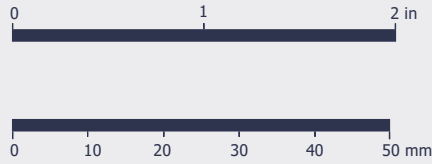


HOW TO MEASURE YOUR WRIST SIZE

Please carefully read all instructions as the measurement may not be accurate if not done properly.

1. Prior to printing, ensure that page scaling is set to "none" on your print dialog box.
2. Measure the bar on the right to ensure it is exactly 2 inches or 50 mm long.
3. If measurement is not accurate, check that you are printing the page at full size (100%) and reprint before continuing.



Measuring your wrist size

A soft seamstress-style measuring tape can be used to provide an approximate measurement of the wrist.

Not sure where to measure on your wrist?

You simply print out the size tool, cut it out, and tape it together to form a measuring tape. Then you simply wrap it around your wrist at the wrist bone and mark where it meets to get your approximate wrist measurement.

