

GLUTE PRESS

The GLUTE PRESS combines a reverse decline lunge motion simultaneously with a chest press motion for faster and more accurate fitness results. Effectively achieve the proper formation and benefits of an Olympic lift all with one controlled motion and reduced risk of injury. This machine is a one-size-fits-all product that requires no adjustments for ultimate user convenience.

FEATURES

- Controlled movement patterns provide safe method of functional training for users of all ability levels
- Simultaneously works upper and lower body muscle groups for a faster and more efficient workout
- Quickly burns more calories and strengthens more muscle groups in less time
- Ultimate user convenience with no adjustments necessary

SPECIFICATIONS

DIMENSIONS (L X W X H)

90" x 68" x 64" / 229 cm x 173 cm x 163 cm

PRODUCT WEIGHT

640 lbs / 291 kg

COLOR

Charcoal/Black



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