

Sherinata Pollock

Living Healthy in Digital Age

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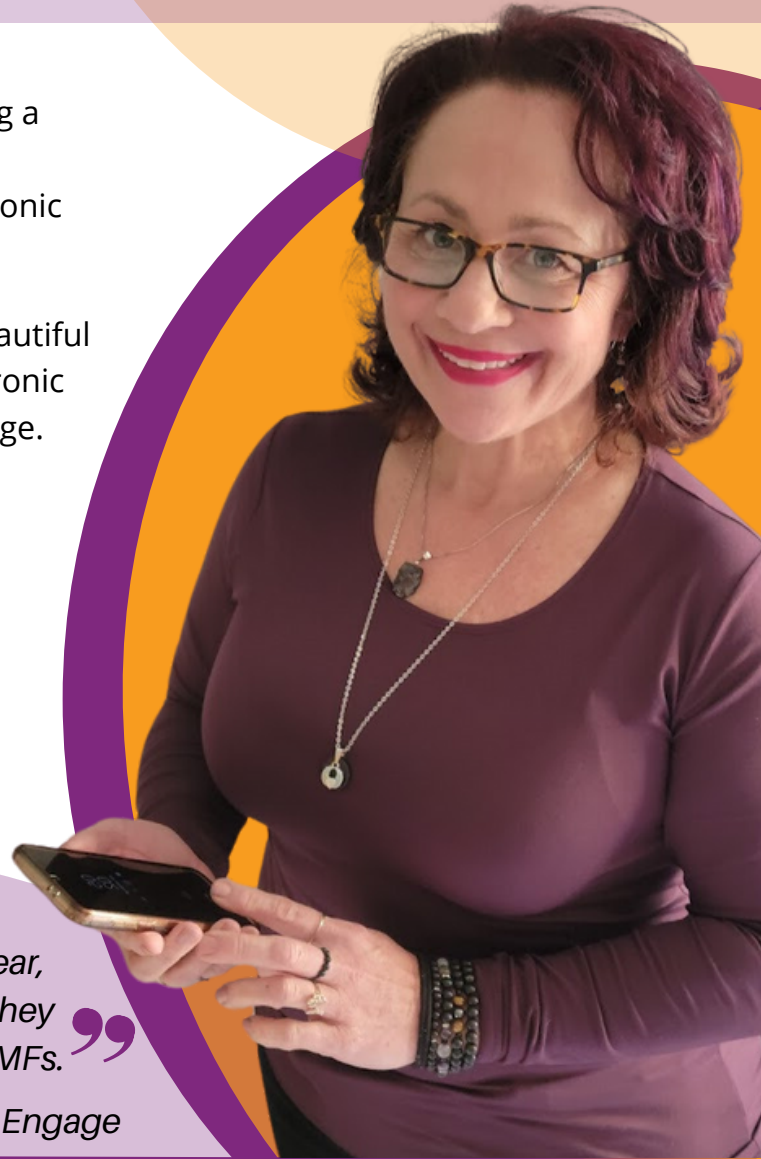
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Healthy Technology Advocate | Motivational Speaker | Entrepreneur

After losing a husband to brain cancer and then surviving a brain tumor herself, Sherinata went on a mission to passionately educate people about the dangers of electronic stressors and provide tips on safely using technology.

This mission grew into a thriving business of creating beautiful jewelry and accessories that also protect you from electronic radiation so you can live safer and healthier in a digital age.

Prior to becoming an advocate for healthy technology, Sherinata spent over a decade as a transformational life coach and energy healer helping women and their families reduce personal and environmental stress.



“Sherinata was a pleasure to have on my podcast. She shared her personal story with honesty and offered clear, concise tips that my audience can use to ensure that they stay healthy in a digital world of 5G technology and EMFs.”

- Gloria Grace Rand, *Live, Love, Engage*

Hot Topics

- **Recognizing Electromagnetic Sensitivity** - 5 Warning Signs Your Body May Be Telling You
- **Living Healthy in a Digital Age 101** - Do These Simple Hacks Now to get Smart with Smart Technology
- **Connecting without Technology** - Turn it Off to Get Tuned In and Turned On
- **How Energy Affects You** - 3 of the Most Important Tips from a Life Coach You Never Knew
- **Tragedy to Triumph** - How My Voice Became My Hero During my Brain Tumor Experience
- **Passion to Profit** - Do What You Love, but Don't Think You Can Do it All

January 2024 Snapshot:

2.2K

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IG Business