



SelectTech® 840 Kettlebell



PRODUCT FEATURES

- » Free JRNY® Membership Trial Included*
- » 3.5 to 18 kg.
- » 6 Weight Settings
- » Weight Selection Dial
- » Ergonomic Handle
- » Durable Molding
- » Compact Design

6 weights in one compact design

WHAT IS THE 840 KETTLEBELL?

Includes Free JRNY® Membership Trial*

Experience on-demand strength classes for your SelectTech® products plus hundreds of workouts like yoga, pilates, and body-weight training with the JRNY® app. Compatible with iOS and Android devices.

Turn Of a Dial

With the turn of a dial, you can easily adjust from 3.5 to 18 kg., rapidly switch from one exercise to the next, and perform a wide variety of full-body exercises.

Space Efficient

Replaces up to 6 kettlebells with weights at 3.5, 5.5, 9, 11, 16, and 18 kg.

Wide Weight Range

With weight that adjust from 3.5 to 18 kg., you'll continue to see results as your fitness level improves.

*This offer's availability is subject to change without notice. At end of free trial, JRNY membership automatically renews at current membership rates until canceled.

App Connectivity

The JRNY® app is available on iOS and Android devices.



PRODUCT SPECS

Product Dimensions

22.4 cm L x 17.8 cm W x 31.8 cm H

Assembled Product Weight

18.4 kg. (base included)



Ergonomic Handle



Weight Selection Dial

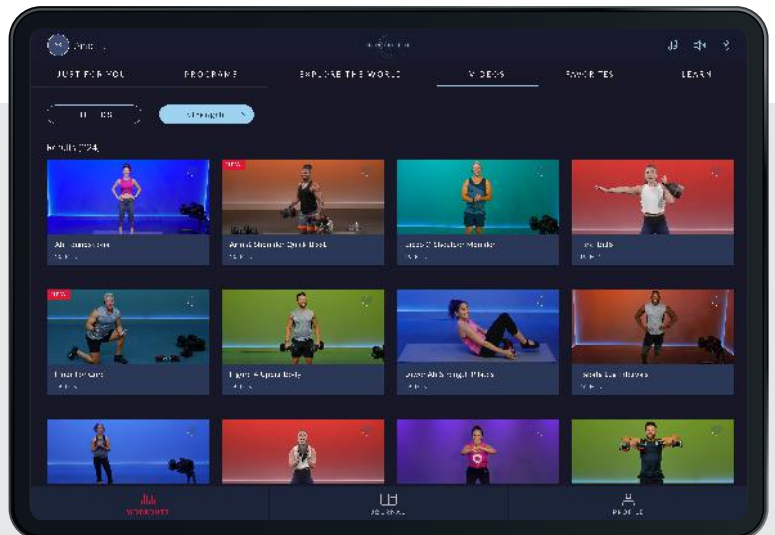


Adjusts from 3.5-18 kg.

JRNY® MEMBERSHIP*

Choose from hundreds of on-demand strength classes.

The JRNY® app is the one-stop strength shop for all your whole-body needs. Experience hundreds of workouts like yoga, pilates, and more along with on-demand strength classes made exclusively for your Bowflex SelectTech® strength products.



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