

# MARKET

## SALADS

<b>MARKET</b>	<b>6.5</b>
Field Greens, Shredded Carrots, Cucumber + Tomato	
<b>ITALIAN</b>	<b>11</b>
Romaine, Salami, Provolone, Kalamata Olives, Roasted Red Peppers, Tomatoes, Pepperoni, Balsamic Vinaigrette	
<b>STEAK*</b>	<b>13.5</b>
Romaine, Grilled Steak, Cucumber, Carrots, Tomatoes, Blue Cheese Crumble, Red Onion, Balsamic Vinaigrette	
<b>SOUTHWEST</b>	<b>11</b>
Romaine, Grilled Chicken, Corn Salsa, Cucumber, Tortilla, Cilantro Lime Vinaigrette	
<b>THAI</b>	<b>11</b>
Romaine, Grilled Chicken, Red Cabbage, Carrots, Edamame, Peanuts, Red Pepper, Soy Vinaigrette, Peanut Sauce	
<b>BERRY</b>	<b>11</b>
Field Greens, Strawberries, Blueberries, Feta Cheese, Toasted Almonds, Poppy Seed	
<b>SPINACH</b>	<b>9.5</b>
Bacon, Egg, Roasted Tomato, Crouton, Champagne Vinaigrette	
<b>CAESAR</b>	<b>8</b>
Romaine, Croutons, Parmesan Crisps, Caesar Dressing	
add chicken	+3

## LUNCH COMBOS

<b>SOUP OF THE DAY</b>	<b>4.75</b>
or Chicken Noodle Soup	
<b>SOUP + HALF SAMMIE</b>	<b>9.5</b>
*Sammie of the Day or any <b>M</b>	
<b>SOUP + HALF SALAD</b>	<b>9.5</b>
Market Garden or Caesar	
<b>QUICHE OF THE DAY</b>	<b>9.5</b>
Market Garden Salad	

## HOURS

MON - FRI  
7:00am - 3:00pm

SAT - BRUNCH  
9:00am - 2:00pm

B.Y.O.B.



## SOCIAL

@3700MARKET



717.975.3800

3700 Market St. Camp Hill, PA 17011

[WWW.3700MARKET.COM](http://WWW.3700MARKET.COM)

\*Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.

## HOT SAMMIES

choice of Chips, Coleslaw, Potato Salad, Pasta Salad

<b>CRISPY CHICKEN</b>	<b>10</b>
Lettuce, Tomato, House Pickles + Mayo on Toasted Brioche	
<b>PULLED PORK</b>	<b>10</b>
BBQ Sauce + Cole Slaw on Ciabatta	
<b>GRILLED STEAK*</b>	<b>12</b>
Caramelized Onions, Lettuce, Blue Cheese Crumbles + Garlic Aioli on Ciabatta	
<b>PRESSED TURKEY</b>	<b>10</b>
Brie + Fig Jam on Multigrain	
<b>PRESSED ITALIAN</b>	<b>10.5</b>
Salami, Pepperoni, Provolone, Spinach, Roasted Red Peppers + Pesto Mayo on Ciabatta	
<b>PRESSED CHICKEN</b>	<b>10</b>
Mozzarella, Spinach + Sun-Dried Tomato Mayo on Baguette	
<b>MARKET GRILLED CHEESE</b>	<b>8</b>
Sharp Cheddar, Provolone, Goats Cheese + Roasted Tomato on Sourdough	
<b>CHEDDAR BURGER*</b>	<b>11</b>
Lettuce, Tomato, House Pickles + Peppercorn Mayo on Brioche	

## COLD SAMMIES

choice of Chips, Coleslaw, Potato Salad, Pasta Salad

<b>M TURKEY</b>	<b>9</b>
Provolone, Lettuce, Tomato + Herb Mayo on Sourdough Toast	
<b>M HAM</b>	<b>9.5</b>
Bacon, Lettuce, Tomato + Mayo on Sourdough Toast	
<b>M PASTRAMI</b>	<b>10</b>
Swiss, Coleslaw + Brown Mustard on Marble Rye	
<b>M CHICKEN SALAD</b>	<b>9.5</b>
Grapes, Pecans + Lettuce on Wheat Wrap or Croissant	
<b>M EGG SALAD</b>	<b>8</b>
Field Greens on Grilled Olive Bread	
<b>GRILLED CHICKEN CAESAR WRAP</b>	<b>8.5</b>
Parmesan Crisps + Sun-Dried Tomatoes	
<b>B.A.L.T.</b>	<b>9.5</b>
Bacon, Lettuce, Tomato + Avocado with Peppercorn Mayo on Sourdough Toast	
<b>ROAST BEEF</b>	<b>10</b>
Swiss, Spinach, Red Onion + Garlic Aioli on French Baguette	
<b>VEGGIE</b>	<b>8.5</b>
Cucumber, Avocado, Spinach, Tomato, Shredded Carrots + Herb Mayo on Multigrain	