TRUE

200 ELLIPTICAL

TRUE Fitness designs cardio equipment with the facility and their users in mind and the CS200 Elliptical captures those dynamics. The CS200 Elliptical is packaged in a powerful compact design that takes less space and delivers more than other elliptical machines. The patented core drive allows for safe and easy entry and exit and low step-up height. TRUE'S exclusive Cardio 360™ total body workout provide variety and guidance for any level of use.

CARDIO 360™

a guided workout to engage the upper, core, and lower body with varying resistance.

FEATURES

- Self-Generating
- Core Drive® System
- Hybrid Self-Generating Brake
- 21" Stride Length
- Non-Slip Rubber Side Steps

SPECIFICATIONS

DIMENSIONS (L X W X H)

61" x 34.5" x 85" / 55 cm x 87 cm x 165 cm

Q-FACTOR

2" / 5 cm

STEP-UP HEIGHT

9" / 23 cm

PRODUCT WEIGHT

340 lbs / 154 kg

COLOR

Black

CONSOLE OPTIONS



TWO WINDOW LCD DISPLAY

Standard two window LCD display console featuring 12-15 programs, HRC Heart Rate Control® cruise control, CSAFE power.



Non-Slip Rubber with Textured Pattern Side step design

200 SERIES



CS200 ELLIPTICAL

Tatal Body Workson Resistance Source Workson Resistance Source Workson Resistance Source Workson Resistance Source Robotically Wedded Neory Gouge Steel	TECHNICAL SPECIFICATIONS	Power Source	Self-Generating
Trata Body Workson Resistance Source Whord Self Selenearing Broke		Drive System	Core Drive™
			Cardio 360 (upper body, lower body, total body)
		Resistance Source	Hybrid Self-Generating Brake
		Workload Range	30 - 450 Watts
Footpade Footpade		Frame Construction	Robotically Welded Heavy-Gauge Steel
		Stride Length	21" / 53 cm
Handrail Design Side Step Design Non-Silip Rubber with Textured Pattern		Footpad	Molded Anti-Slip with Textured Pattern
Side Step Design Non-Silp Rubber with Textured Pattern Yes		Exercise Arms	Sweat Resistant Custom Dipped Material
Contact Heart Rate Monitoring Polar® Compatible		Handrail Design	Extended Handrails with Moisture Resistant Grips
Number Polar® Compatible Console Display LCO		Side Step Design	Non-Slip Rubber with Textured Pattern
CONSOLE Display LCD Programs 9 HRC Workouts 1 Cardio 360 Standard HRC Cruise Control Standard CSAFE power Standard CSAFE year Standard EXETY Sité Steps Standard Extended Handrails Standard Activity Buard (removable) Standard EXTRAS Accessories Water Bottle Holder, Accessory Tray, Reading Rack/Tablet Holder PHYSICAL Footprint S" L x 34.5" W x 65" H / 55 cm x 87 cm x 165 cm SPECIFICATIONS Active Footprint 2" L x 34.5" W x 65" H / 183 cm x 87 x 165 cm SPECIFICATIONS Active Footprint 30 lbs / 155 kg Maximum User Weight 30 lbs / 155 kg Maximum User Weight 30 lbs / 159 kg Step-Up Height 7 / 23 cm Potatibility Priotal Market 6-8 hours usage per day WARRANTY Warranty Classification Vertical Market 6-8 hours usage per day		Contact Heart Rate Monitoring	Yes
Programs Programs		Wireless Heart Rate Monitoring	Polar® Compatible
HRC Workouts 1 Cardio 360 Standard HRC Cruise Control Standard CSAFE Power	CONSOLE	Display	LCD
Cardio 360 Standard HRC Cruise Control Standard CSAFE Power Standard Diagnostic Standard SAFETY Side Steps Standard Extended Handraills Standard Activity Guard (removable) Standard Activity Guar		Programs	9
HRC Cruise Control Standard CSAFE Power Standard Diagnostic Standard SAFETY Side Steps Standard Extended Handrails Standard Activity Guard (removable) Standard REGULATORY APPROVALS ETL UL1647 EXTRAS Accessories Water Bottle Holder, Accessory Tray, Reading Rack/Tablet Holder PHYSICAL SPECIFICATIONS Active Footprint 61° L x 34.5° W x 65° H / 55 cm x 87 cm x 165 cm Active Footprint 72° L x 34.5° W x 65° H / 183 cm x 87 x 165 cm Active Footprint 72° L x 34.5° W x 65° H / 183 cm x 87 x 165 cm Active Footprint 72° L x 34.5° W x 65° H / 183 cm x 87 x 165 cm Active Footprint 72° L x 34.5° W x 65° H / 183 cm x 87 x 165 cm Active Footprint 72° L x 34.5° W x 65° H / 183 cm x 87 x 165 cm Active Footprint 72° L x 34.5° W x 65° H / 183 cm x 87 x 165 cm Active Footprint 72° L x 34.5° W x 65° H / 183 cm x 87 x 165 cm Active Footprint 72° L x 34.5° W x 65° H / 183 cm x 87 x 165 cm Active Footprint 72° L x 34.5° W x 65° H / 183 cm x 87 x 165 cm Active Footprint 72° L x 34.5° W x 65° H / 183 cm x 87 x 165 cm Active Footprint 72° L x 34.5° W x 65° H / 183 cm x 87 x 165 cm Active Footprint 72° L x 34.5° W x 65° H / 183 cm x 87 x 165 cm Active Footprint 72° L x 34.5° W x 65° H / 183 cm x 87 x 165 cm Active Footprint 72° L x 34.5° W x 65° H / 183 cm x 87 x 165 cm Active Footprint 72° L x 34.5° W x 65° H / 183 cm x 87 x 165 cm Active Footprint 72° L x 34.5° W x 65° H / 183 cm x 87 x 165 cm Active Footprint 72° L x 34.5° W x 65° H / 183 cm x 87 x 165 cm Active Footprint 72° L x 34.5° W x 65° H / 183 cm x 87 x 165 cm Active Footprint 72° L x 34.5° W x 65° H / 183 cm x 87 x 165 cm Active Footprint 72° L x 34.5° W x 65° H / 183 cm x 87 x 165 cm Active Footprint 72° L x 34.5° W x 65° H / 183 cm x 87 x 165 cm Active Footprint 72° L x 34.5° W x 65° H / 183 cm x 87 x 165 cm Active Footprint 72° L x 34.5° W x 65° H / 183 cm x 87 x 165 cm Active		HRC Workouts	1
CSAFE Power Standard Diagnostic Standard SAFETY Side Steps Standard Extended Handrails Standard Activity Guard (removable) Standard REGULATORY APPROVALS ETL UL1647 EXTRAS Accessories Mater Bottle Holder, Accessory Tray, Reading Rack/Tablet Holder		Cardio 360	Standard
		HRC Cruise Control	Standard
SAFETY Side Steps Standard Extended Handrails Standard Activity Guard (removable) Standard REGULATORY APPROVALS ETI UL1647 EXTRAS Accessories Ware Bottle Holder, Accessory Tray, Reading Rack/Tablet Holder PHYSICAL SPECIFICATIONS Active Footprint 72" L x 34.5" W x 65" H / 55 cm x 87 cm x 165 cm Active Footprint 72" L x 34.5" W x 65" H / 183 cm x 87 x 165 cm O-Factor 2" / 5 cm Machine Weight 340 lbs / 155 kg Maximum User Weight 350 lbs / 159 kg Step-Up Height 9" / 23 cm Portability 2 Front Transport Wheels & Removable Handles WARRANTY Warranty Classification Vertical Market 6-8 hours usage per day Frame Lifetime Parts 5 Years		CSAFE Power	Standard
Extended Handrails Standard Activity Guard (removable) Standard REGULATORY APPROVALS ETL UL1647 EXTRAS Accessories Water Bottle Holder, Accessory Tray, Reading Rack/Tablet Holder PHYSICAL SPECIFICATIONS Active Footprint 72" L x 34.5" W x 65" H / 55 cm x 87 cm x 165 cm Active Footprint 72" L x 34.5" W x 65" H / 183 cm x 87 x 165 cm Q-Factor 2" / 5 cm Machine Weight 340 lbs / 155 kg Maximum User Weight 350 lbs / 159 kg Step-Up Height 9" / 23 cm Portability 2 Front Transport Wheels & Removable Handles WARRANTY Warranty Classification Vertical Market 6-8 hours usage per day Frame Lifetime Parts 5 Years		Diagnostic	Standard
Activity Guard (removable) REGULATORY APPROVALS ETT UL1647 EXTRAS Accessories Water Bottle Holder, Accessory Tray, Reading Rack/Tablet Holder PHYSICAL SPECIFICATIONS Active Footprint 72" L x 34.5" W x 65" H / 55 cm x 87 cm x 165 cm Q-Factor 2" / 5 cm Machine Weight 340 lbs / 155 kg Maximum User Weight Step-Up Heightt Portability 2 Front Transport Wheels & Removable Handles WARRANTY Warranty Classification Vertical Market 6-8 hours usage per day Frame Lifetime Parts 5 Years	SAFETY	Side Steps	Standard
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WARRANTY Warranty Classification Vertical Market 6-8 hours usage per day Frame Lifetime Parts 5 Years		Step-Up Height	9" / 23 cm
Frame Lifetime Parts 5 Years		Portability	2 Front Transport Wheels & Removable Handles
Parts 5 Years	WARRANTY	Warranty Classification	Vertical Market 6-8 hours usage per day
		Frame	Lifetime
Labor 1 Years		Parts	5 Years
		Labor	1 Years

Warranties outside the U.S. and Canada may vary - Please contact your dealer for details. Specifications subject to change without notice.

