

PE-149

Shoulder Press



PE-149 ↗



Description :

- Converging motion better replicates free weight movements.
- Independent lever arms provide balanced results and allow users to work around injuries.
- Lever arms are counterbalanced to provide a very low starting resistance.
- Users can choose between neutral and pronated grips.

Specifications :

- Width : 52" (132 cm)
- Height : 68" (173 cm)
- Length : 51" (130 cm)
- Weight : 475 lb (215 kg) optional: 565 lb (256 kg)
- Weight Stack : 160 lb (73 kg) optional; 250 lb (113 kg)