	<0.1	0.4	1.5
Neal's Yard Creamery - Crème Fraiche	1604	390	41.2	27.2	2.4	2.4	2.3	0.1
Neal's Yard Creamery - Greek Style Yoghurt	355	85	5.6	3.7	5.1	5.1	3.5	0.1
Neal's Yard Creamery - Strained Greek Style Yoghurt	411	99	6.9	4.5	4.1	4.1	5.1	0.1
North Shop Kimchi	159	38	0.7	0	7.6	2.1	1.9	2
North Staffordshire Oatcakes	791	187	3.2	0.31	31.2	0.2	6.1	1.1
Pittenweem Oatcakes	1880	448	17.5	5.9	60.4	3.1	9.3	2.3
Rosebud Almond & Orange Mincemeat	1019	249	3	0	55	46	2.6	<0.1
Rosebud Blackcurrant Jam	1002	235	0	0	62	62	0.6	0.02
Rosebud Damson Plum Jam	1060	159	0	0	64	63	0.4	<0.1
Rosebud Old Yorkshire Chutney	609	143	0.2	0.1	36	35	1.3	0.3
Rosebud Pickled Onions	255	60	0.4	0.1	13	13	0.9	1.2
Rosebud Raspberry Jam	1004	235	0.2	0.1	60	60	1.3	0.01
Rosebud Red Onion & Port Marmalade	958	226	0.1	0.01	57	55	1	0.01
Rosebud Seville Orange Marmalade	1082	255	0.03	0	67	67	0.7	0.01
Rosebud Spiced Plum Chutney	525	125	0.2	0.1	31	18	1	0.3
Rosebud Strawberry Jam	1116	260	0.1	0	67	67	1	0.02
Rosebud Traditional Piccalilli	450	108	1	0	23	19	3	0.02
Sheridans Irish Brown Bread Crackers	1339	320	14.6	8.8	37.7	3	8.9	1.3
Sheridans Irish Rye and Linseed Crackers	1373	328	13.4	1.8	46.1	0.5	6.8	0.8
Sheridans Mixed Seed Crackers	1435	343	16.6	8.2	43.7	0.3	7	1
Skyr - Blackcurrant	410	97	0.3	0.2	12.1		9	0.08
Skyr - Gooseberry & Elderflower	389	92	0.3	0.2	10.3		9	0.06
Skyr - Natural	296	68	0.4	0.2	3.6		10.2	0.08
Skyr - Redcurrant, Rhubarb & Vanilla	393	93	0.3	0.2	10.3		9	0.06
Townsend Apple Juice	173	41	<0.5	<0.5	9	9	0	0
Tracklements Fig Relish	1130	267	1.4	0.1	59.1	51.6	1.1	0.06
Westcombe Ricotta	685	165	12.2	6.7	3.3	3	10.5	0.7
Westcombe Finocchiona	1401	336	22.3	9.6	2.9	0.1	31	4.09
Westcombe Pomona Salami	1401	336	22.3	9.6	2.9	0.1	31	4.09
Westcombe Saucisson	1401	336	22.3	9.6	2.9	0.1	31	4.09
Woodcock Smokery Wild Salmon*	598	142	4.5	0.8	0	0	25.4	4.7

*values are an approximate calculation

Nutritional Information, updated April 2024