



PRESCRIPTION

PATIENT ACCESS

PREPARATION

APPLICATION

DISCHARGE
MANAGEMENT

PROTEIN – BUILDING BLOCK OF LIFE

VITALIMED EvoForte – Whey Protein Isolate

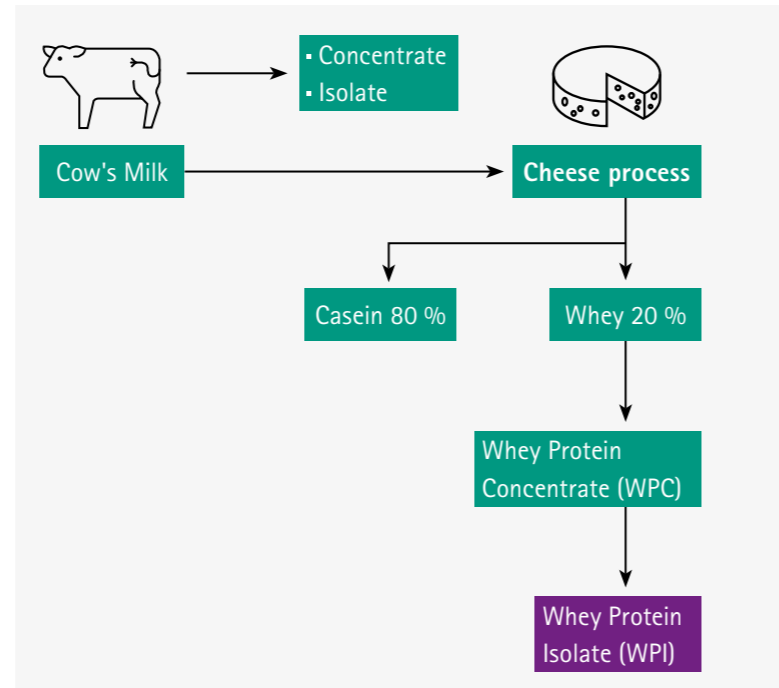
VITALIMED EvoForte

Daily protein supplementation

VITALIMED EvoForte is a highly concentrated protein powder (85 %) based on whey protein isolate for preparing a drink.

Our whey protein isolate is derived from cow's milk. 3.5 % of fresh whole milk is protein, which distributes in 80 % casein and 20 % whey protein. Whey is the liquid that remains once milk is processed to make cheese or yogurt and is considered to be the fast digestible part of dairy protein.

Once it is separated from milk, whey is processed further to separate unwanted components from the whey stream. The result is a whey protein concentrate. While the process of many protein products ends here, VITALIMED EvoForte goes one step beyond: An additional filtration step achieves the maximum amount of valuable proteins by further reducing fat, carbohydrates and lactose. Therefore, VITALIMED EvoForte is virtually fat-free, sugar-free and low in lactose.



Whey protein – state of the art protein

Whey proteins convince by a high biological value and availability, which means it is easily absorbed by the gut and distributed in the body for production of new protein.

- Whey protein isolate has an ideal amino acid pattern and is high in essential amino acids.
- Whey protein isolate is quickly digested and well tolerated
- Tin of 350 g with 15 servings.
- Each serving delivers 20 g high quality protein at max. 1 g carbohydrates and is fat-free.

User Benefits

- High biological value
- High quality whey from Dutch type cheese
- Whey protein from grass-fed cows
- 85 % protein content
- High in essential amino acids
- Low in lactose*
- Sugar-, Fat- and Gluten-free
- Natural flavours
- Excellent solubility in water

* 0.69 g lactose per serving (= 23 g powder in 200 ml water)

What?	How much?	How many kcal?	How many g of protein?
VITALIMED EvoForte	200 ml water + 23 g powder	82	20



Whey protein from grazing cows



Rich in nutrients



Excellent solubility in water



Natural flavours and plant extracts

Innovative Flavours

Find your favourite



More than taste – Natural flavours

The objective of VITALIMED EvoForte is to be close to nature – no artificial flavours and preservatives.

Flavour	Plant extracts/natural flavours
Blueberry	Elderberry extract
Ginger-Basil-Lemon	Ginger extract powder
Coffee	Coffee extract
Lime	Green tea extract, seaweed powder
Peach	Turmeric extract, black pepper extract
Cocoa	Cocoa powder

QUICK AND EASY PREPARATION

Preparation: Mix 23 g powder (3 tablespoons) in 200 ml water.
Recommendation: 1-3 servings per day.



EXAMPLE GINGER-BASIL-LEMON**

Average content***	per 100 g powder	per portion (23 g powder)
Energy	1518 kJ/358 kcal	349 kJ/82 kcal
Fat	1.1 g	0.26 g
- of which saturated fatty acids	0.76 g	0.17 g
Carbohydrates	2.7 g	0.62 g
- of which sugars	2.0 g	0.45 g
Protein	85 g	20 g
Salt	0.34 g	0.08 g

** e.g. flavour: Ginger-Basil-Lemon – may differ for other flavours

*** Average content. Preparation with liquids other than water results in altered nutritional and caloric values

Composition

(Example Ginger-Basil-Lemon)****

Amino Acids	g/100 g Protein	g/100 g Powder
Leucine	11.8 g	9.9 g
Isoleucine	7.0 g	5.9 g
Phenylalanine	4.2 g	3.5 g
Lysine	9.6 g	8.1 g
Threonine	8.5 g	7.1 g
Valine	7.5 g	6.3 g
Methionine	2.4 g	2.0 g
Tryptophane	2.1 g	1.8 g
Cysteine + Cystine	3.0 g	2.5 g
Serine	5.5 g	4.6 g
Arginine	3.3 g	2.8 g
Glycine	3.5 g	2.9 g
Proline	4.4 g	3.7 g
Alanine	5.5 g	4.6 g
Aspartic Acid + Asparagine	11.0 g	9.2 g
Glutamic Acid + Glutamine	15.5 g	13.0 g
Histidine	2.4 g	2.0 g
Tyrosine	4.2 g	3.5 g

Chemical Score according to WHO/FAO/UNO (2007): 160

**** e.g. flavour: Ginger-Basil-Lemon – may differ for other flavours