## AFTERCARE INSTRUCTIONS

Yay, look at your new and flawless lashes! To keep them in perfect shape till your next appointment, follow our aftercare instructions:

- Do not apply makeup or receive any other eye treatments for 24 hours after your treatment.
- Avoid rubbing and touching eyes .
- Avoid contact with water, moisture, or hot temperatures for 24 hours.
- Avoid putting contact lenses back in for 24 hours.
- Avoid swimming/sauna for 24 hours.
- Use Supercilium Nourishing Aftercare Balm
- Comb the lashes upward using a spoolie.
- Sleep on your back for up to 2 days after treatment to prevent the lashes from being squashed by the pillow.
- If any stinging or swelling occurs, apply a cold, dampened cotton pad, cold compress, or cooling spray to soothe. If the condition persists, seek medical advice and let the beautician know so they can put it on your record.

## TODAY IS A LASH DAY.