



Tre, Pol & Pen



£4.75 each

TIN MINER'S PASTIES

Handmade by the production team, this is a half steak, half apple pasty based on Cornish wives tales.

For best results, cook from frozen. Remove all packaging and place on a baking tray. Cook at 175°C/347°F/Gas Mark 3 for 50-60 minutes until golden brown.

Ingredients: Strong Flour Wheat, Salt, Milk Dairy, Butter Dairy, Lard, Egg, Beef, Potato, Swede, Onion, Black Pepper, Apple, Sugar, Cinnamon, Sultana, Corn Flour.

For more cooking instructions, visit trepolandpen.co.uk/pages/recipes