

How to use Gel in a Tube with Dual Forms



First perform a good nail preparation. Fit the correct size Dual Forms ~ try them first, it's best to fit them slightly bigger ~ this will avoid to put too much pressure when applying them onto the nails. Apply a gel Base Coat onto the nails and cure.

Use your gel in a Tube and apply it into the groove of the dual form, use Cleanse as a slip solution, and guide your gel with the brush. Stay thin and smooth near the edges.

Use a little bit more in the centre. Take your filled form between your fingers and put it onto the nail and press lightly into place, check all points and adjust the direction.

Avoid pressing too much on the form filled with the gel when it's on the nail or you will have too much gel onto the cuticle line.

Remove any excess of gel around cuticle line and sidewalls with your brush dipped into Cleanse. Turn fingers upside down and also clean any excess of gel from underneath the nail. Check underneath the form now..., It's important to make a perfect C curve underneath the form, remove excess of gel, cleaned and smooth the gel before the cure into the lamp. Cure into lamp ~ UV 2 minutes & LED 1 minute.

Release the form by pressing onto the little tabs. Check that the gel is properly cured, you can always safely cure another minute if you are not sure.

Remove the tackiness from the gel with Cleanse.

When the nail is perfectly cured and cleansed, start to file with a hand file or an e-file.

Clean the nail again and apply a top coat or continue with your favourite nail art ideas and top coat at the end & cure again.